

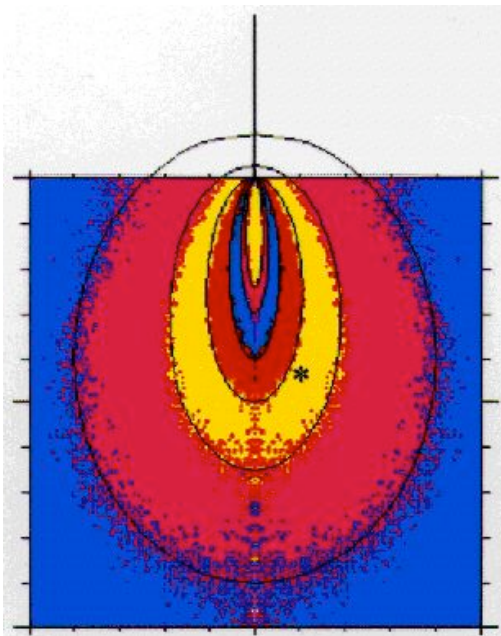
Student Workshop, Univ. of Oulu,
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Steven Jacques

Laser-Tissue Interactions

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**Depts. of Biomedical Engineering
and Dermatology**
Oregon Health & Science University,
Portland, Oregon, USA

1. **Introduction**
2. Photochemical
3. Photothermal
4. Photomechanical

OUTLINE

13:00 - 14:30

Introduction

Photochemical

14:30 - 15:00

Coffee

15:00 - 16:30

Photothermal

Photomechanical

16:30 - 16:45

break

16:45 - 17:30

Discussion

1. Where tissue affect photons...

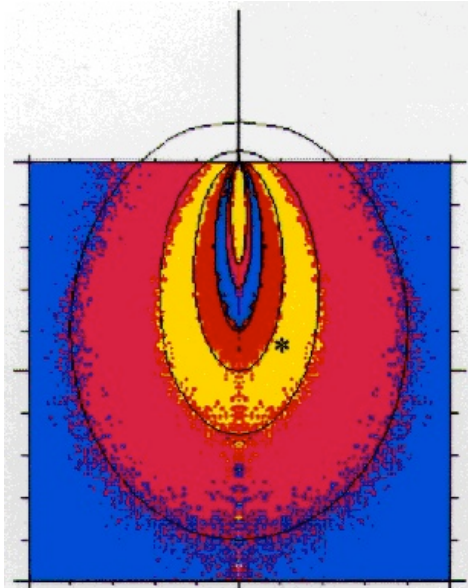
diagnostic sensing, imaging, and spectroscopy,

2. Where photons affect tissues...

surgical and therapeutic cutting, dissecting, machining, coagulating, welding and oxidizing

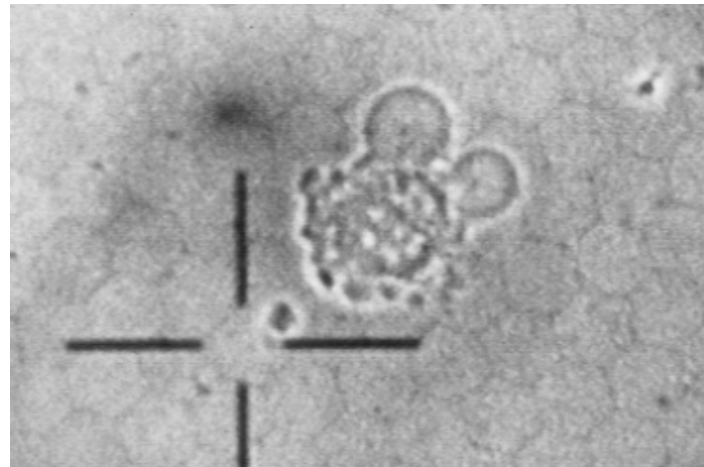


Micromachining with lasers

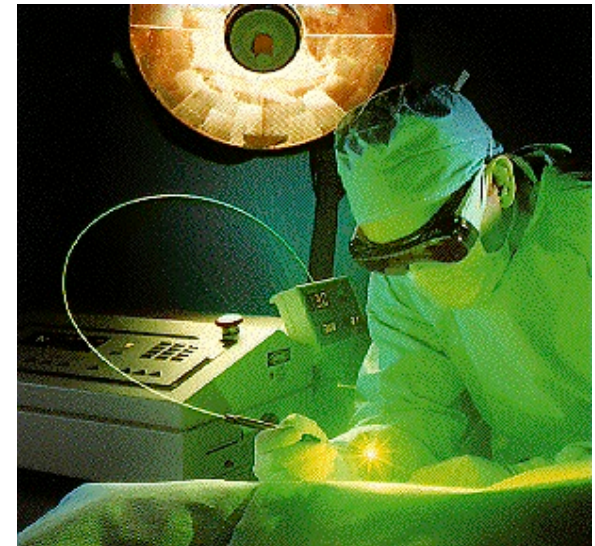


Computer simulations of laser effects in tissues

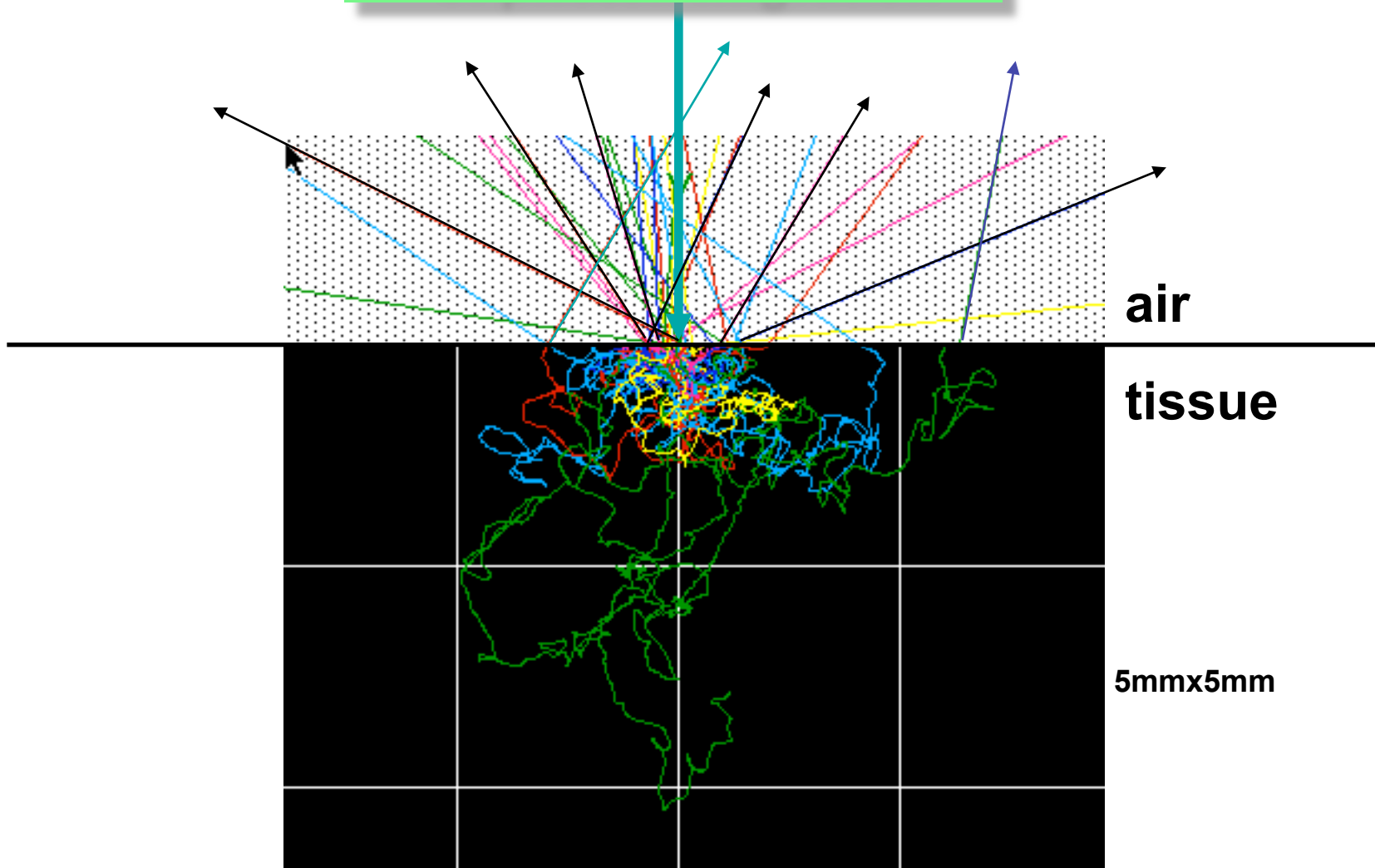
Photodynamic therapy of cancer



Laser surgery



Monte Carlo simulation of photon migration

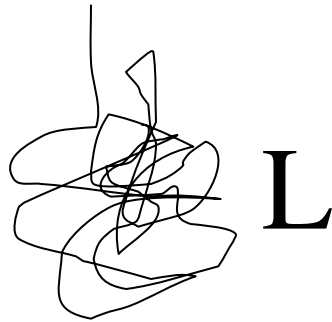


air

tissue

5mmx5mm

esophagus @ 630 nm wavelength



A photon's path is tortuous due to multiple scattering, *like a ball of string*.

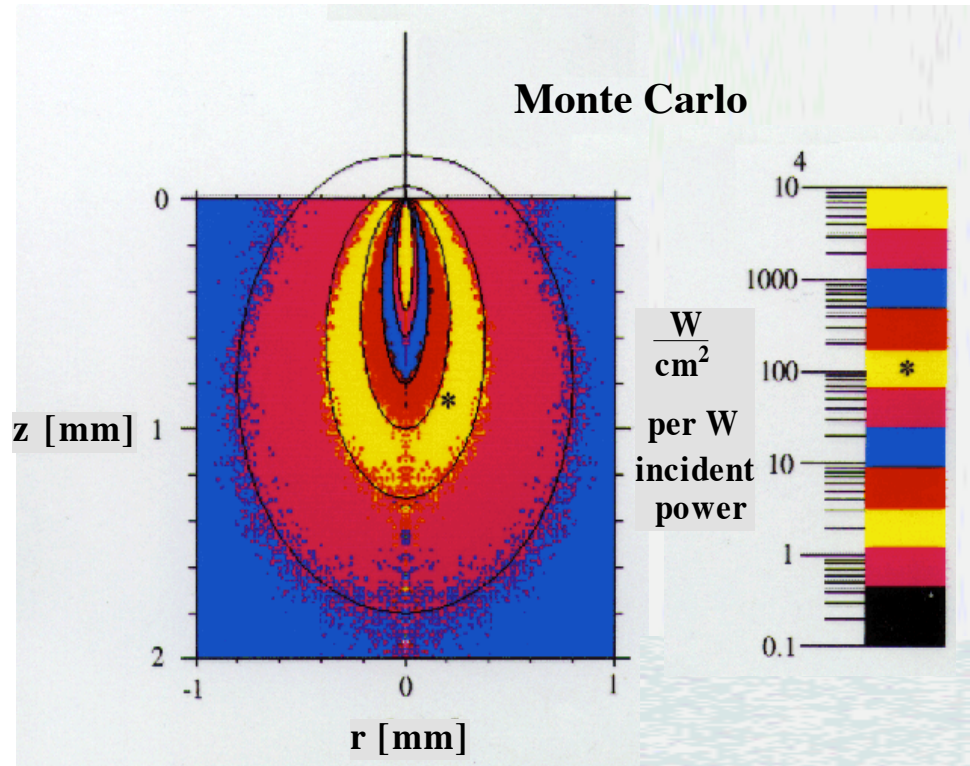
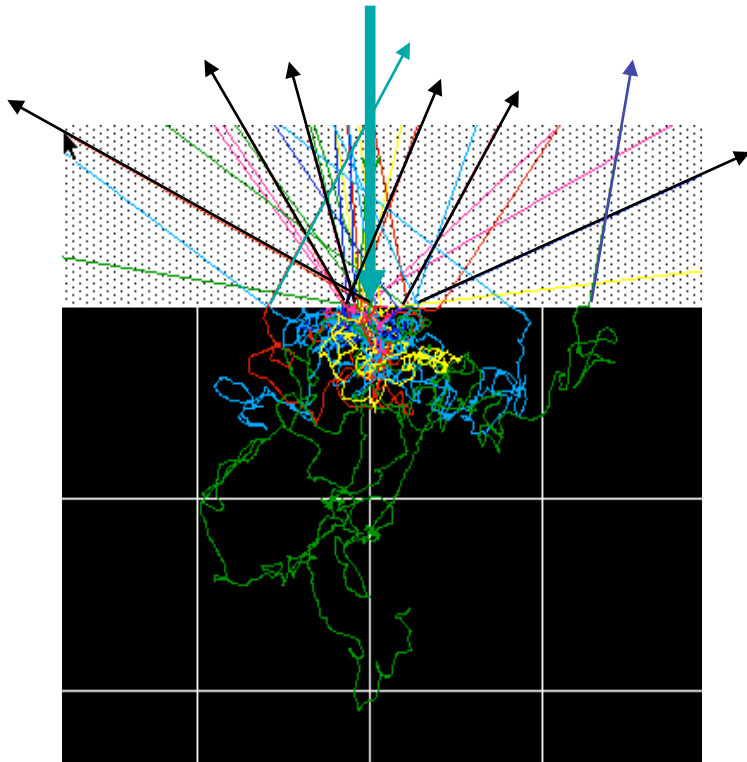
Nevertheless, there is a total pathlength L , *like the length of the string*.

$$T = e^{-\mu_a L}$$

Mean free path = $1/\mu_a$

L

photon diffusion



Photochemical
Photothermal
Photomechanical

Concentration

Fluence rate [W/cm²]

$$C = \frac{F}{c}$$

[J/cm³]

Speed of light [cm/s]

Concentration

Fluence rate [W/cm²]

$$C = \frac{F}{c}$$

[J/cm³]

Speed of light [cm/s]

Number density
of photons

$$C = \frac{F}{c} \frac{\lambda}{hc}$$

[#photons/cm³]

[ph/J]

Wavelength [m]

Speed of light, [cm/s]

Planck's constant [J m]

$$1 \text{ W/cm}^3 = 1.1 \times 10^{10} \text{ photons/cm}^3$$

Concentration
of photons

$$C = \frac{F}{c} \frac{\lambda}{hc} \frac{1000}{N_{av}}$$

↑ [moles/liter]

[cm³/liter]

[1/mole]

$$1 \text{ W/cm}^3 = 1.1 \times 10^{10} \text{ photons/cm}^3$$
$$= 1.8 \times 10^{-13} \text{ moles/liter}$$

Energy deposition

$$Q = \mu_a F t$$

[J/cm³]

Absorption coefficient [1/cm]

Fluence rate [W/cm²]

time [s]

Temperature rise

$$\Delta T = \mu_a F t \frac{1}{\rho C_p}$$

[°C]

Fluence rate [W/cm²]

Absorption coefficient [1/cm]

density [g/cm³]

specific heat [J/(g K)]

The diagram illustrates the equation for temperature rise, $\Delta T = \mu_a F t \frac{1}{\rho C_p}$. The variables and their units are as follows: ΔT is in degrees Celsius [°C]; μ_a is the absorption coefficient in inverse centimeters [1/cm]; F is the fluence rate in Watts per square centimeter [W/cm²]; t is time; ρ is the density in grams per cubic centimeter [g/cm³]; and C_p is the specific heat in Joules per gram Kelvin [J/(g K)]. The terms μ_a , F , and t are highlighted in red in the original image.

photochemistry

(moles/liter)/(J/cm³ absorbed)

J/cm³ absorbed by
photochemical reagent X

$$N = \mu_{ax} F t \frac{\lambda}{hc} \frac{1000}{N_{av}} \Phi$$

of photons
participating in
photochemistry

Absorption coefficient [1/cm]
of photochemical reagent X

Quantum efficiency

Stress, or pressure

Grüneisen coefficient
[dimensionless]



$$P = \mu_a F t \Gamma$$

$$1 \text{ [J/cm}^3\text{]} = 10 \text{ bar}$$

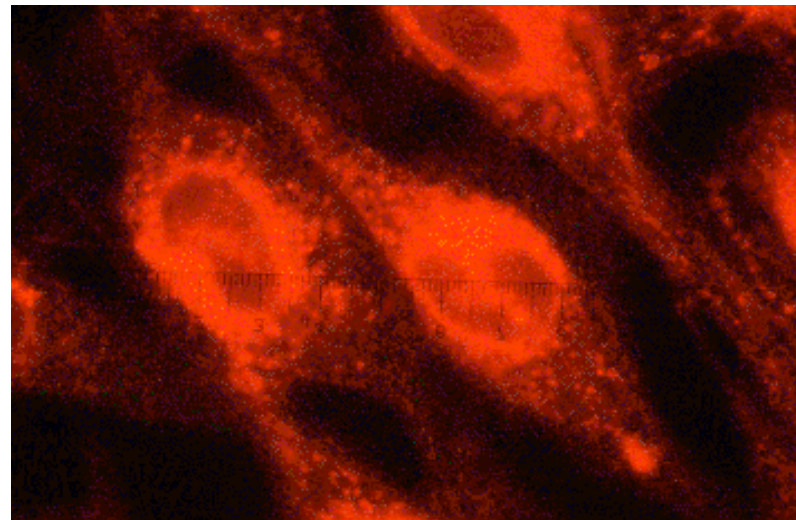
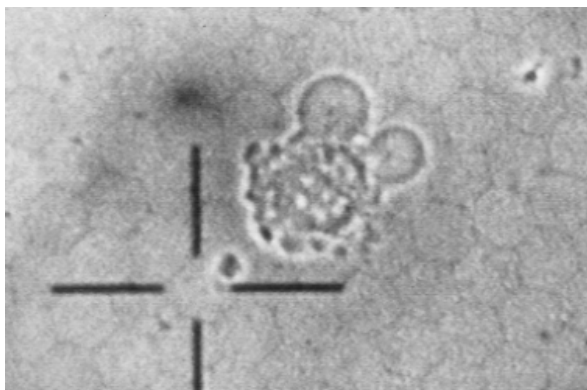
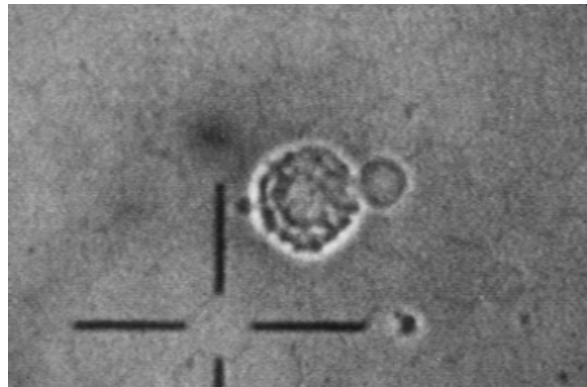
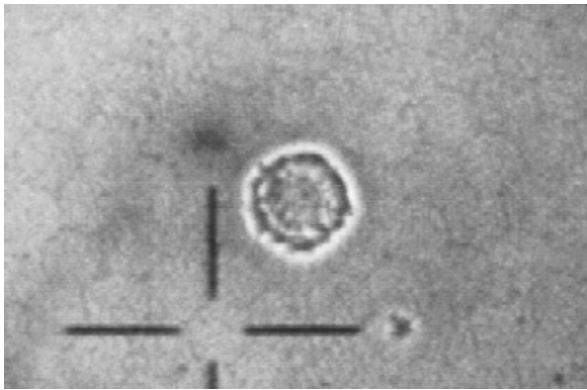
$$G = 0.12 \text{ at } 25^\circ\text{C}$$

--> 0.5 at higher temperatures

photochemical

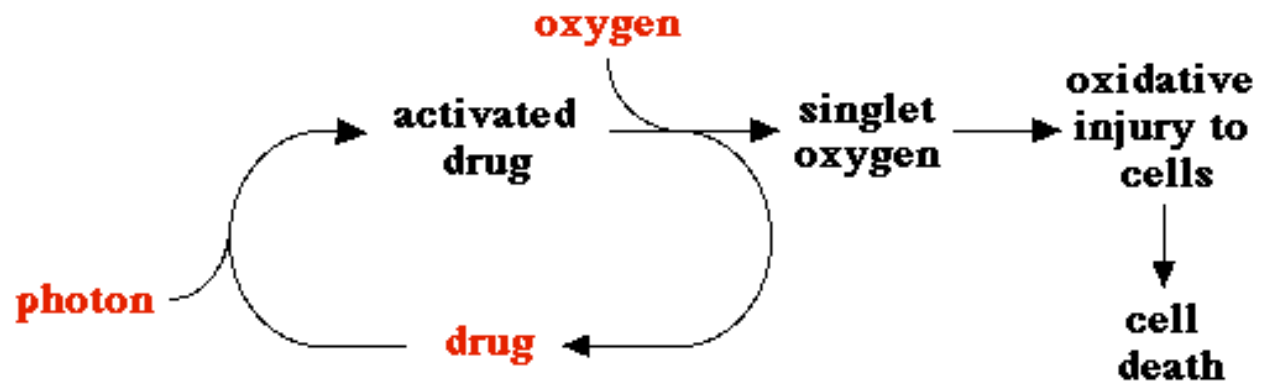
$$N = \mu_{ax} F t \frac{\lambda}{hc} \frac{1000}{N_{av}} \Phi$$

Photochemical effects ...



celulares de cáncer con
fluorescent photosensitizer

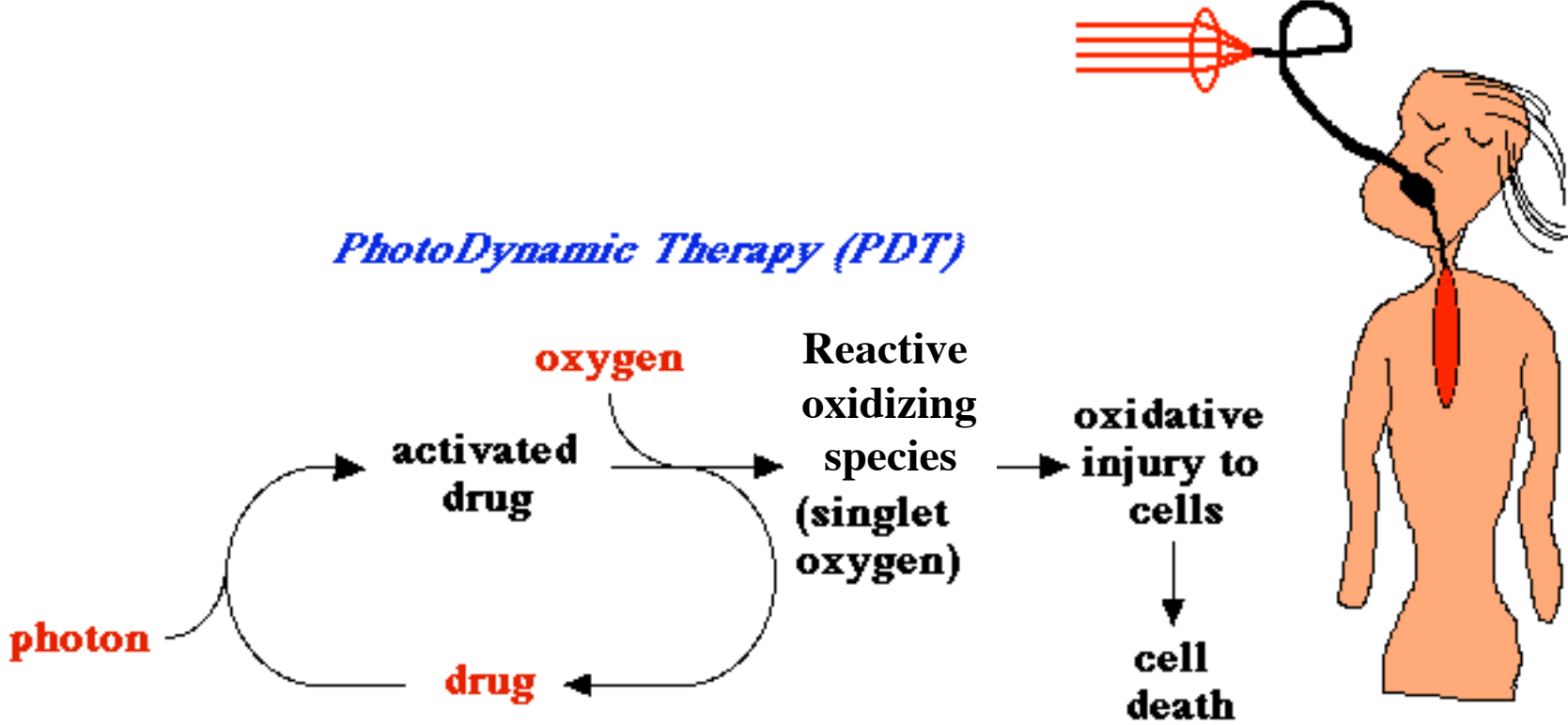
PhotoDynamic Therapy (PDT)



celulares de cáncer

PDT

human treatment center



PDT

horse sarcoids



PDT
horse sarcoids

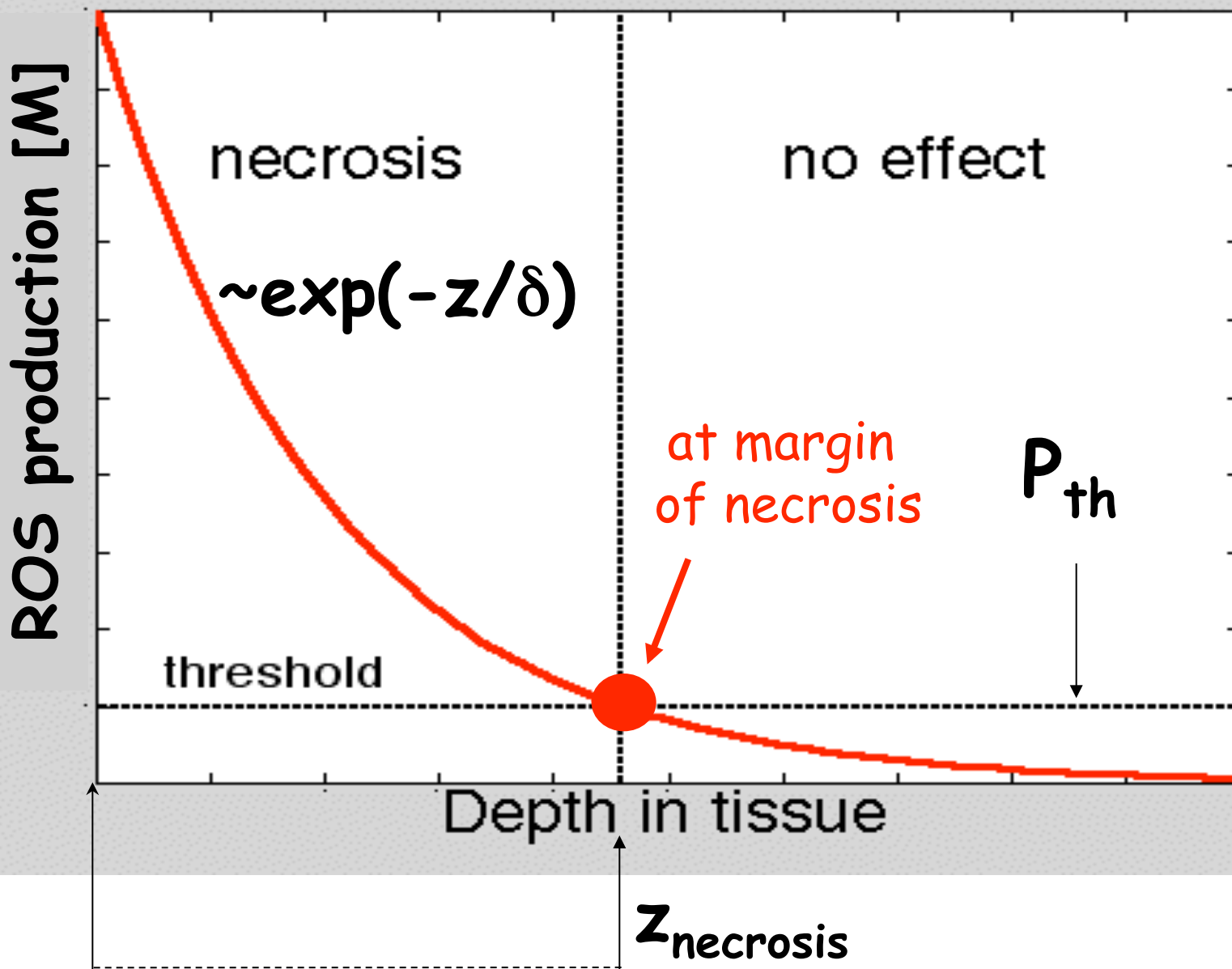


PDT

horse sarcoids



P



Production of oxidizing species

$$P_{th} = E t \varepsilon C \Phi f_{kill} e^{-z_{necrosis} / \delta}$$

Irradiance

Exposure time

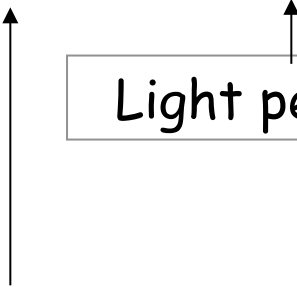
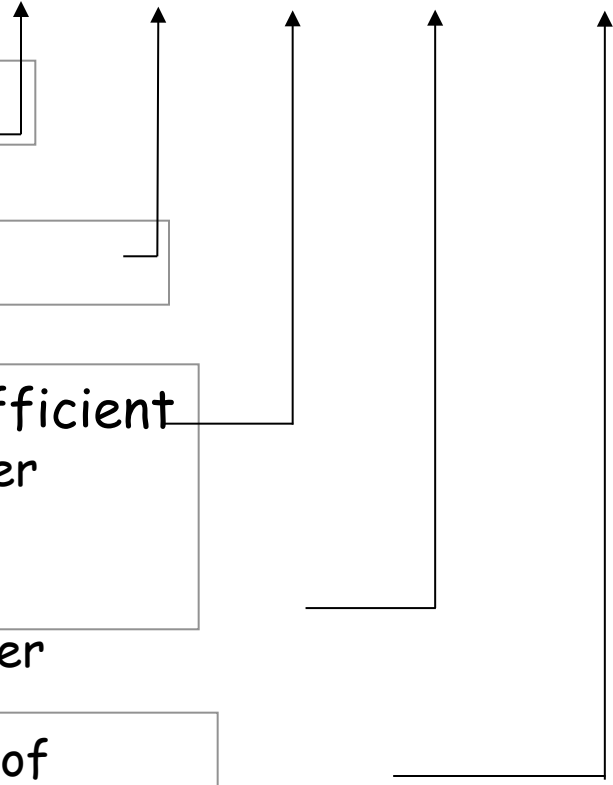
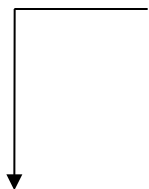
Extinction coefficient of photosensitizer

Concentration of photosensitizer

Quantum yield of photosensitizer

Light penetration

Fraction of oxidizing species that attacks lethal sites



$$P_{th} = E t \varepsilon C \Phi f_{kill} e^{-z_{necrosis} / \delta}$$

$$z_{necrosis} = \delta \left(-\log_e \left(\frac{E t \varepsilon C \Phi f_{kill}}{P_{th}} \right) \right)$$

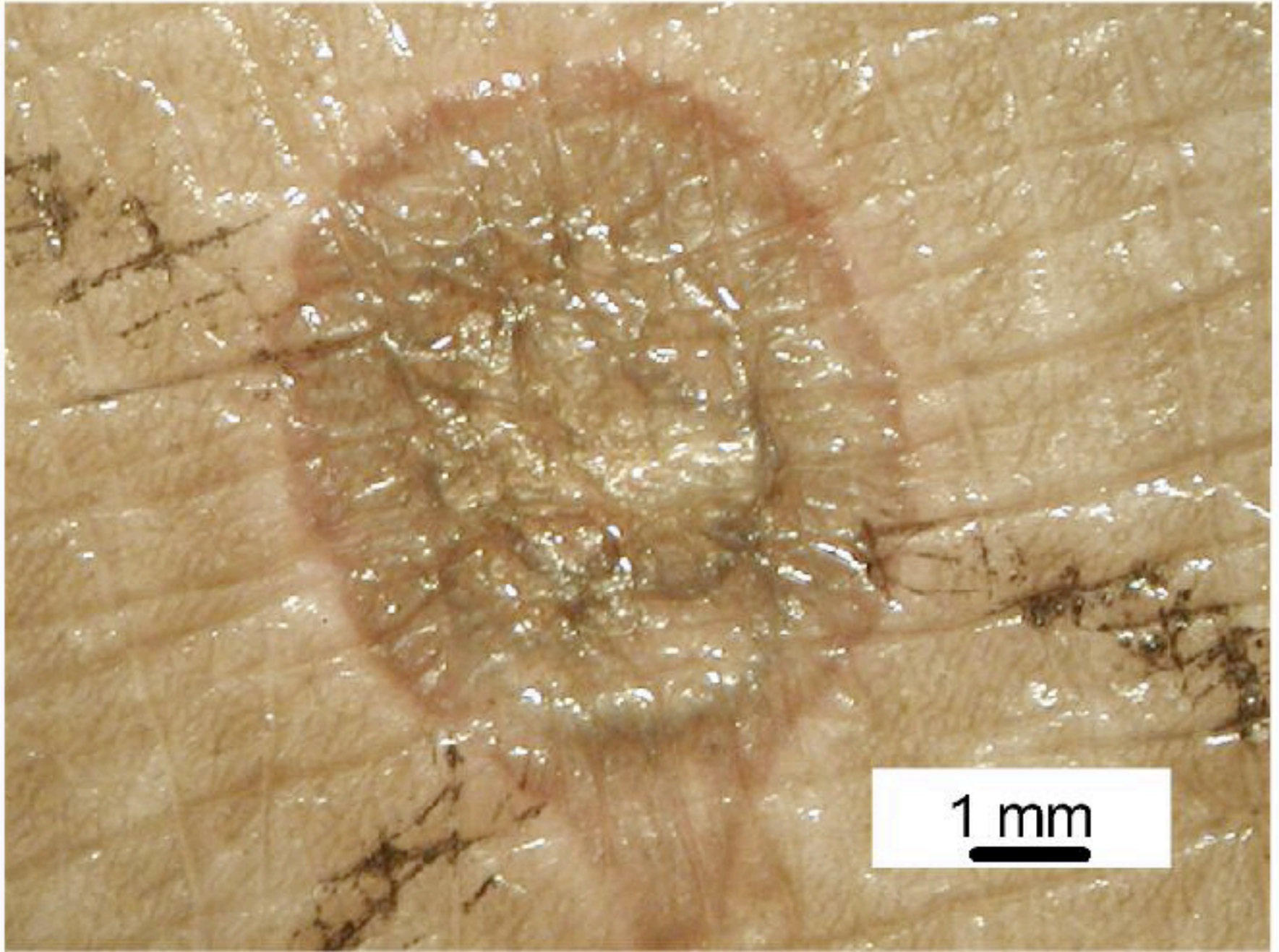
Depth of necrosis

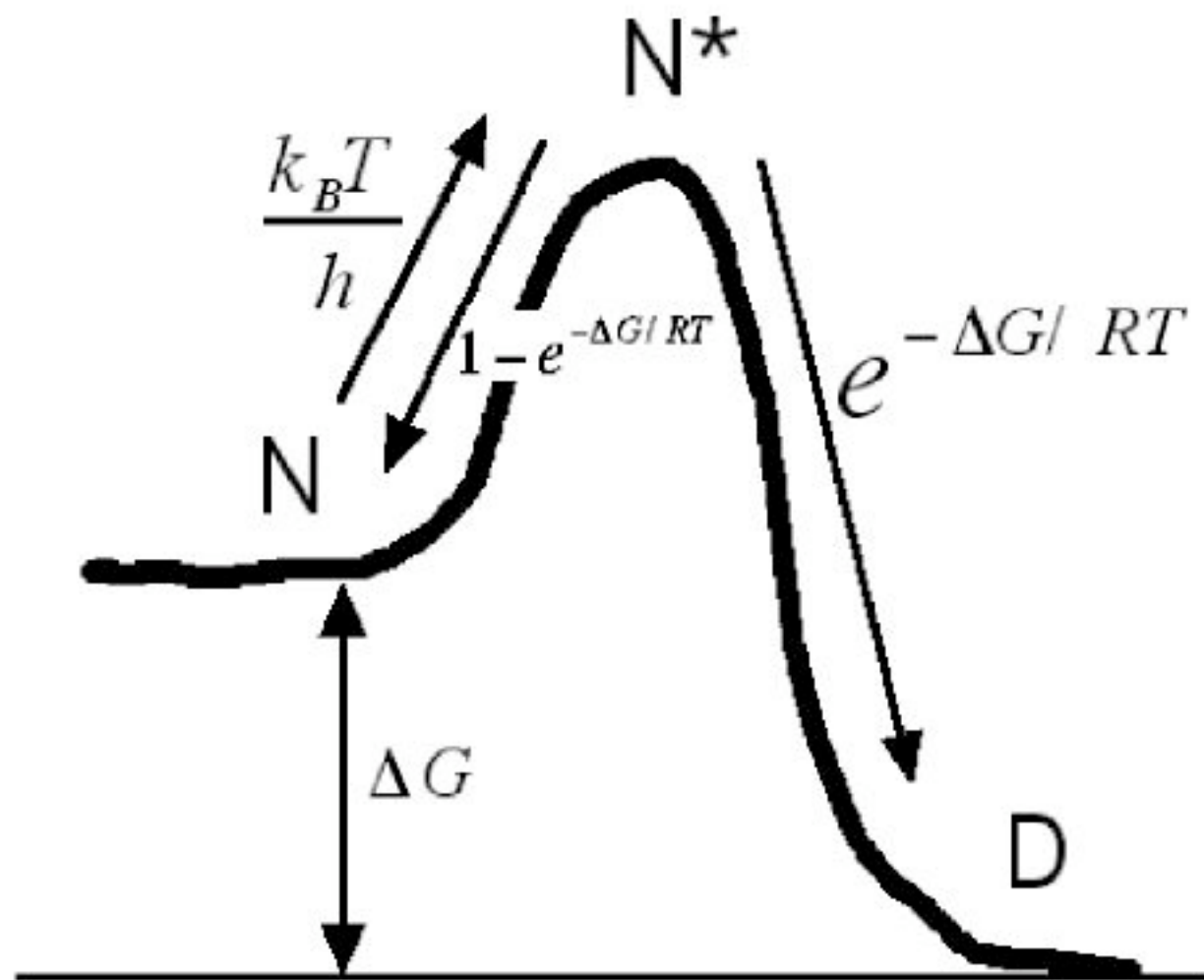
Optical penetration depth

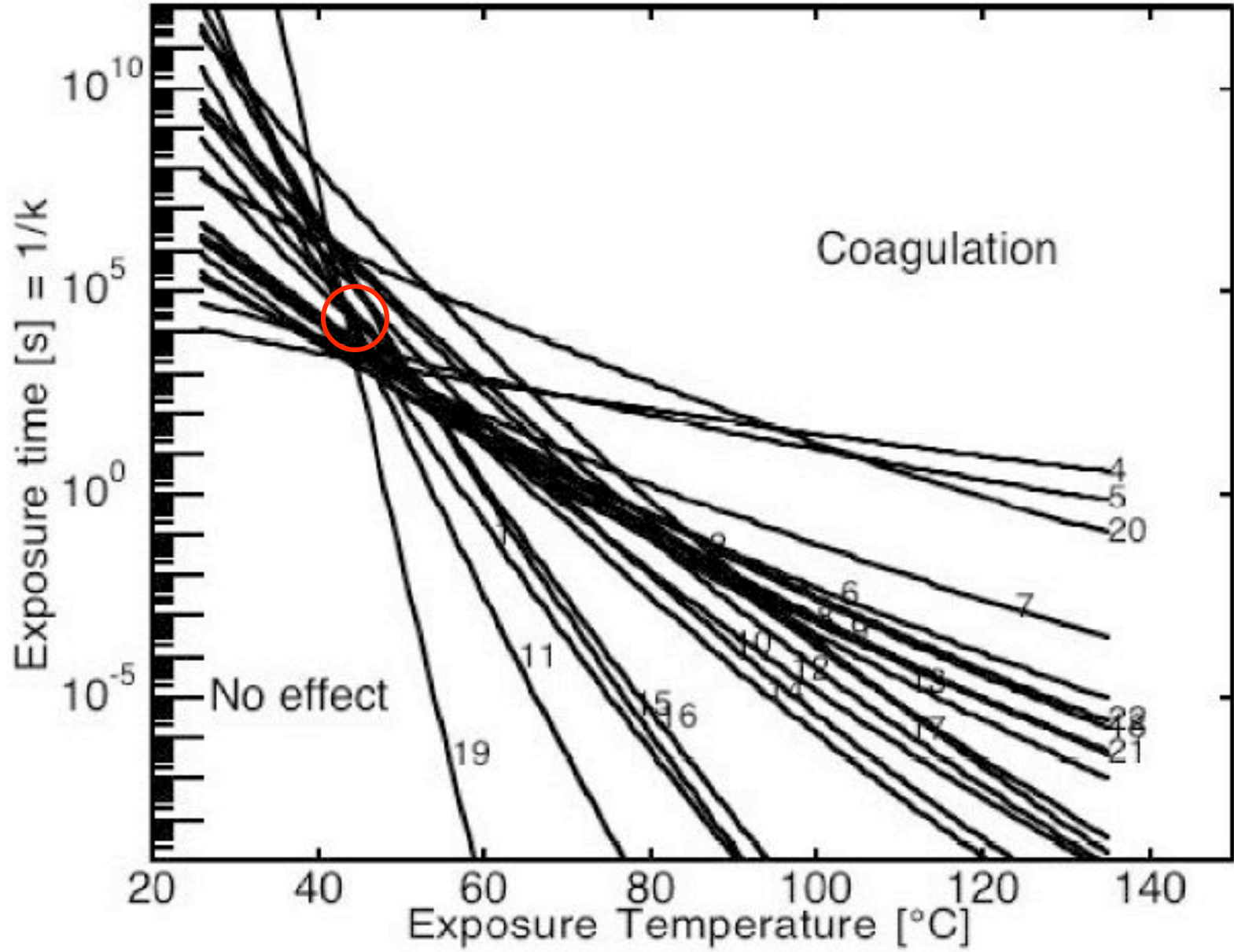
everything else

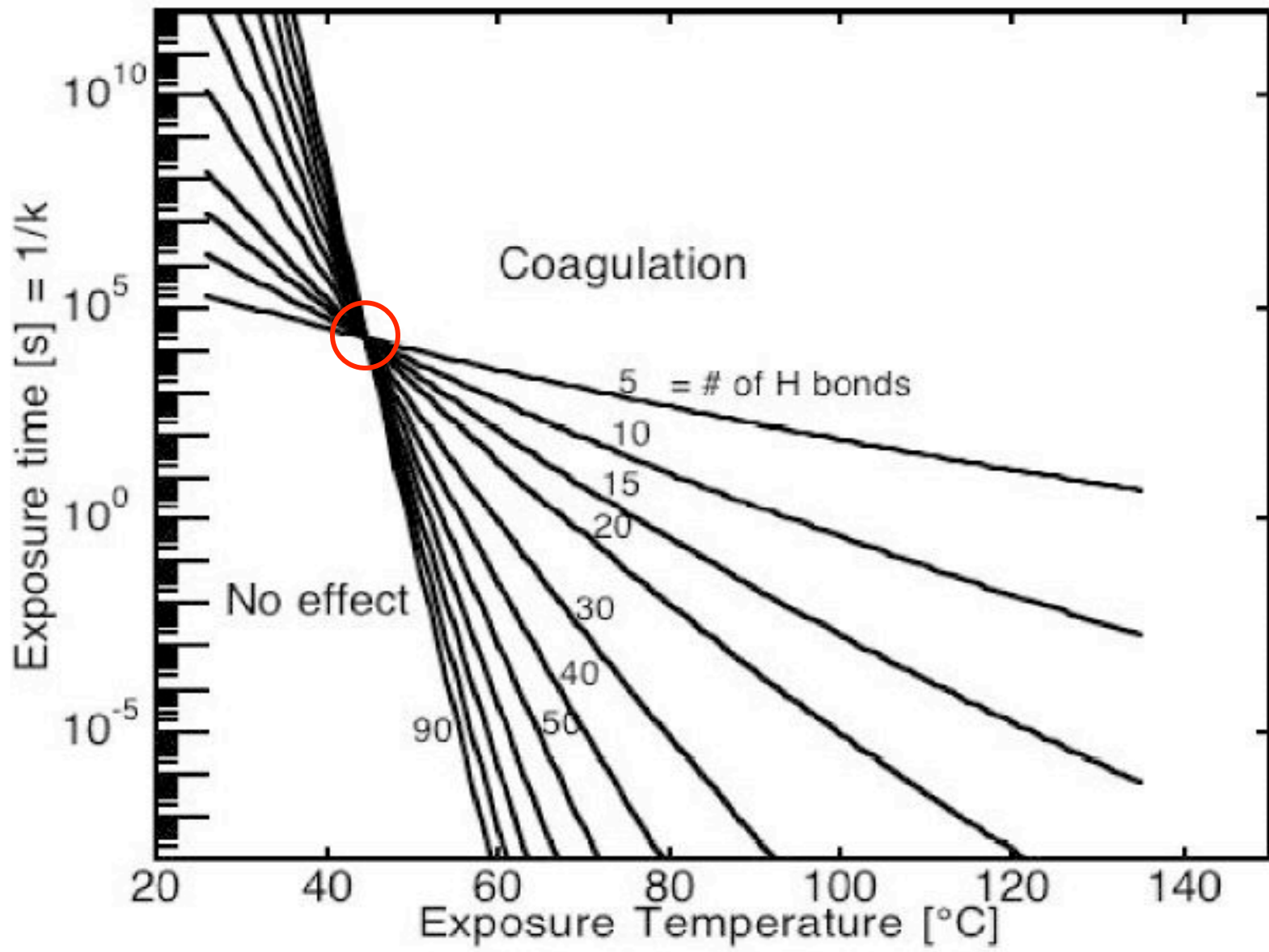
photothermal

$$\Delta T = \mu_a F t \frac{1}{\rho C_p}$$





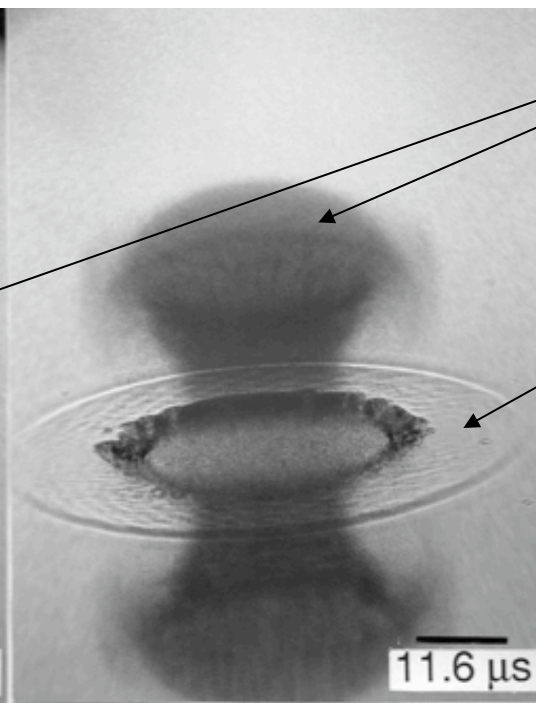
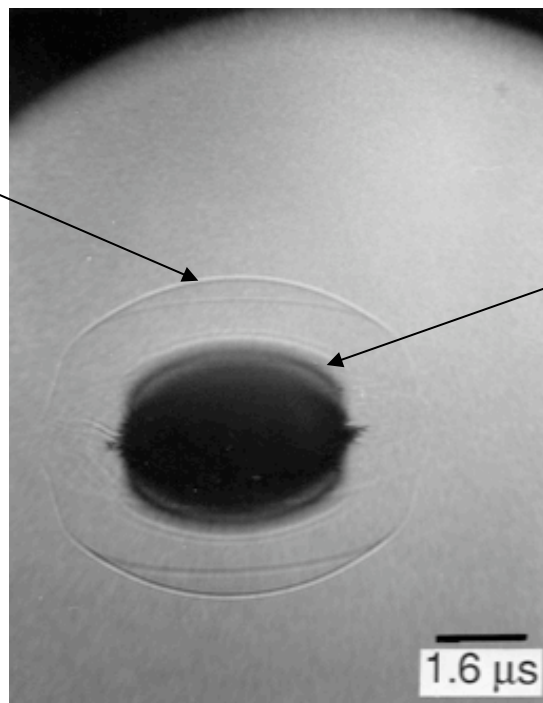




photomechanical

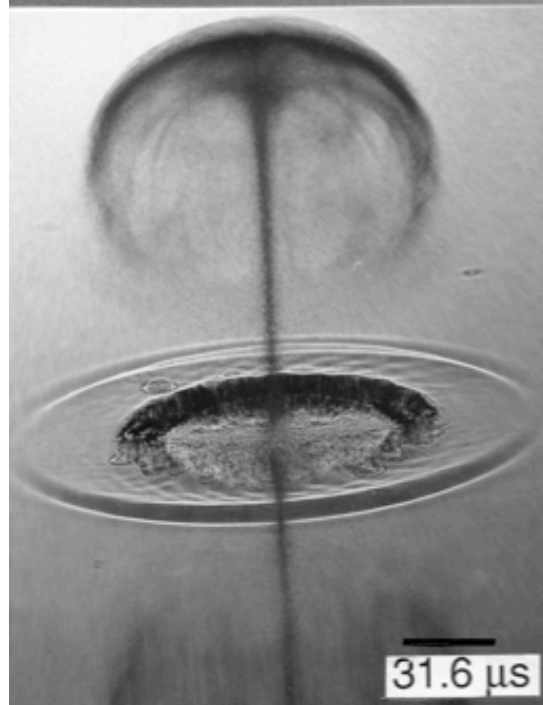
$$P = \mu_a F t \Gamma$$

Air
pressure
front



Explosive
vaporization

Surface
evaporation



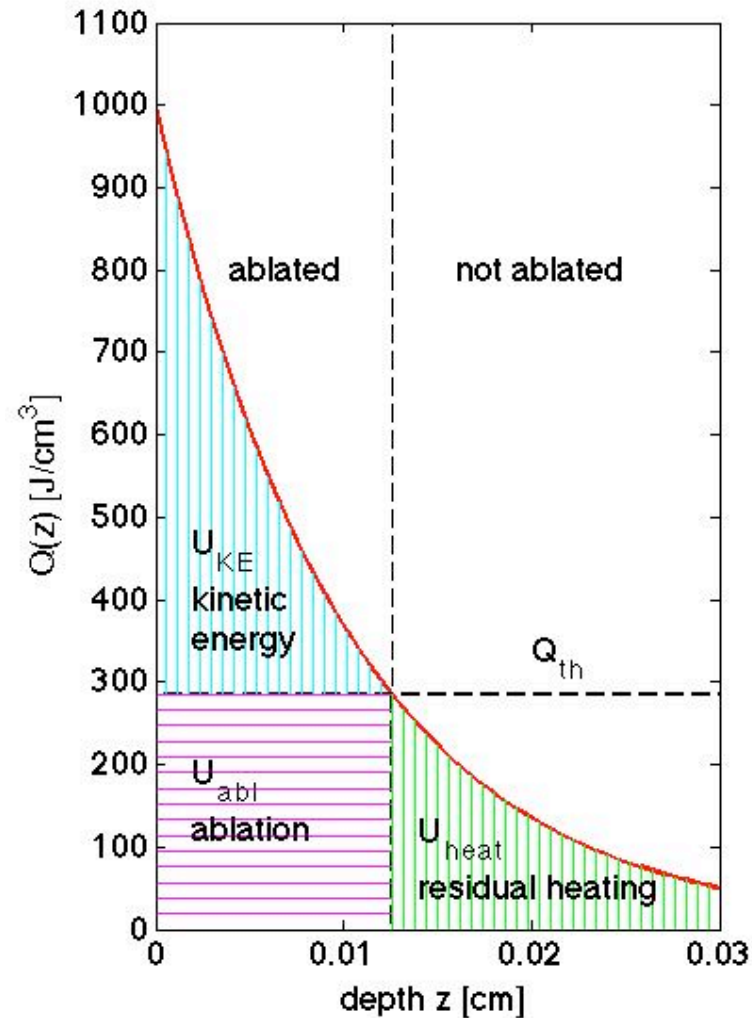
Blow-off model

$$U_{KE} = U_p - U_{abl} - U_{heat}$$

$$U_{abl} = Q_{th} z_{abl}$$

$$U_{heat} = \frac{Q_{th}}{\mu_{a,eff}}$$

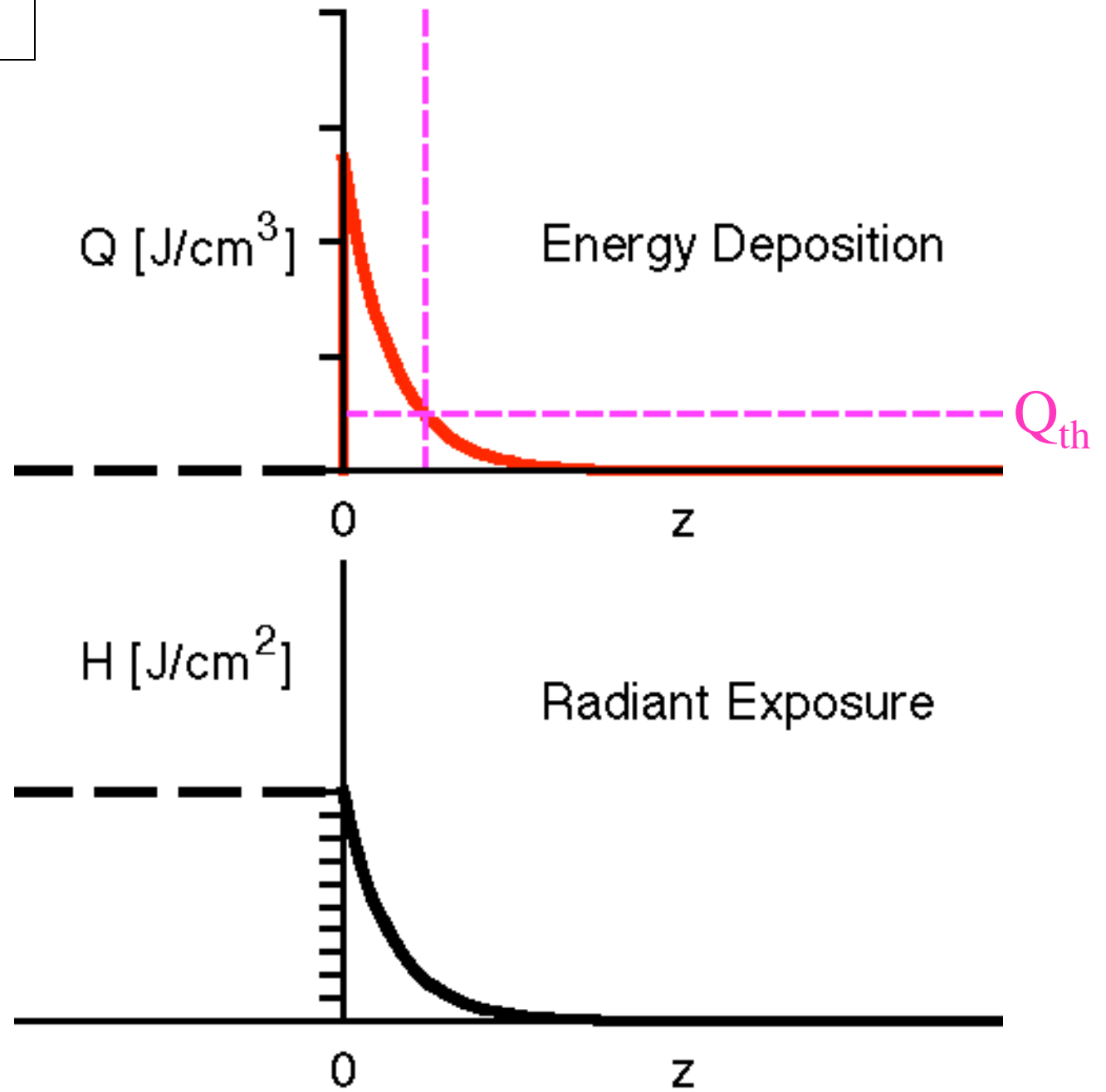
Energy
deposition
 $Q(z)$
 J/cm^3



Depth in tissue, z [cm]

Blow-off model

$$Q = \mu_a H$$



Laser-Tissue Interactions

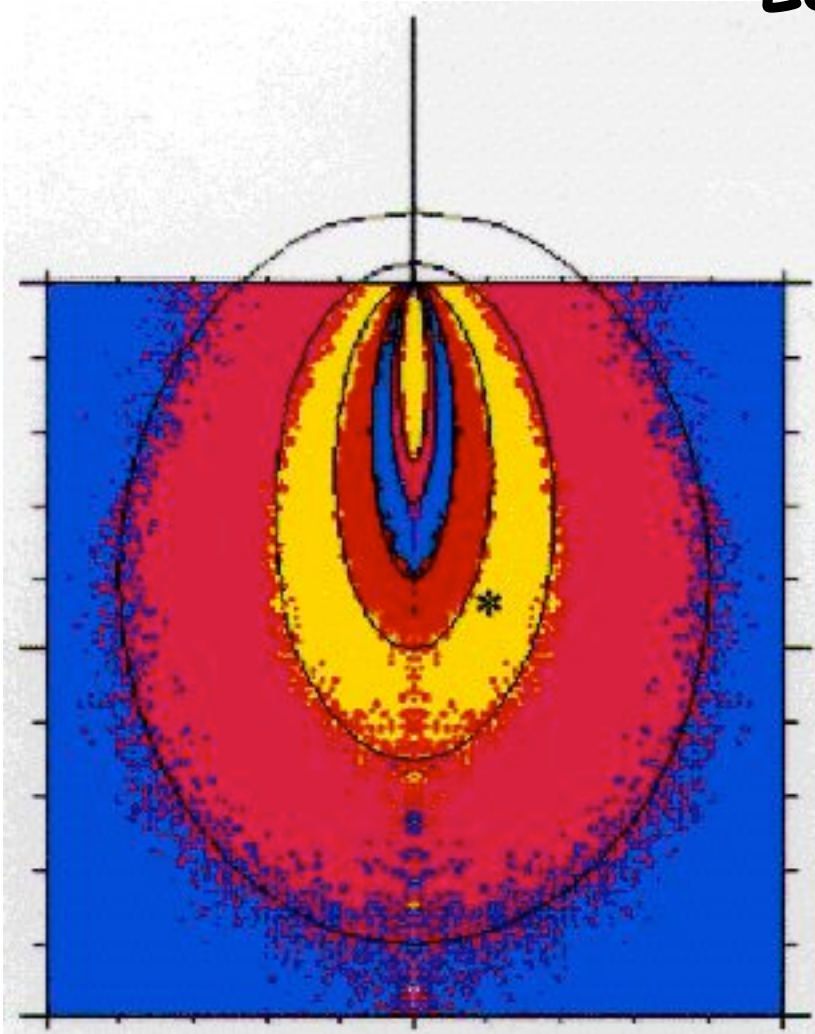
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1. Introduction
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photochemical

$$N = \mu_a F t \frac{\lambda}{hc} \frac{1000}{N_{av}} \Phi$$

$$N_{abs} = \phi t \frac{\lambda}{hc_0} A (1 - 10^{-\varepsilon CL})$$

photons
fraction absorbed
↓
↓
 λ

ϕ = fluence rate [W/cm²]

t = time of exposure [s]

c_0 = speed of light *in vacuum* 2.98x10¹⁰ [cm/s]

h = Planck's constant 6.626x10⁻³⁴ [Js]

λ = wavelength [cm]

A = area illuminated by light [cm²]

ε = extinction coefficient [cm⁻¹/M], M = moles/liter

C = concentration [M]

L = photon pathlength through medium [cm]

photons fraction absorbed

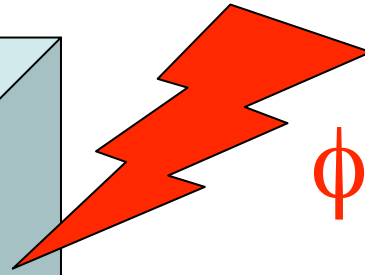
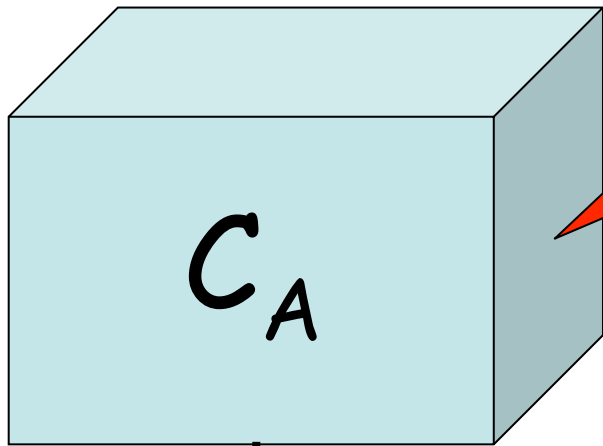
↓ ↓

[W/cm²] [s] [# / J] [cm²] [cm⁻¹/M] [M] [cm]

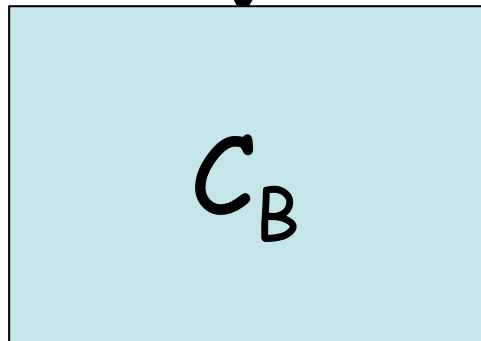
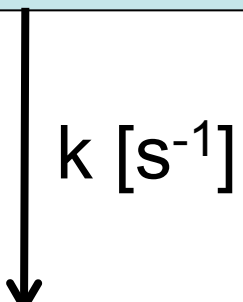
$$N_{abs} = \phi t \frac{\lambda}{hc_0} A \left(1 - 10^{-\epsilon CL}\right)$$

- ϕ = fluence rate [W/cm²]
- t = time of exposure [s]
- c_0 = speed of light *in vacuum* 2.98×10^{10} [cm/s]
- h = Planck's constant 6.626×10^{-34} [Js]
- λ = wavelength [cm]
- A = area illuminated by light [cm²]
- ϵ = extinction coefficient [cm⁻¹/M], M = moles/liter
- C = concentration [M]
- L = photon pathlength through medium [cm]

$$C_A = C_A(0)e^{-kt}$$



$$\phi \text{ [W/cm}^2\text{]}$$



$$\frac{\partial C_B}{\partial t} = kC_A$$

$$k = \frac{\Phi N_{abs} \text{ per } s}{N_{molecules}}$$

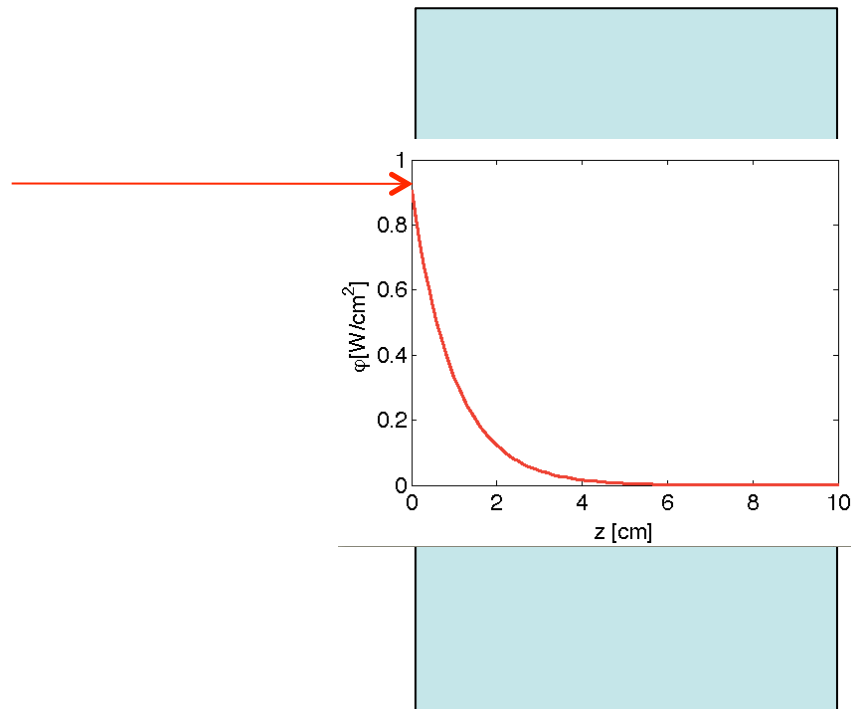
$$= \frac{\Phi \phi \frac{\lambda}{hc_0} A (1 - 10^{-\epsilon CL})}{CN_{Av}V / (1000 \text{ cm}^3 / \text{liter})}$$

$$C_A = C_A(0)e^{-kt}$$

$$= C_A(0)e^{-\phi t / H_{th}}$$

H_{th} = threshold dose [J/cm^2] for 1/e effect
in the range of 10-100 J/cm^2 for many
photochemical reactions

MATLAB example



how will the fluence
rate ϕ change as
reagent **photobleaches**?

photolabile reagent
in non-scattering gel

Photochemical

Comparison of PDT efficiencies
for photooxidation of substrate (NADPH)
using a photosensitizer (Photofrin II).

PR Bargo, P Diagaradjane, SL Jacques
Proceedings of SPIE Vol. 3909 (2000)

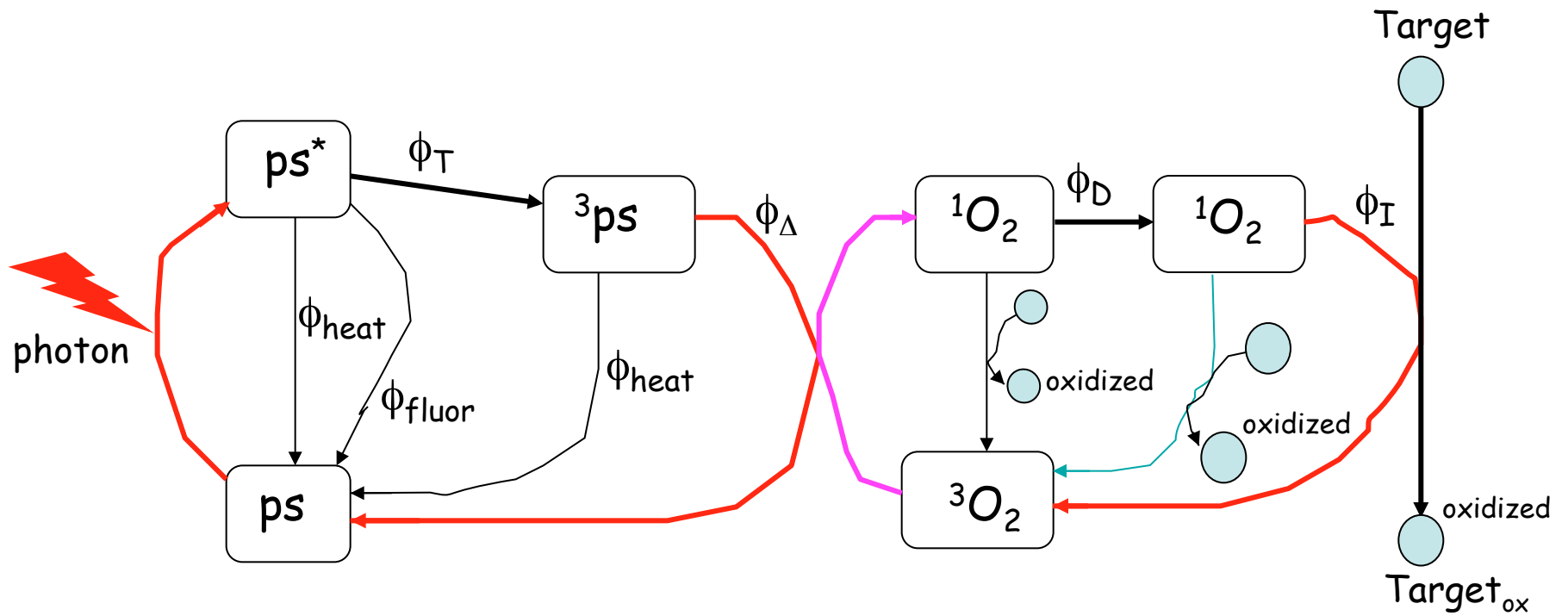
photoactivation

crossing to triplet state

transfer energy to singlet oxygen

diffusion to target

interaction with target



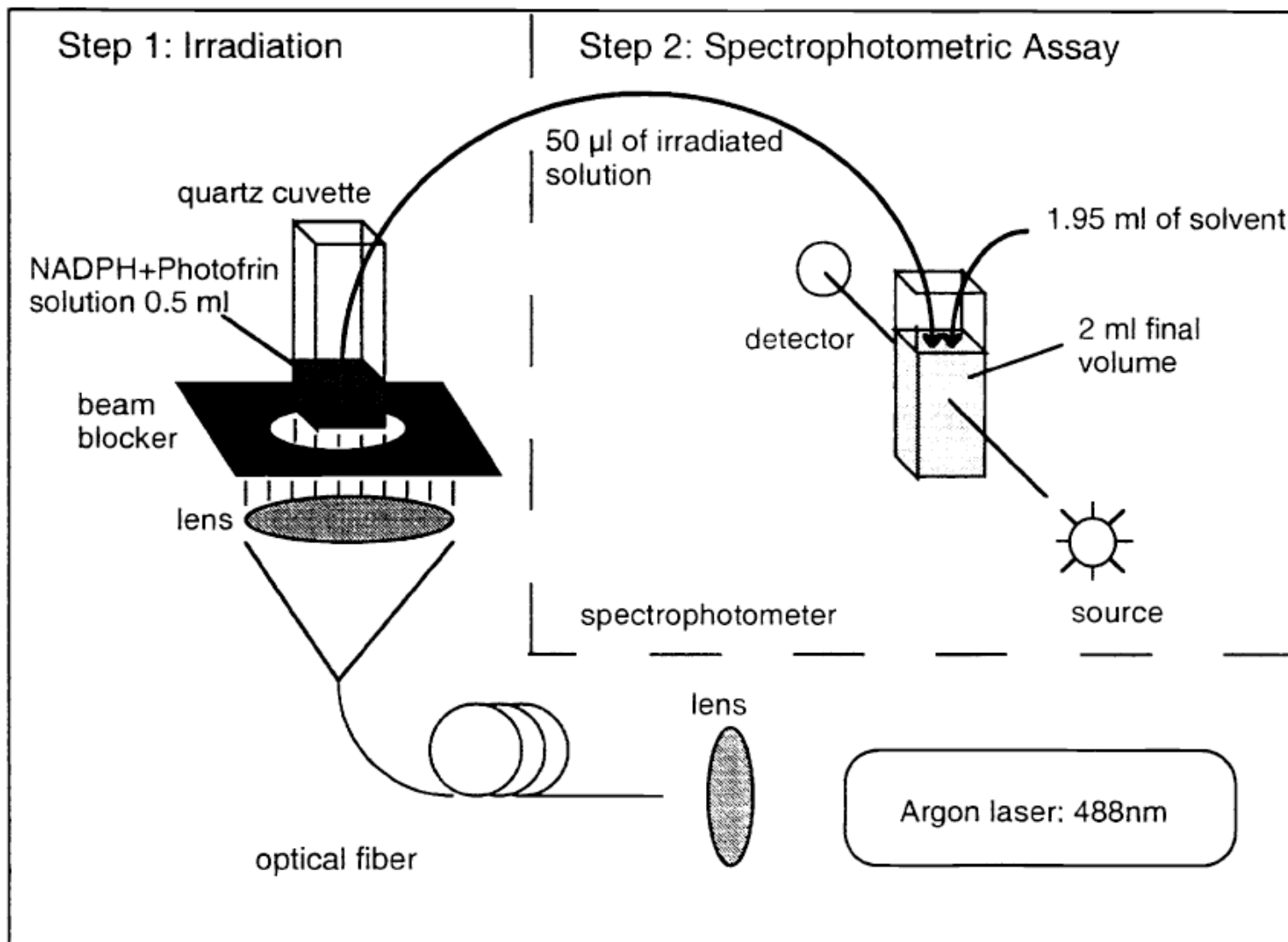


Figure 1 — Set-up for the irradiation and absorbance measurements. Samples were irradiated through the bottom of the cuvette with 488 nm light from an argon laser. Power delivered was 75 mW for exposure times ranging from 0 to 90 minutes. Aliquots of irradiated solution were diluted 1 :40 and absorbance spectra were.

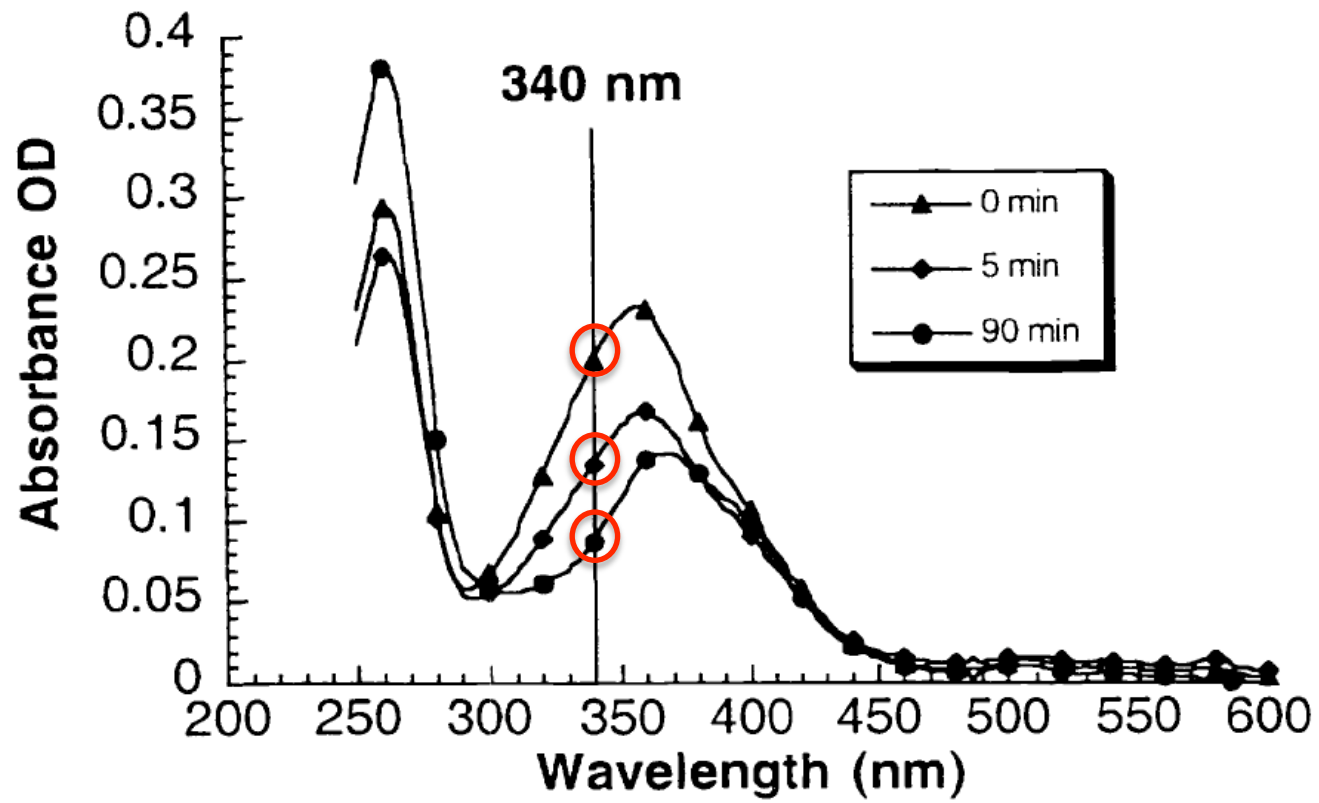


Figure 2: Absorbance spectra of NADPH (1 mM) + P11 (50 μg/ml) solution after different exposure times. Highlighted is the decay in the 340 nm peak after irradiation.

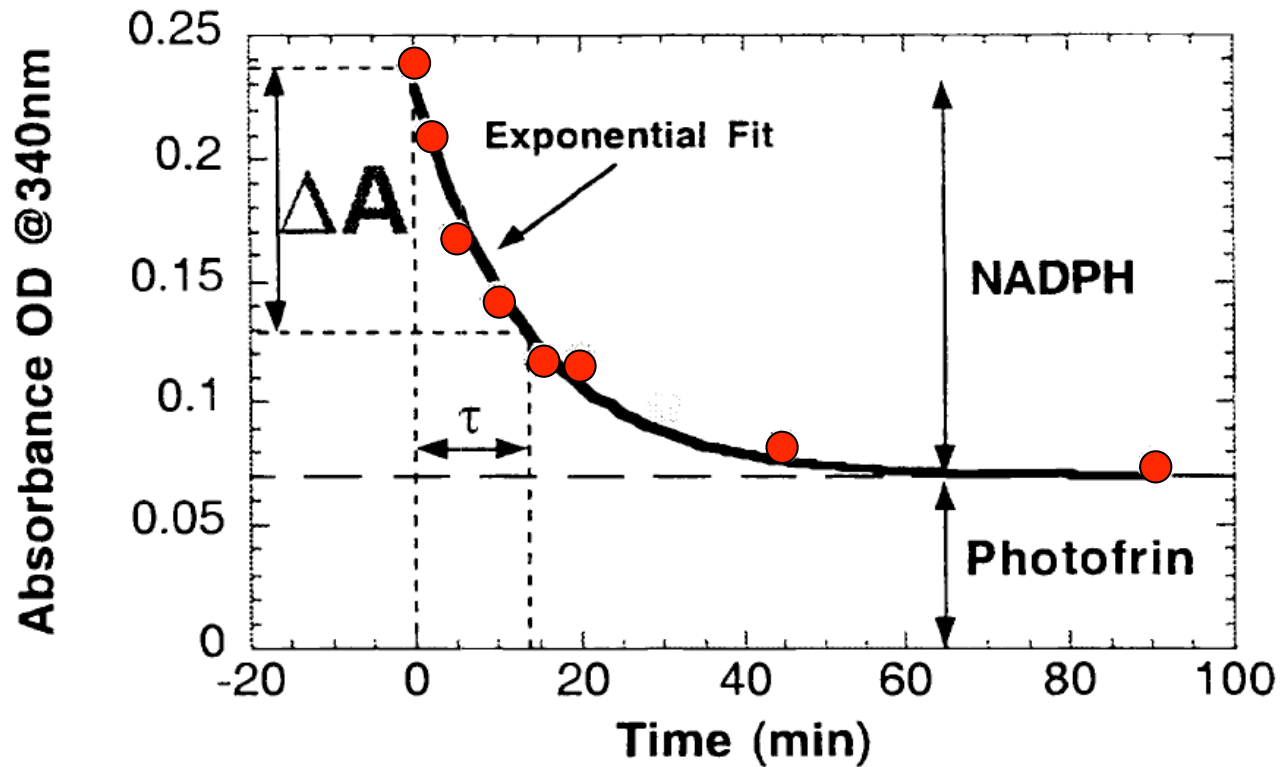
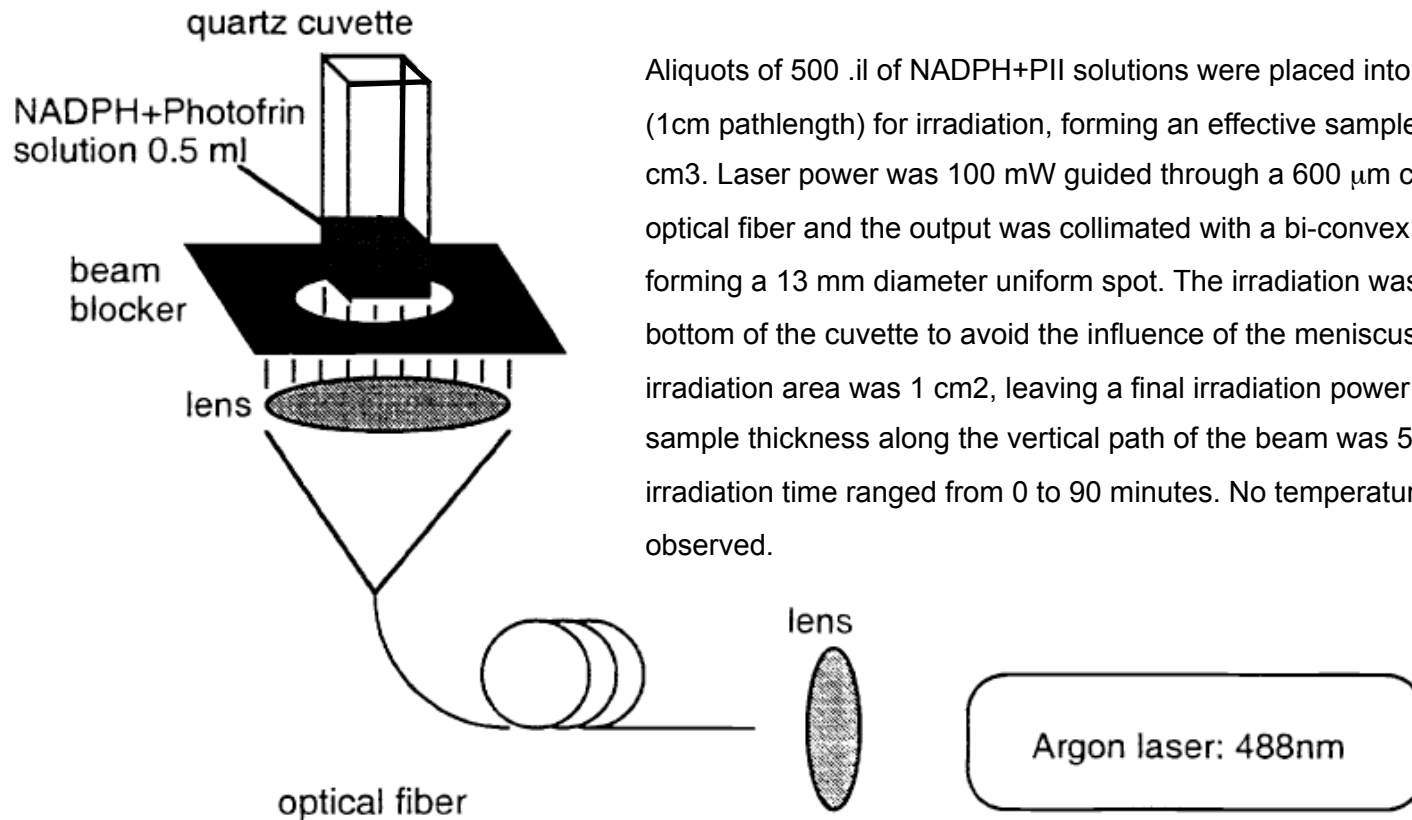


Figure 3: Typical decay in absorbance at 340 nm due to oxidation of NADPH. Data is fitted with a decaying exponential and the remaining offset is due to photofrin absorbance. ΔA and τ are used in equations 2 and 3.

Step 1: Irradiation

STEP 1. Irradiation: A continuous argon ion laser operating at 488nm was used for irradiation of the samples.



Aliquots of 500 μ l of NADPH+PII solutions were placed into quartz cuvettes (1cm pathlength) for irradiation, forming an effective sample volume of $1 \times 1 \times 0.5$ cm³. Laser power was 100 mW guided through a 600 μ m core-diameter optical fiber and the output was collimated with a bi-convex lens ($f = 50$ mm) forming a 13 mm diameter uniform spot. The irradiation was done from the bottom of the cuvette to avoid the influence of the meniscus. The effective irradiation area was 1 cm², leaving a final irradiation power of 75 mW. The sample thickness along the vertical path of the beam was 5 mm. The irradiation time ranged from 0 to 90 minutes. No temperature elevation was observed.

$$N_{abs} = P \tau b (1 - T_{488})$$

P = Irradiated Power

(0.075 Watts)

τ = Time constant (seconds)

(Fig.3)

b = Conversion factor @488nm

$$b = \frac{\lambda}{hc} = (2.5 \times 10^{18} \text{ photons/J})$$

$$(1 - T_{488}) = \left(1 - e^{-\mu_{a,488}^{PF} L_{irr}}\right)$$

$$\mu_{a,488}^{PF} = \ln(10) \epsilon_{a,488}^{PF} C_{irr}$$

ϵ_{488}^{PII} = PII extinction coefficient

(5.9 cm⁻¹ (mg/ml)⁻¹)

C_{irr} = PII concentration

(50 µg/ml)

L_{irr} = Irradiated pathlength

(0.5 cm)

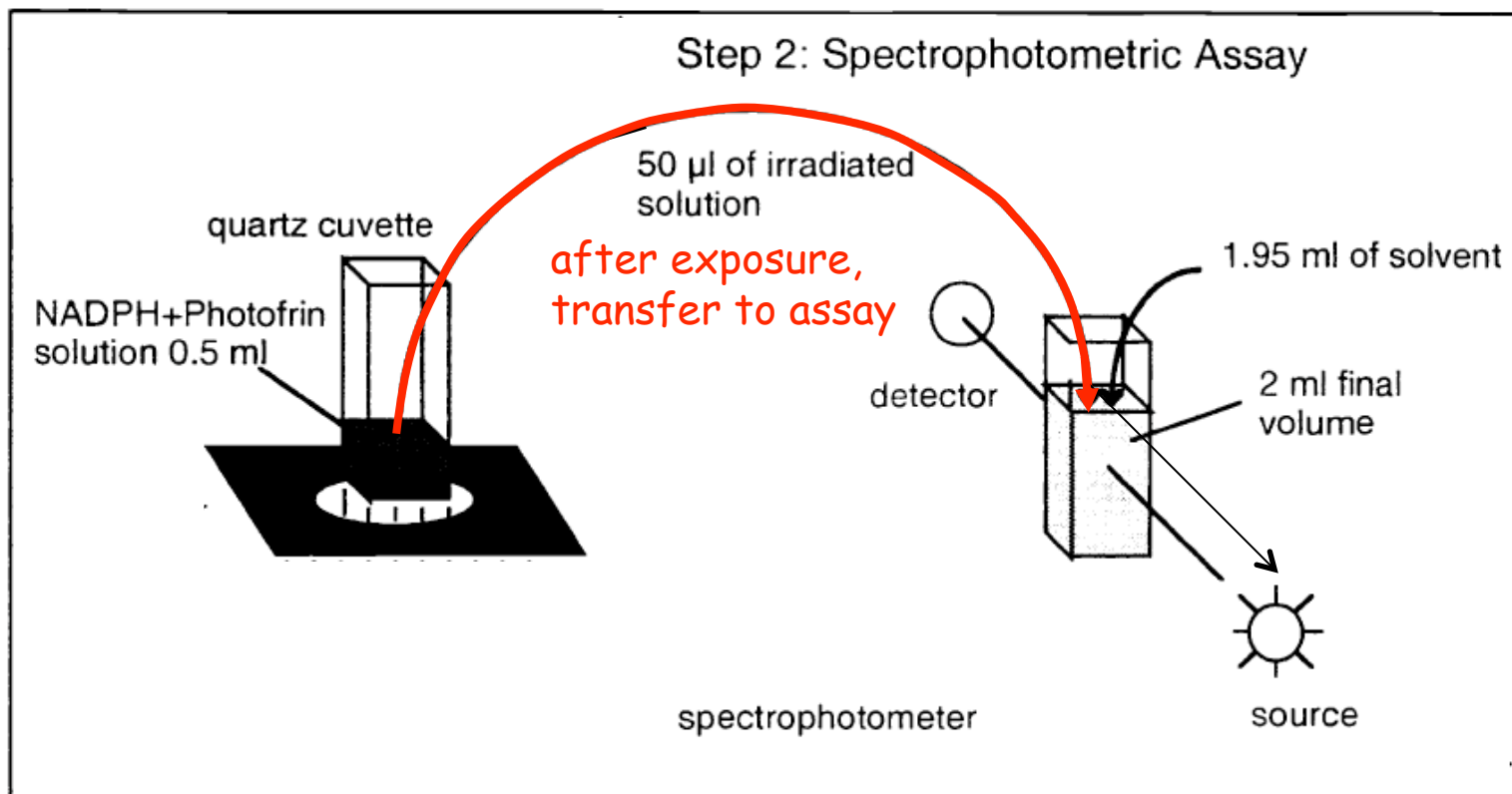
```
Cm      = 50e-3;      % mg/mL
epsilon = 5.9;        % cm^-1 (mg/mL)^-1
L       = 0.5;        % cm

P       = 0.075;      % W
tau     = 14*60;      % s
b       = 2.5e18;     % ph/J

Apf     = Cm*epsilon*L      % [-]
Nabs    = P*tau*b*(1-10^-Apf) % # photons abs'd
```

RUN:

Nabs = 4.54e+19 photons absorbed



STEP 2. Spectrophotometric Assay: after exposure, transfer to assay

Absorbance measurements were taken in the 250-820 nm spectral range with a spectrophotometer (Hewlett Packard). Solutions were diluted 1:40 (50 µl of solution into 1.95 ml of Trizma) and placed into quartz cuvettes (1 cm pathlength). Spectra were recorded and absorbance at 340 nm was measured to assay the kinetics of NADPH oxidation. Measurements of the extinction coefficients of PIT at 488 nm ($\epsilon_{488}^{\text{PIT}} = 5.9 [\text{cm}^{-1}(\text{mg}/\text{ml})^{-1}]$) and NADPH at 340 nm ($\epsilon_{340}^{\text{NADPH}} = 5.1 \times 10^3 [\text{cm}^{-1}\text{M}^{-1}]$) were also measured.

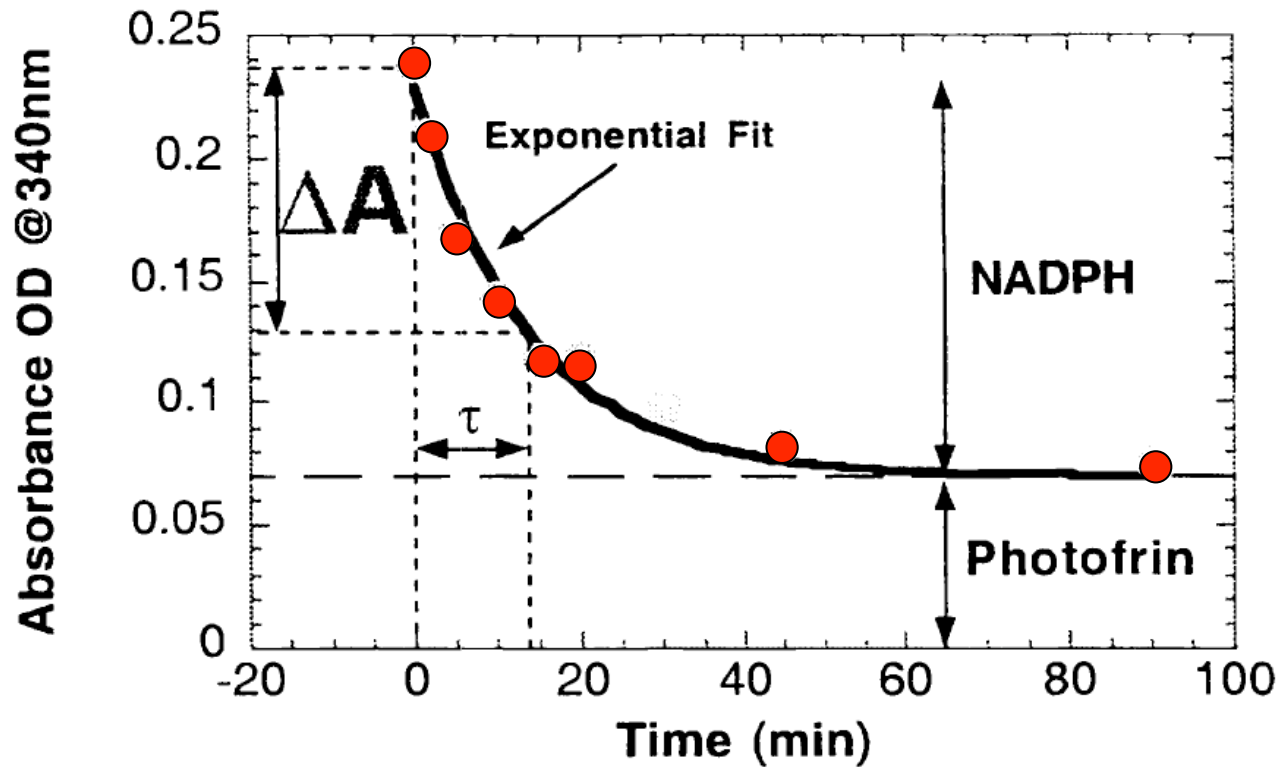


Figure 3: Typical decay in absorbance at 340 nm due to oxidation of NADPH. Data is fitted with a decaying exponential and the remaining offset is due to photofrin absorbance. ΔA and τ are used in equations 2 and 3.

$$N_{ox} = \frac{\Delta A \ N_{Av} \ V_{sp}}{\epsilon_{340}^{NADPH} \ L_{sp}} \frac{1}{f}$$

ΔA = Decay in Absorbance @ 340nm

(Fig.3)

N_{av} = Avogadro's Number

(6.02×10^{23} molec/mol)

V_{sp} = Diluted Sample Volume in step 2

(2 ml)

ϵ_{340}^{NADPH} = NADPH extinction coefficient @340nm

($5.1 \text{ cm}^{-1} \text{ mM}^{-1}$)

L_{sp} = Cuvette Path length for spectrophotometer

(1 cm)

$f = \frac{\text{Sample Volume}}{\text{Irradiated Volume}} = \frac{50\mu\text{l}}{500\mu\text{l}} = 0.1$ in step 1

Irradiated Volume 500 μl


```

dA = 0.25-0.13; % dOD after one time constant tau
Vsp = 2e-3;      % liters sample volume of assay, in step 2
epsilonNADPH = 5.1e3; % cm^-1 M^-1
L2 = 1;         % cm cuvette in step 2
f = 50/500;     % uL/uL, fraction of sample from step 1 assayed in step 2
Nav = 6.023e23; % Avagadro's number, #/mole

Nox = (dA/epsilonNADPH*L2)/f *Nav*Vsp
% [-]/([cm^-1 M^-1][cm])/[-] * [#mole]*[2e-3 liter]
%           [M]                * [#M]      = # photons oxidized

```

Run:

Nox = 2.83e+17 photons oxidized

$$\phi_{\text{ox}} = N_{\text{ox}} / N_{\text{abs}}$$

$$\text{phiox} = \text{Nox}/\text{Nabs}$$

Run:

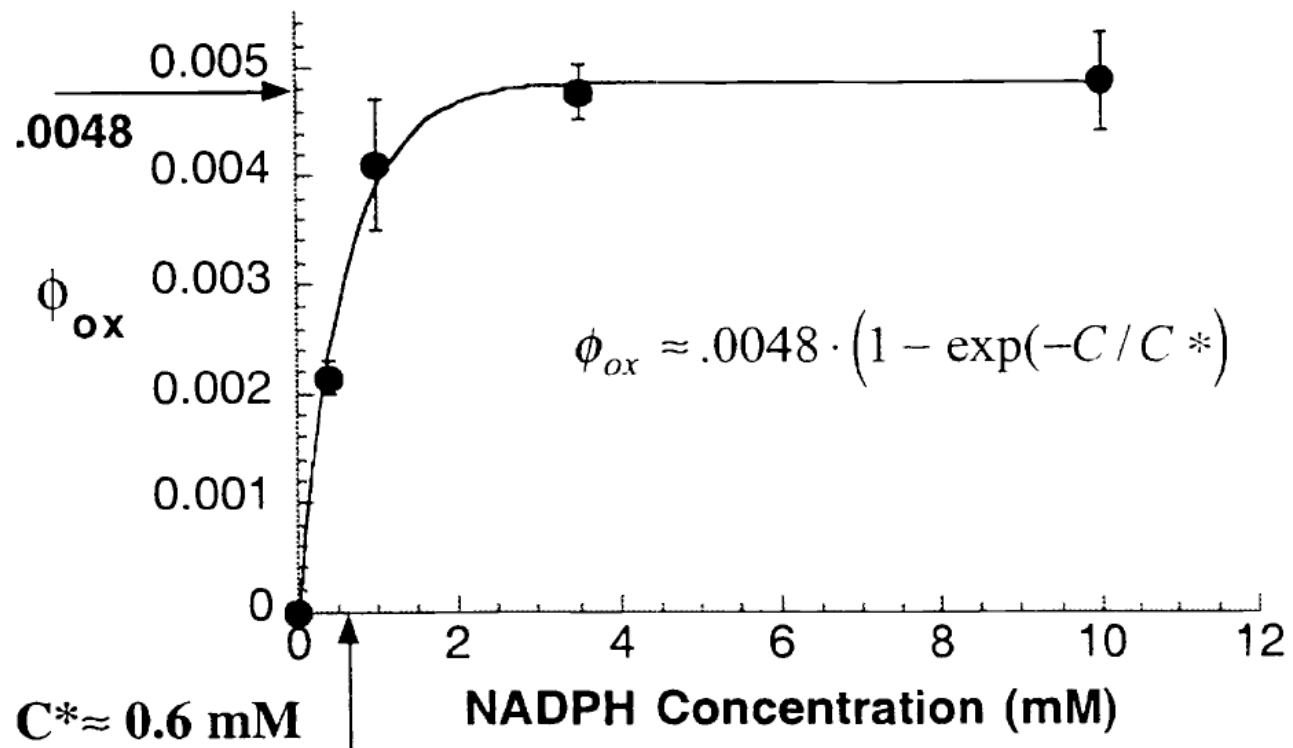
$$\text{Nabs} = 4.54e+19$$

$$\text{Nox} = 2.83e+17$$

$$\text{phiox} = 0.0062$$

Example calculation using figure.

All the experiments actually yielded saturated $\phi_{\text{ox}} \approx 0.0048$.



Triplet-crossing of activated sensitizer

Activation of oxygen to singlet oxygen

Oxidation of NADPH by singlet oxygen

$$\begin{aligned}\phi_{ox} &= \phi_T \quad \phi_{\Delta} \quad \phi_R \\ &= \phi_T \quad \phi_{\Delta} \quad \phi_D \quad \phi_I\end{aligned}$$

Diffusion of singlet oxygen to NADPH

Interaction of singlet oxygen with NADPH

efficiency of singlet oxygen interaction
with NADPH yielding oxidation

$$\phi_I = \frac{\phi_{ox}}{\phi_T \phi_{\Delta} \phi_D}$$

$$= \frac{0.0048}{0.63 \ 0.32 \ 1} = 0.024$$

experiment

literature

experiment, for
 $C_{\text{NADPH}} > C^*$

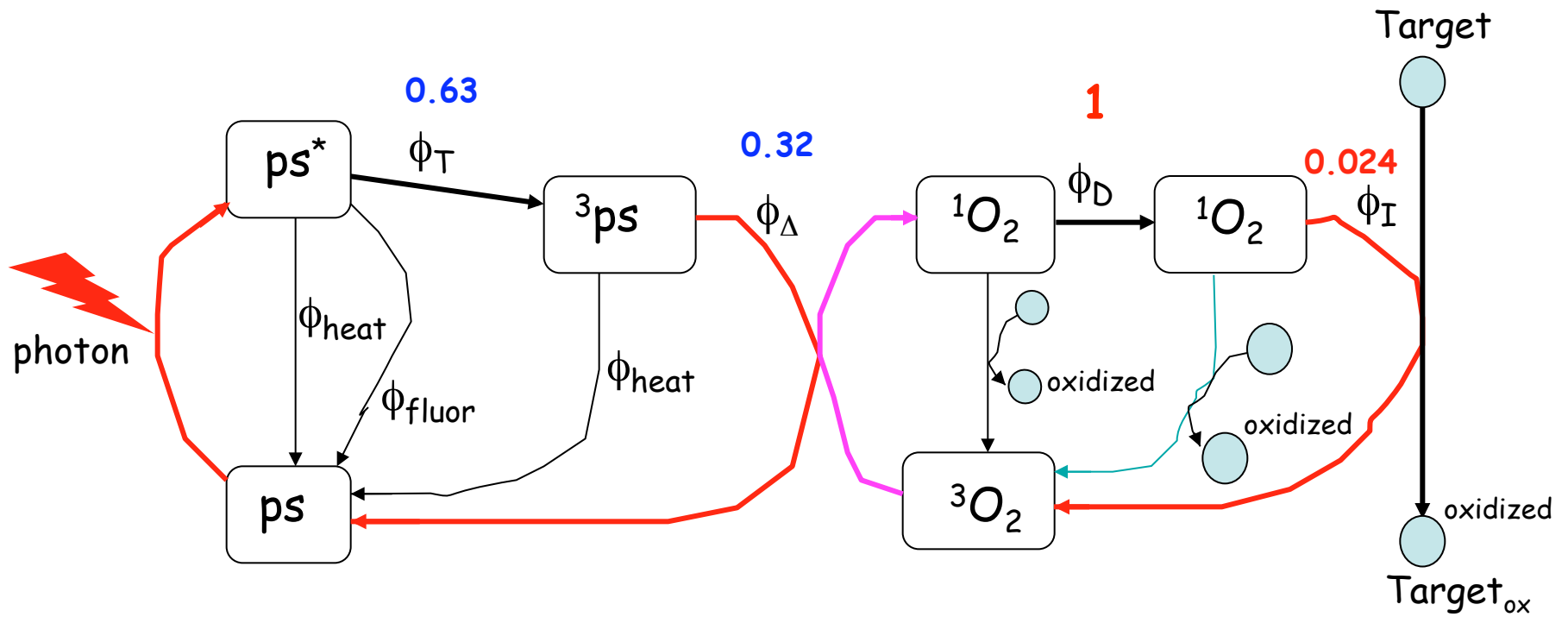
photoactivation

crossing to triplet state

transfer energy to singlet oxygen

diffusion to target

interaction with target



Laser-Tissue Interactions

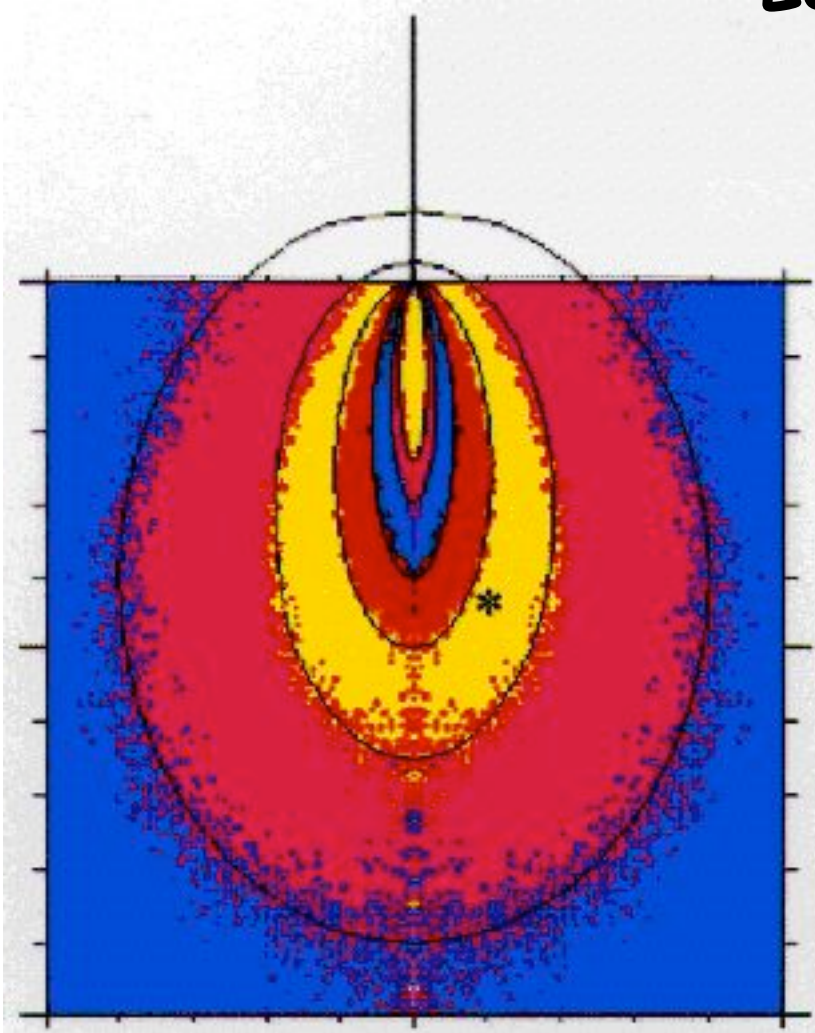
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1. Introduction
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4. Photomechanical

Temperature rise

$$\Delta T = \mu_a F t \frac{1}{\rho C_p}$$

[°C]

Fluence rate [W/cm²]

Absorption coefficient [1/cm]

density [g/cm³]

specific heat [J/(g K)]

Temperature source

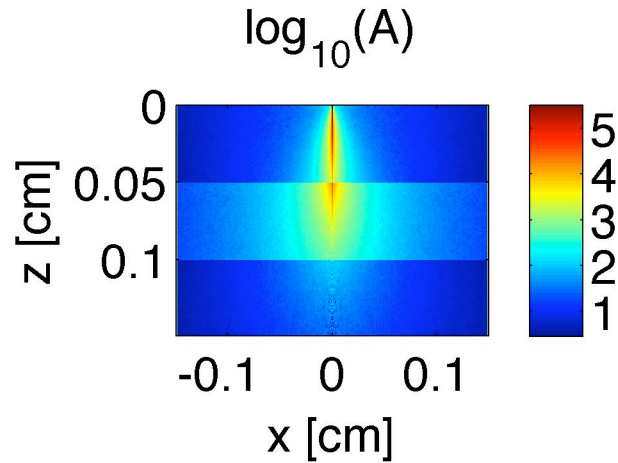
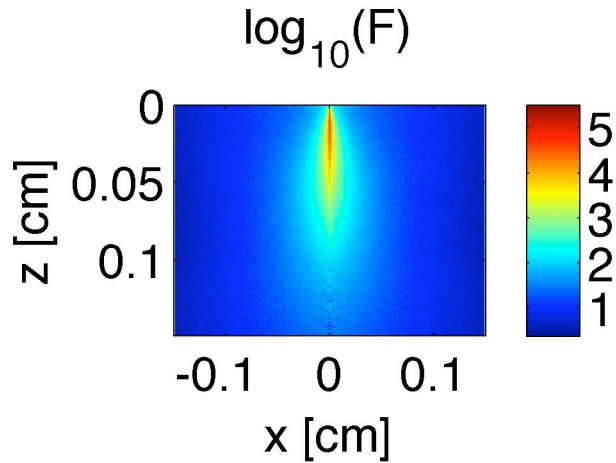
Monte Carlo input file

```
1.0 # file version
1 # number of runs

layersA.mco A # output filename, ASCII/Binary
100000 # No. of photons
0.0010 0.0010 # dz, dr for OUTPUT
150 150 1 # No. of bins, Nz, Nr, Na for OUTPUT
3 # No. of layers
# n mua mus g d # One line for each layer
1.00 # n for medium above.
1.33 0.1 100 0.90 0.0500 # conjunctiva
1.33 0.5 100 0.90 0.0500 # conjunctiva
1.33 0.1 100 0.90 10.000 # conjunctiva
1.33 # n for medium below.
```

Temperature source

fluence rate, F [J/cm³] = A/μ_a
 absorption rate, A [J/cm³] = $\mu_a F$



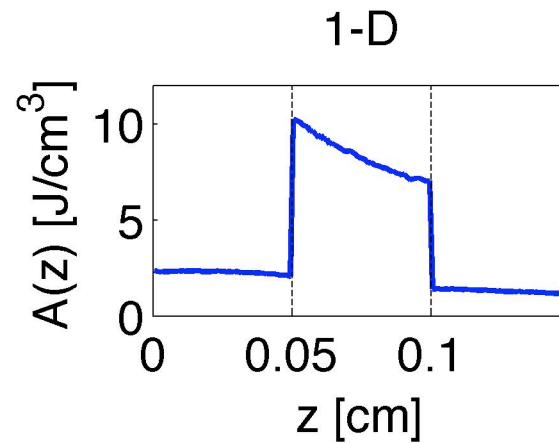
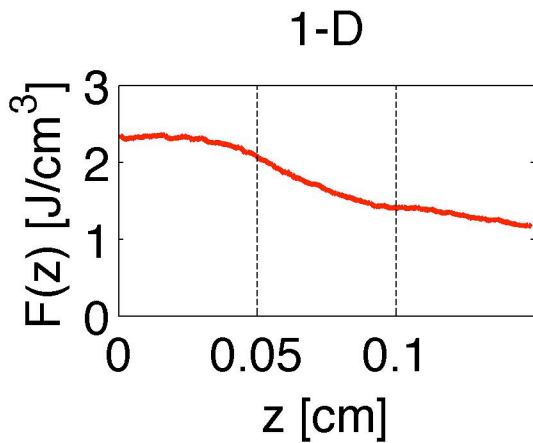
- $\mu_a = 1 \text{ cm}^{-1}$
- $\mu_a = 5 \text{ cm}^{-1}$
- $\mu_a = 1 \text{ cm}^{-1}$

for all 3 layers:

$\mu_s = 100 \text{ cm}^{-1}$

$g = 0.90$

$2.4^\circ\text{C } \Delta T = A / (4.18 \text{ (J/cm}^3\text{)/}^\circ\text{C})$
 for water

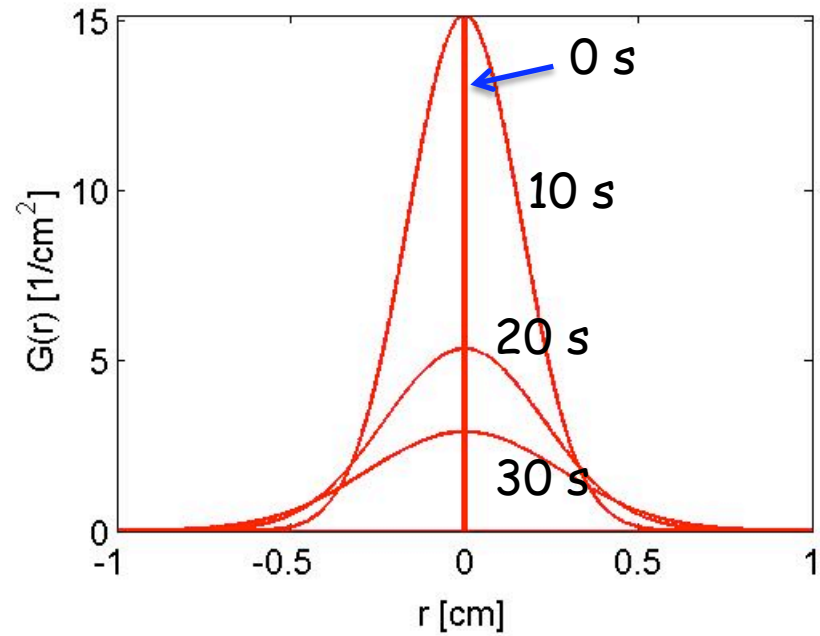


Thermal diffusion

impulse response

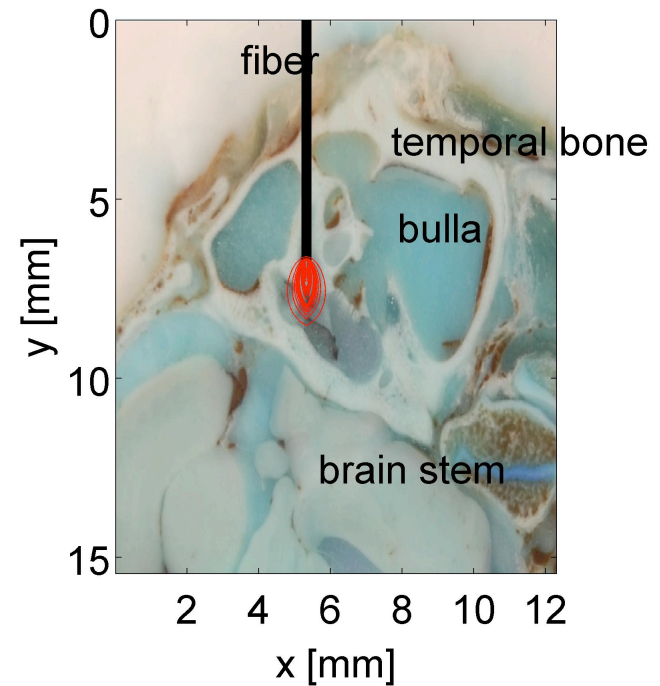
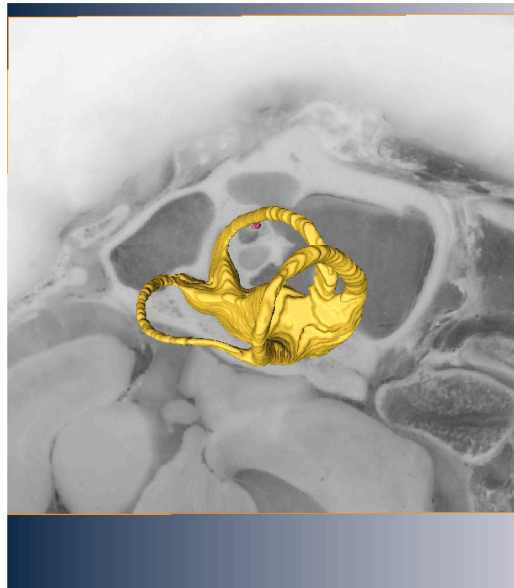
$$\Delta T = \frac{U_p \mu_a T}{\rho C} G(x, t)$$

$$G(x, t) = \frac{e^{-x^2 / (4\alpha t)}}{(4\pi\alpha t)^{3/2}}$$



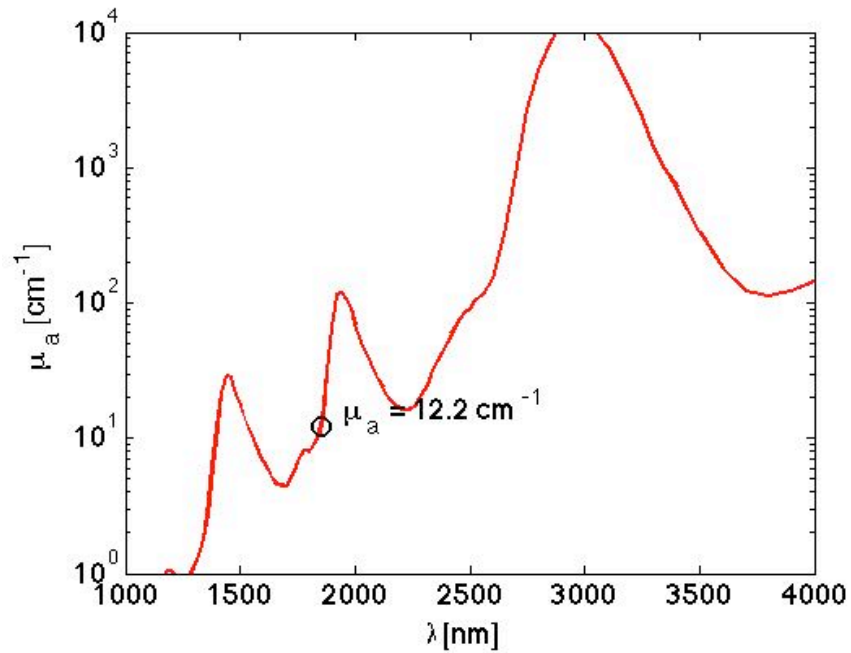
Developing an optical nerve stimulator for vestibular system (chicken)

optical fiber delivers 1850 nm laser pulse to stimulate nerve

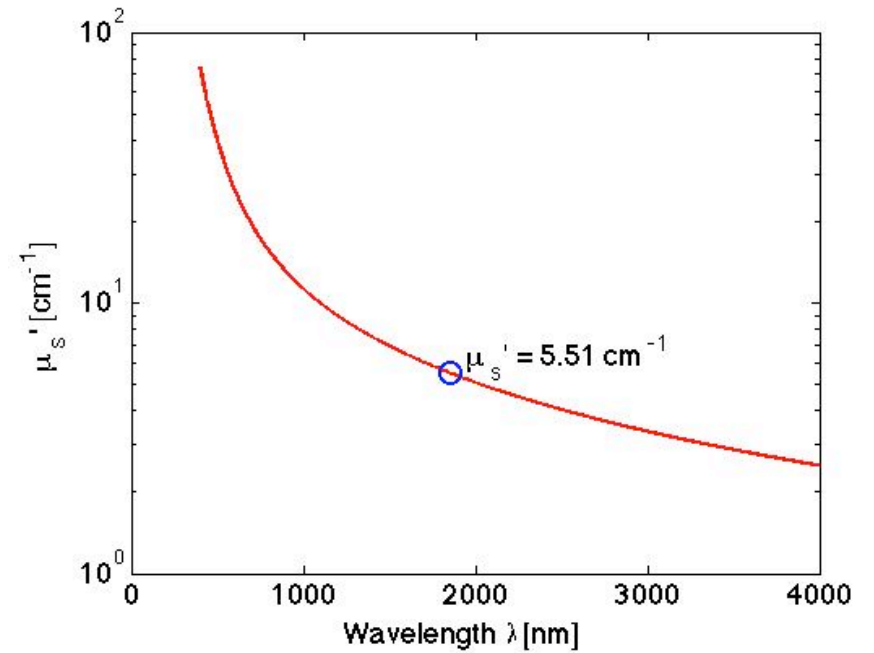


at 1850 nm wavelength

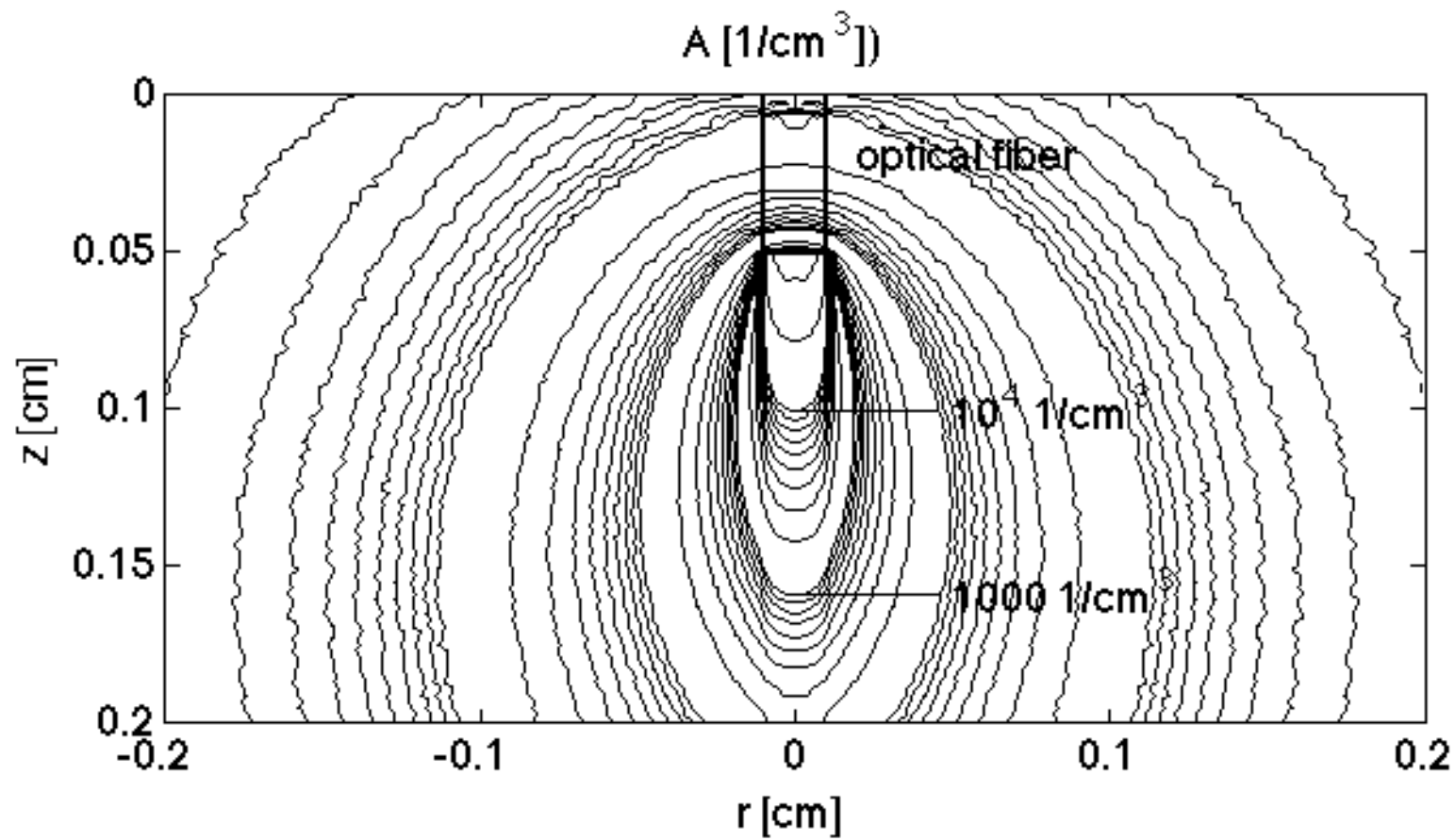
absorption



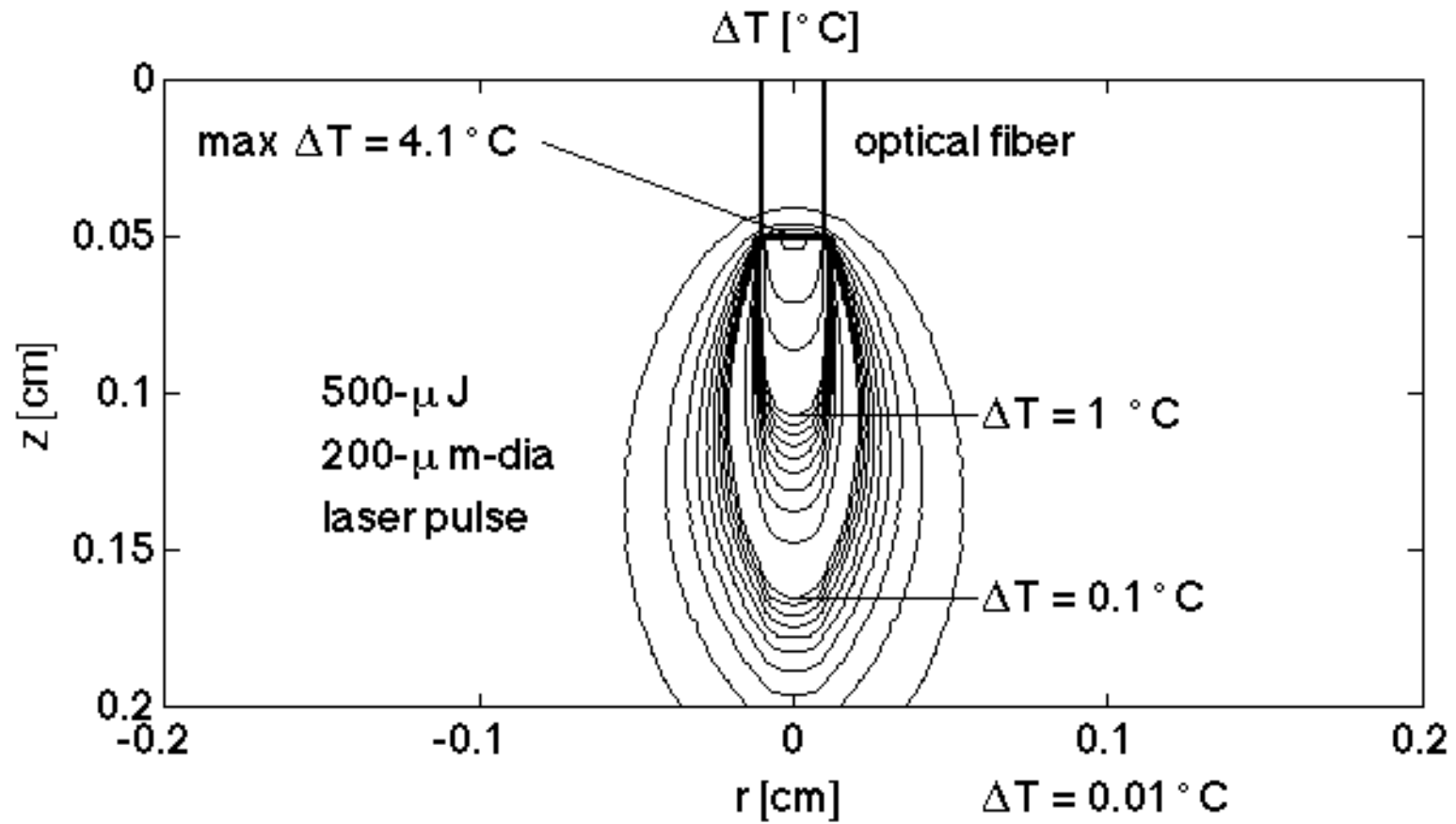
scattering

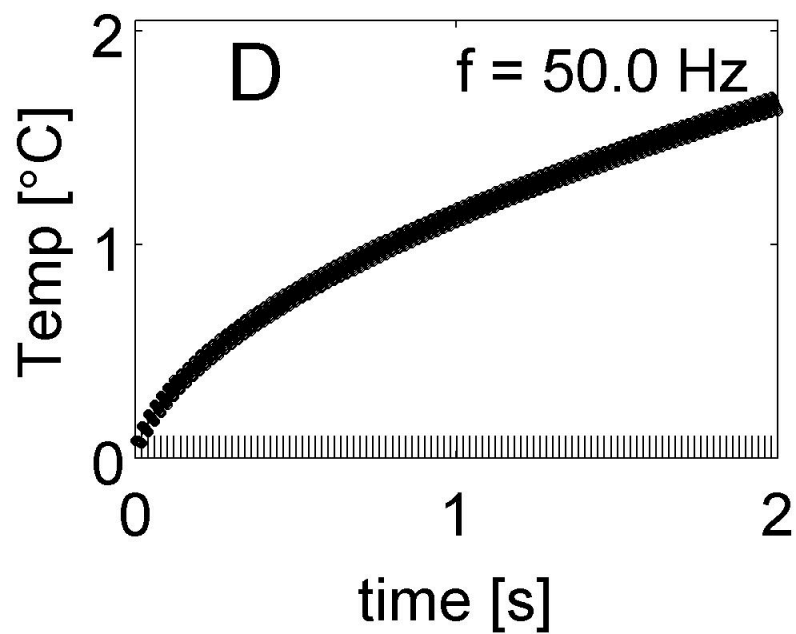
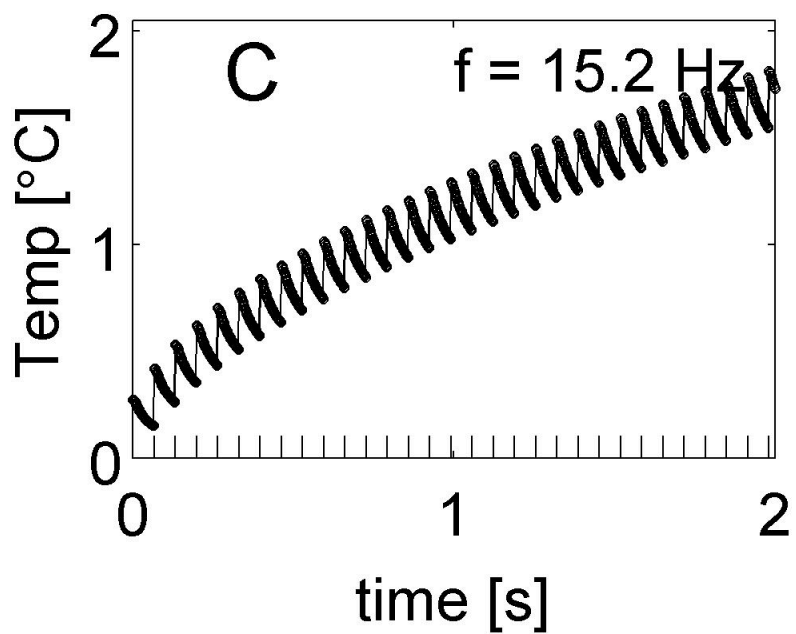
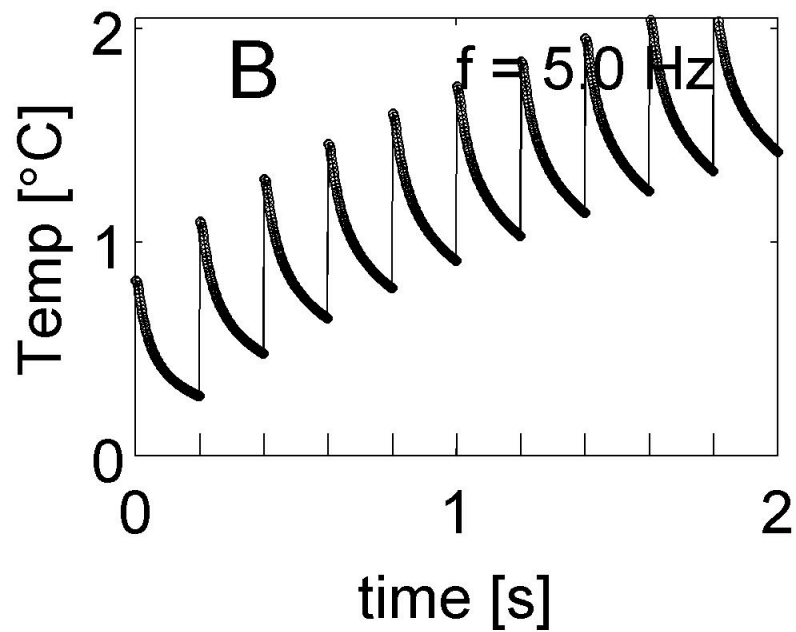
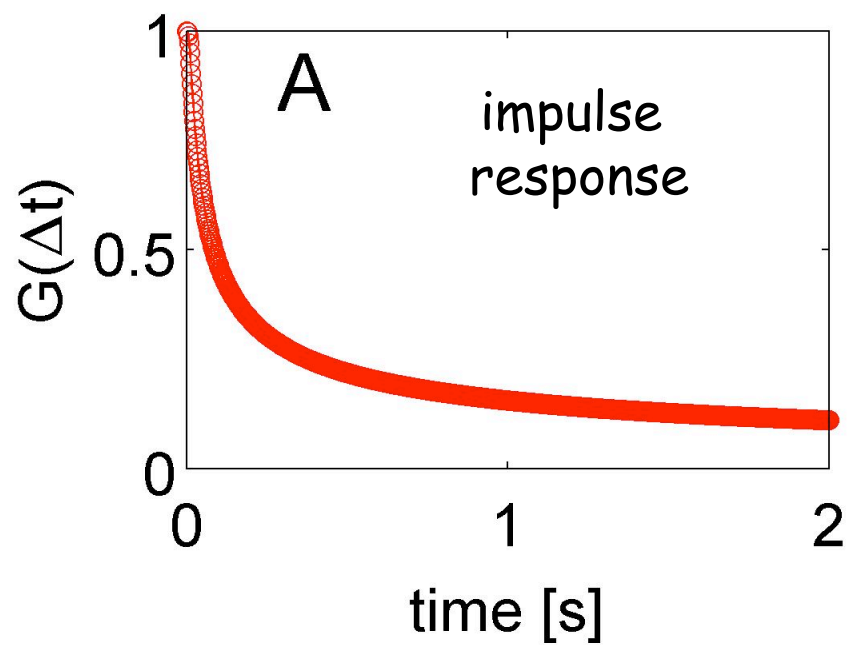


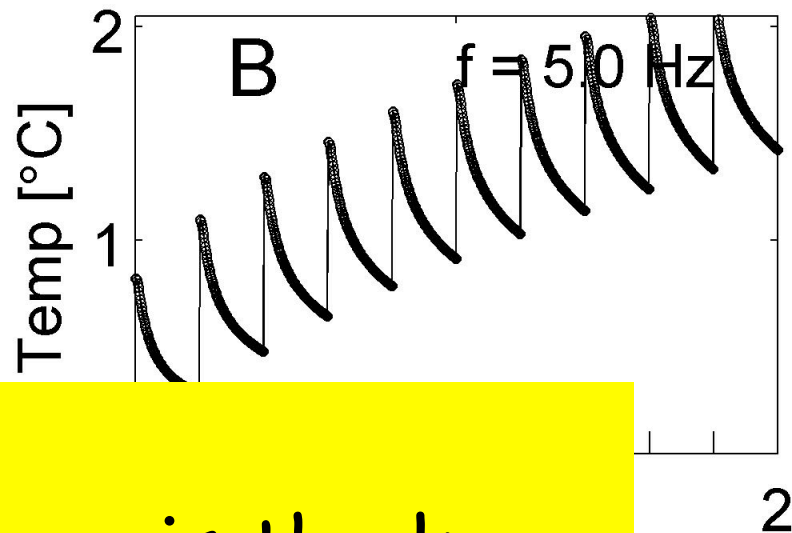
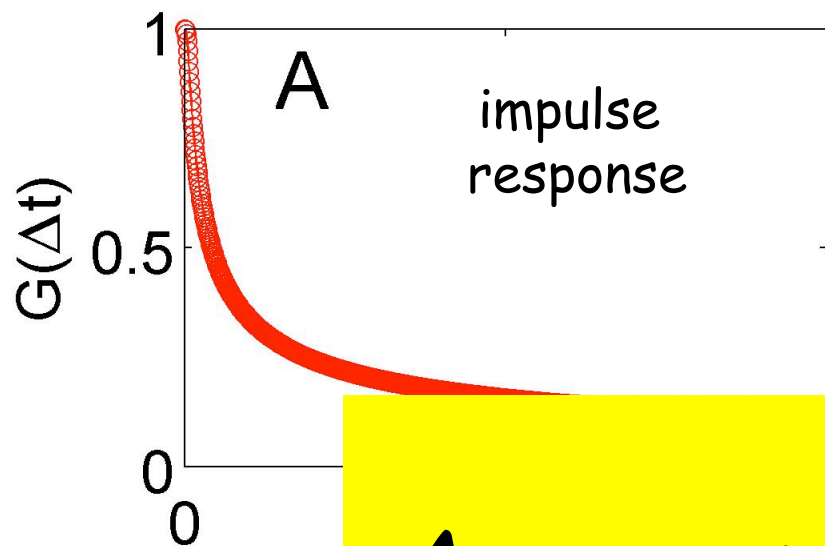
response to 1-J pulse



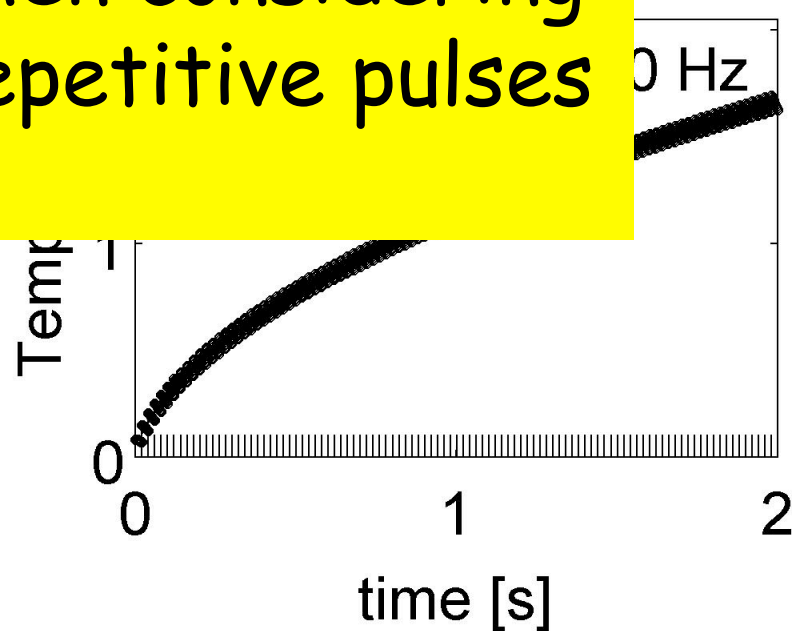
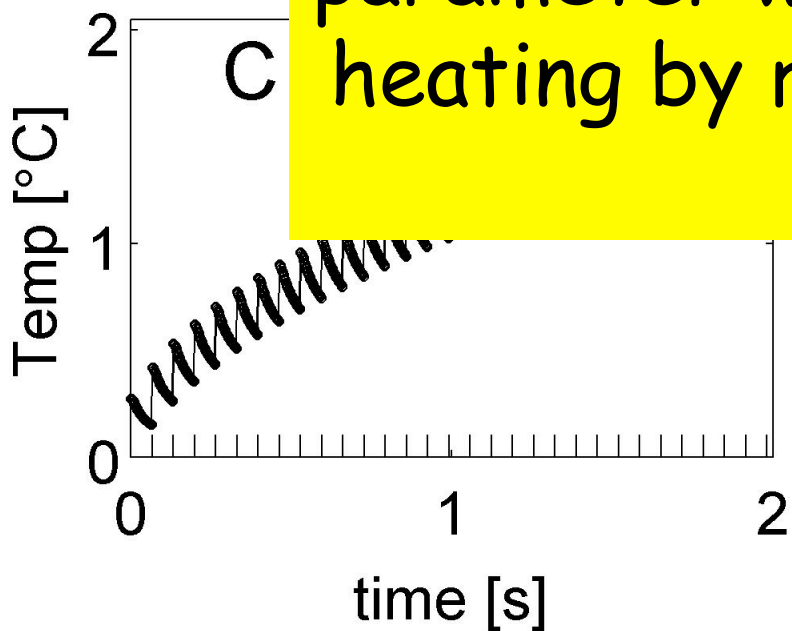
response to 0.00500-J pulse







Average power is the key parameter when considering heating by repetitive pulses

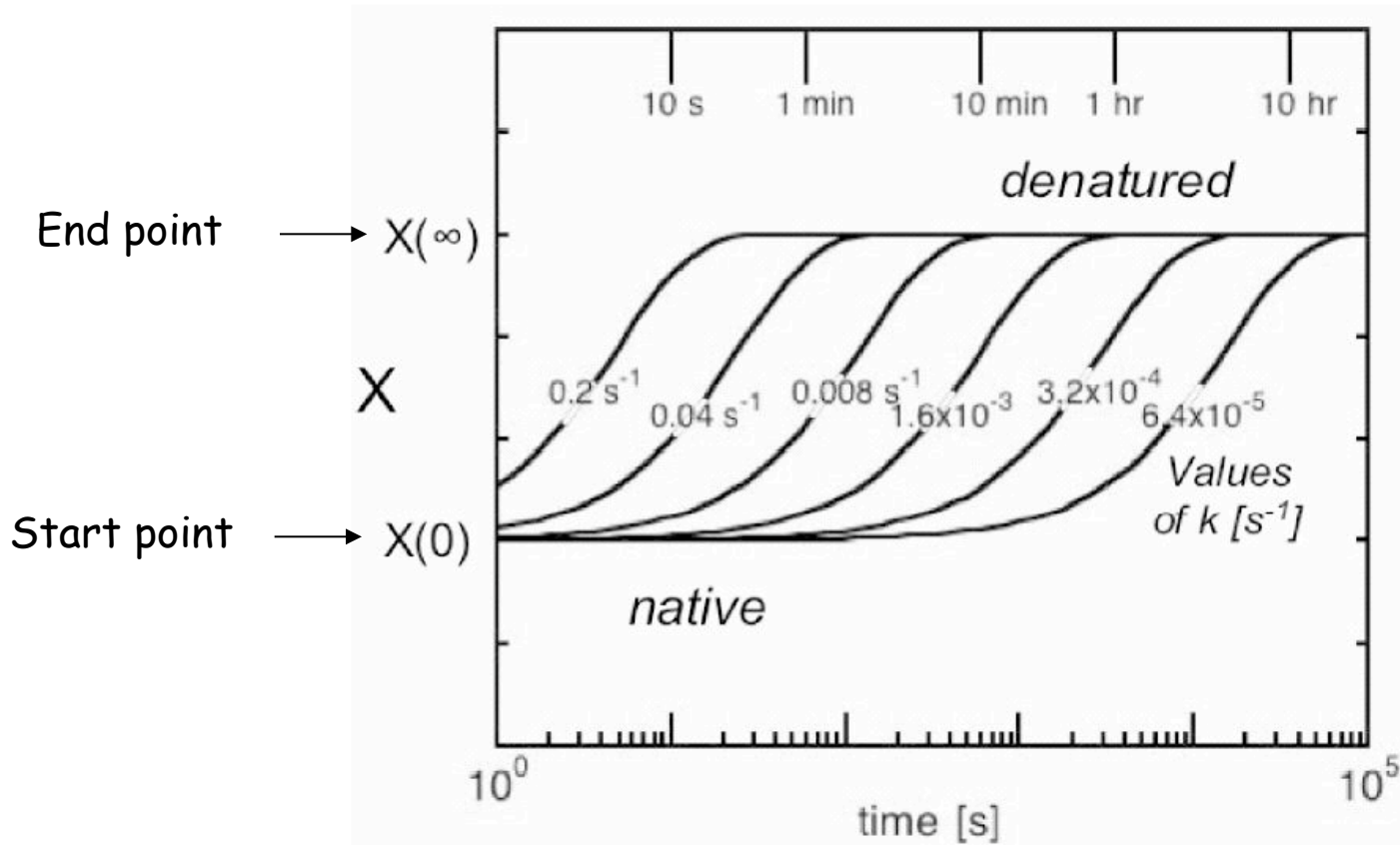


Thermal damage

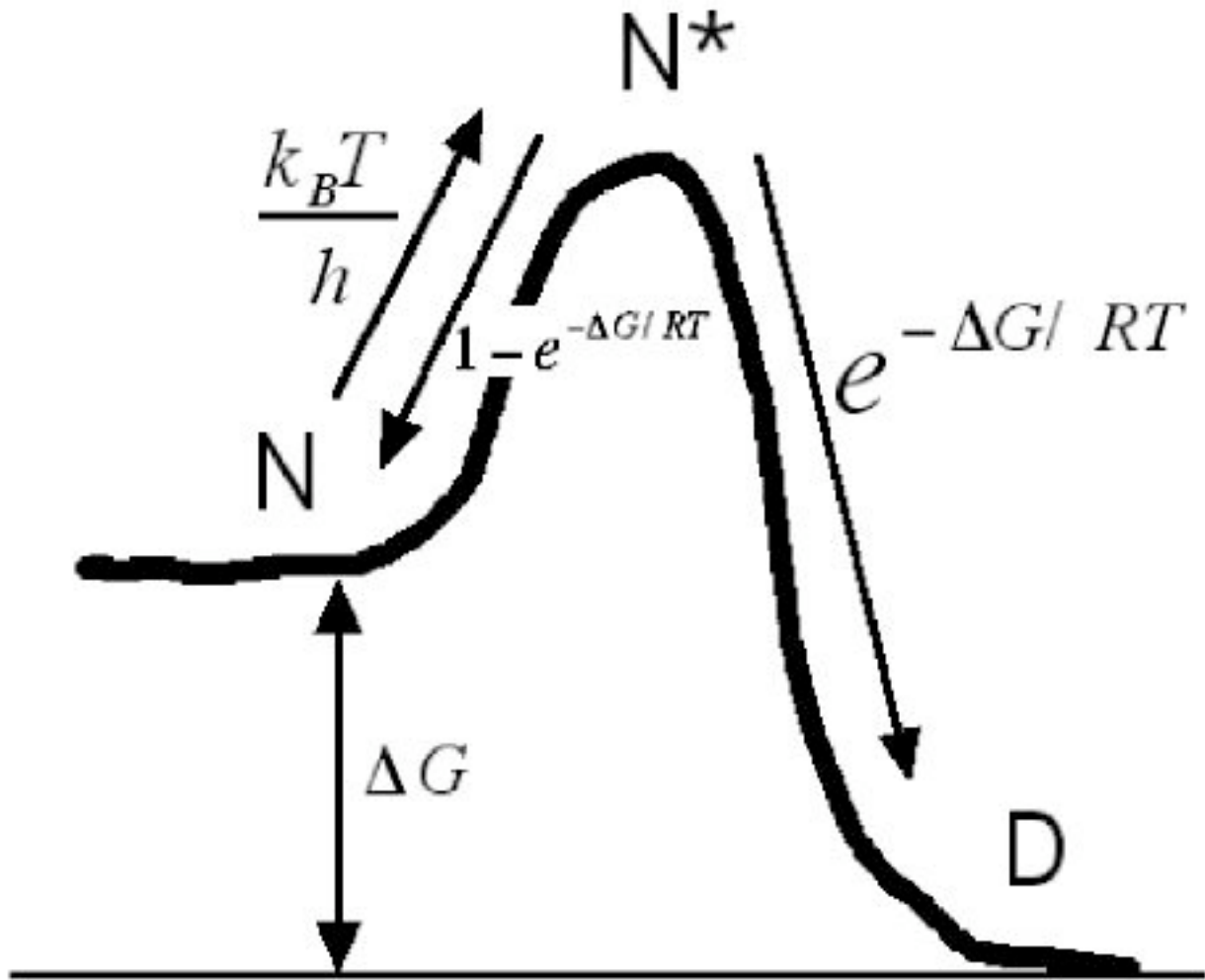
$X(t)$ describes some tissue state that changes with denaturation

rate of denaturation

$$X(t) = X(0) + (X(\infty) - X(0))(1 - e^{-kt})$$



Thermal damage



Thermal damage

$$k = \frac{k_B T}{h} e^{-\Delta G / RT}$$

where $\Delta G = \Delta H - T\Delta S$

Thermal damage

$$k = \frac{k_B T}{h} e^{\Delta S / R} e^{-\Delta H / RT}$$

where $\Delta G = \Delta H - T\Delta S$

$6.2 \times 10^{12} \text{ s}^{-1}$
at room temperature

Entropy [J/
(mole K)]

Enthalpy [J/
mole]

Thermal damage

$$k = \frac{k_B T}{h} e^{\Delta S / R} e^{-\Delta H / RT}$$

where $\Delta S = \frac{1}{T} \Delta H - \frac{1}{T} \Delta G$

$6.2 \times 10^{12} \text{ s}^{-1}$
at room temperature

Entropy [J/
(mole K)]

Enthalpy [J/
mole]

Thermal damage

$$k = \frac{k_B T}{h} e^{\Delta S / R} e^{-\Delta H / RT}$$

where $\Delta S = \frac{1}{T} \Delta H - \frac{1}{T} \Delta G$

$6.2 \times 10^{12} \text{ s}^{-1}$
at room temperature

Entropy [J/
(mole K)]

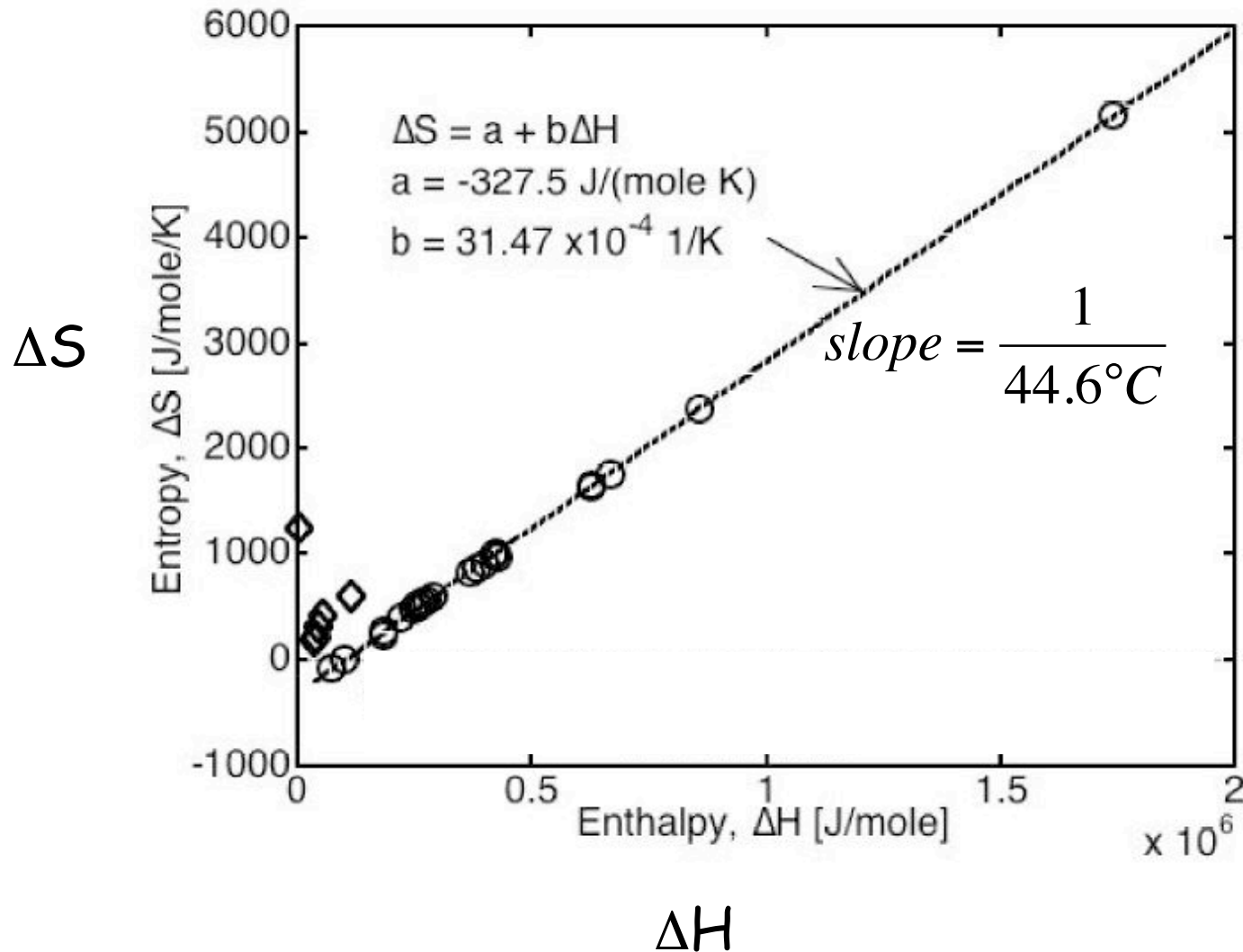
Enthalpy [J/
mole]

slope y-int

Thermal damage

Literature review

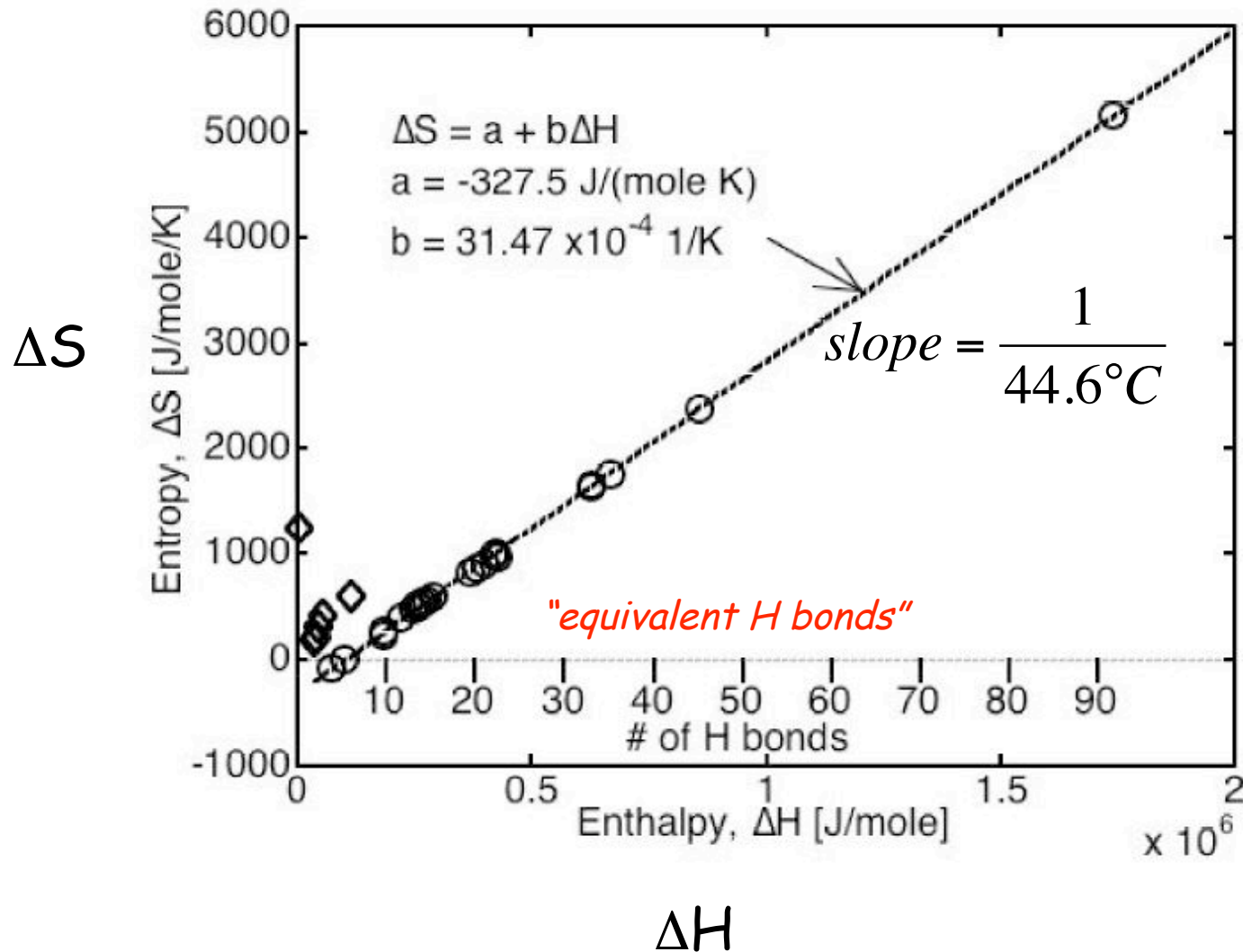
SL Jacques, *J. Biomed. Optics* 11(4):041108, 2006



Thermal damage

Literature review

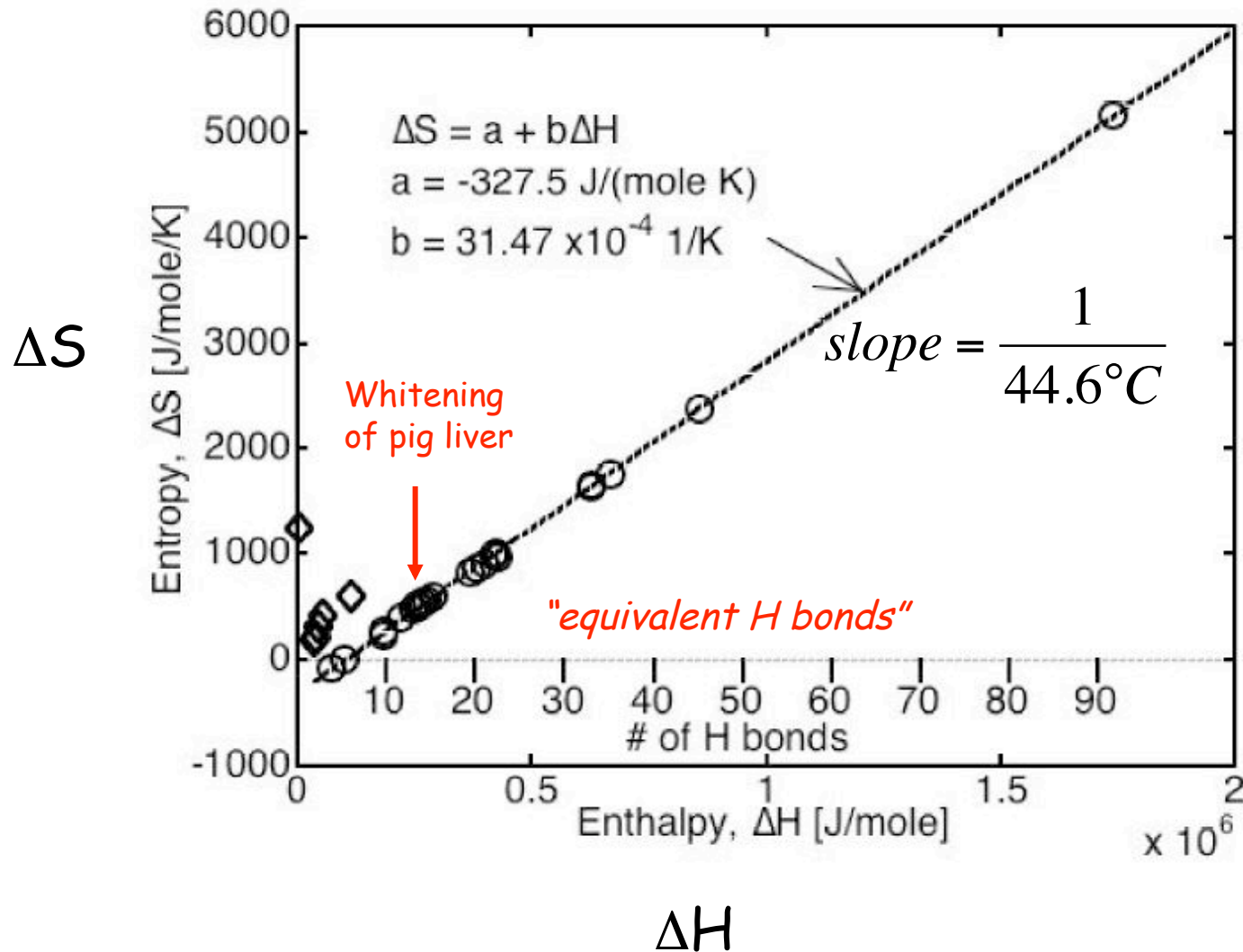
SL Jacques, *J. Biomed. Optics* 11(4):041108, 2006



Thermal damage

Literature review

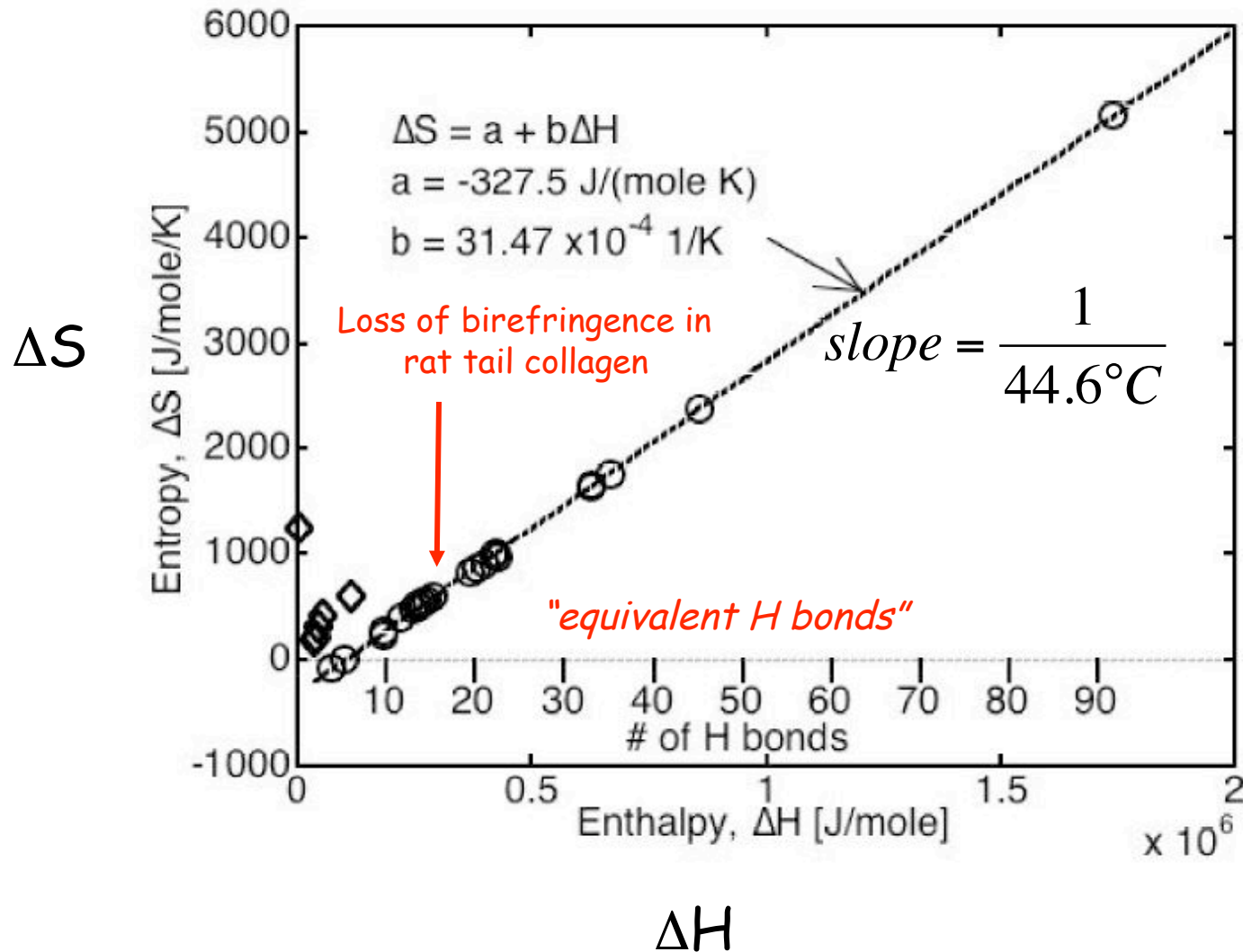
SL Jacques, *J. Biomed. Optics* 11(4):041108, 2006



Thermal damage

Literature review

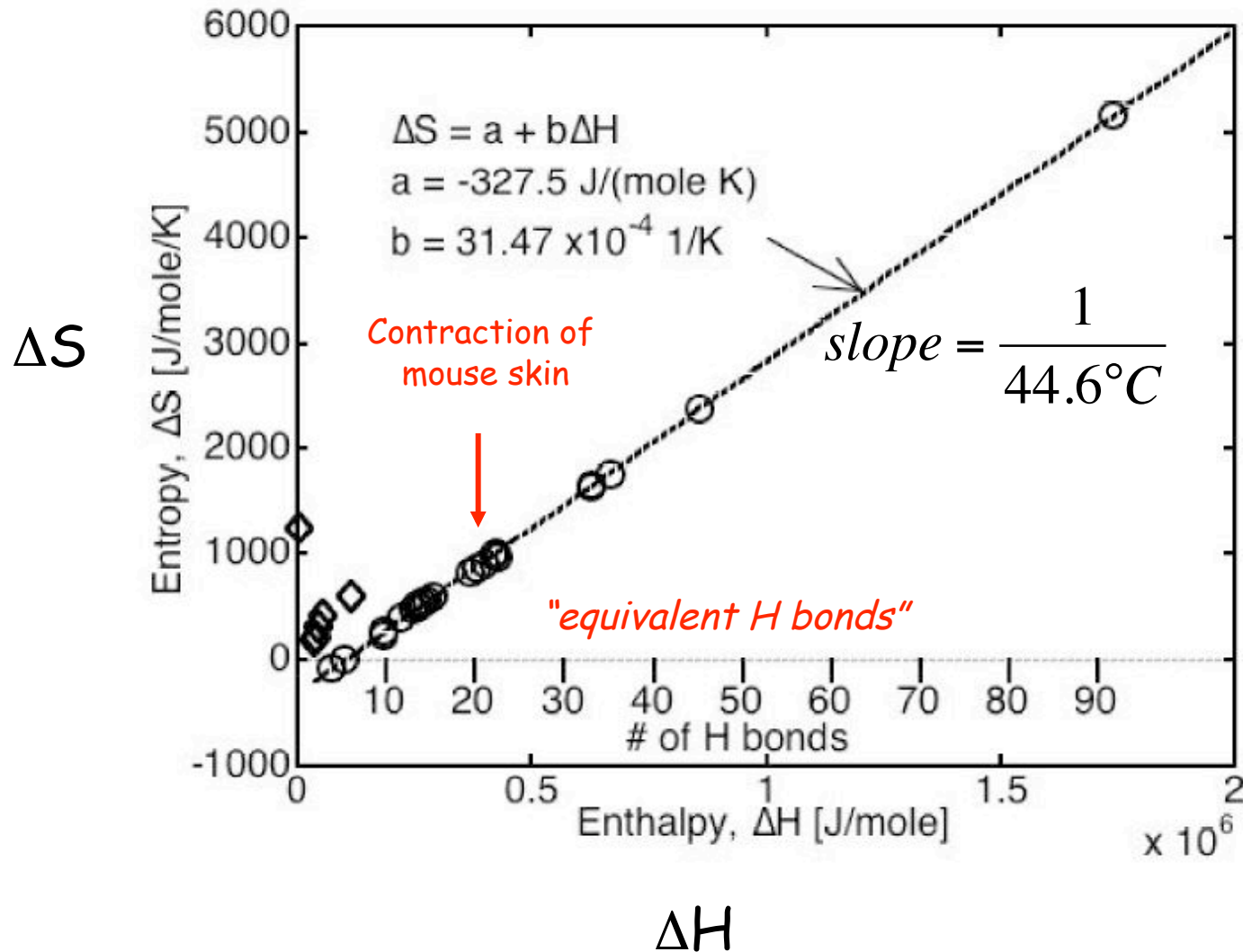
SL Jacques, *J. Biomed. Optics* 11(4):041108, 2006



Thermal damage

Literature review

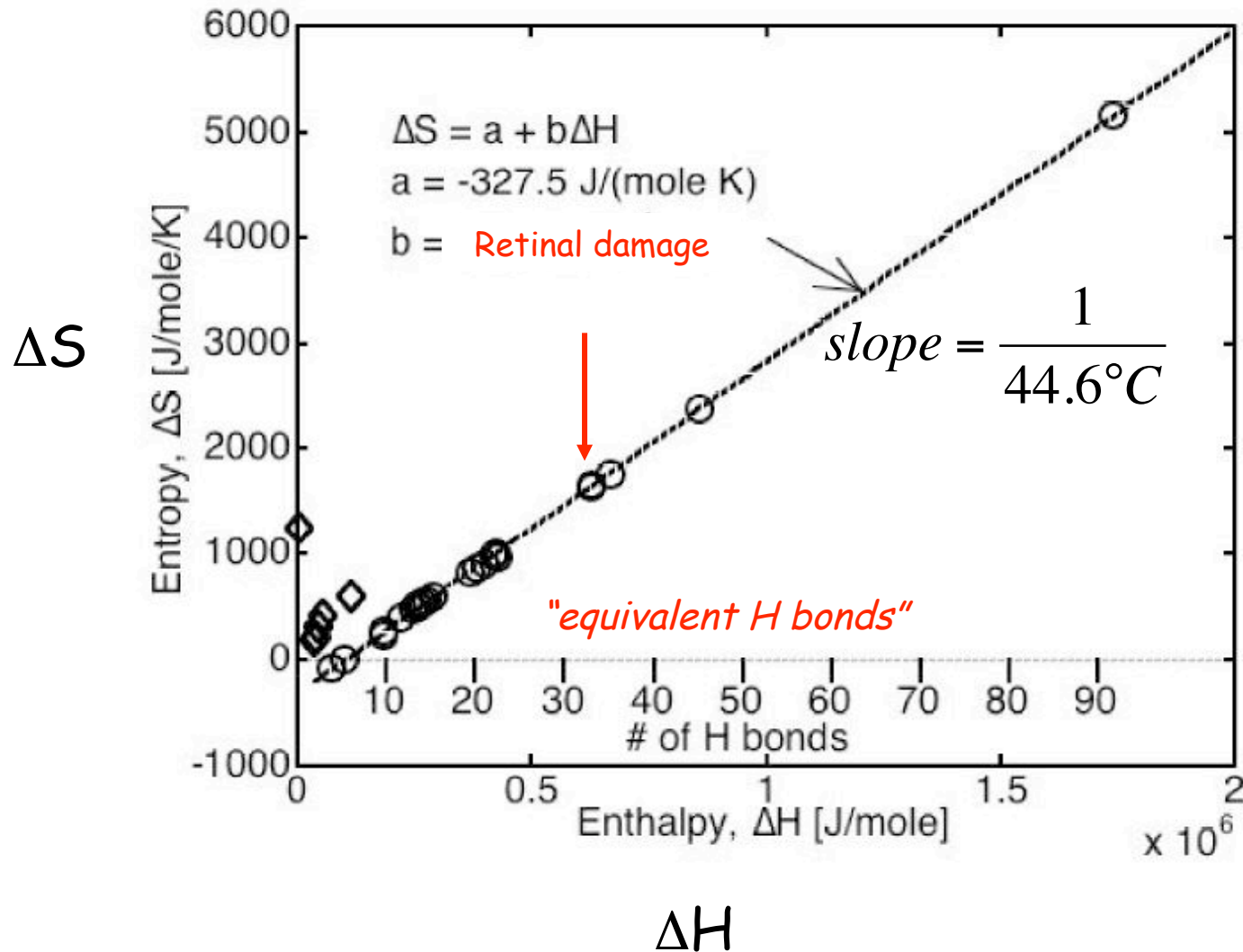
SL Jacques, *J. Biomed. Optics* 11(4):041108, 2006



Thermal damage

Literature review

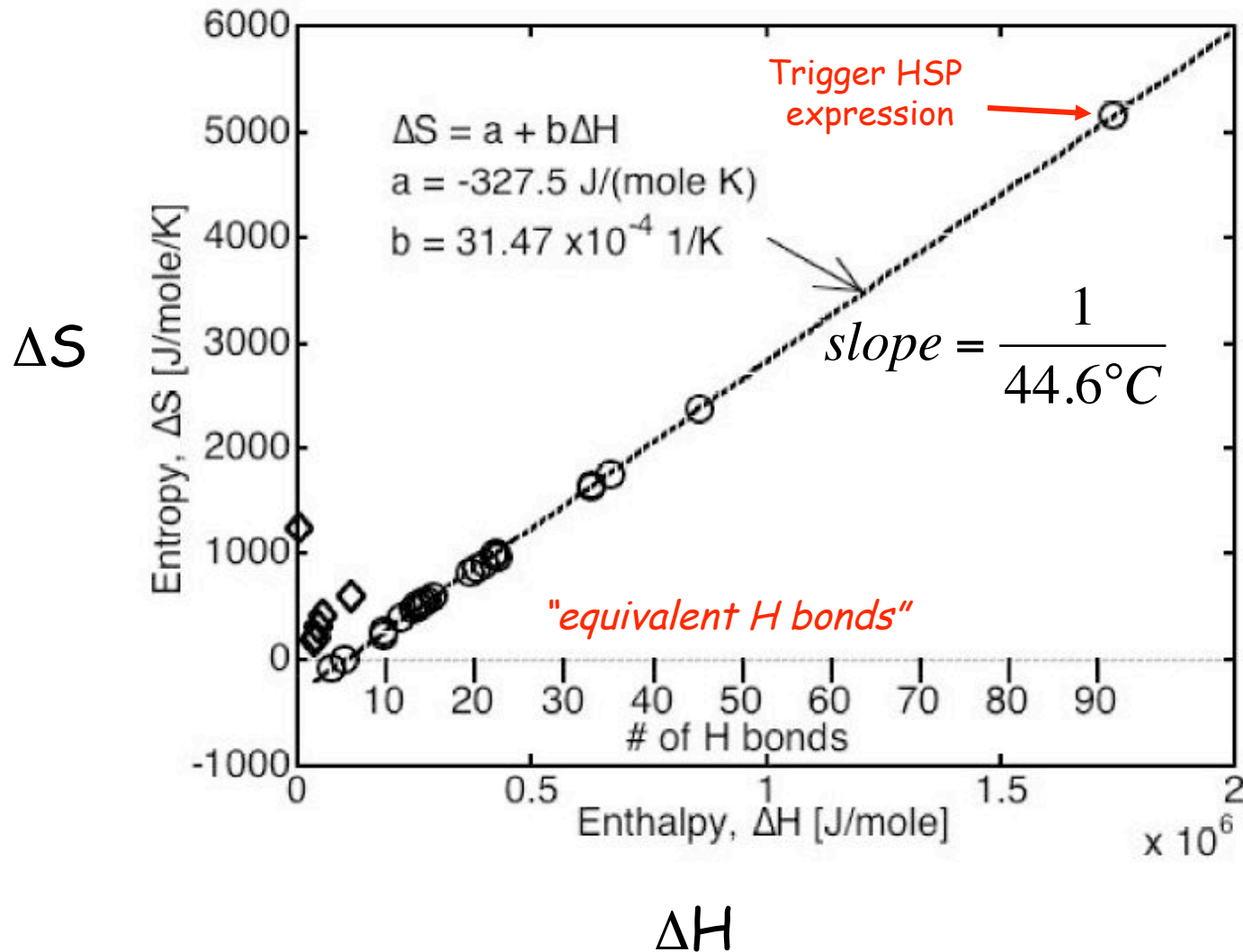
SL Jacques, *J. Biomed. Optics* 11(4):041108, 2006



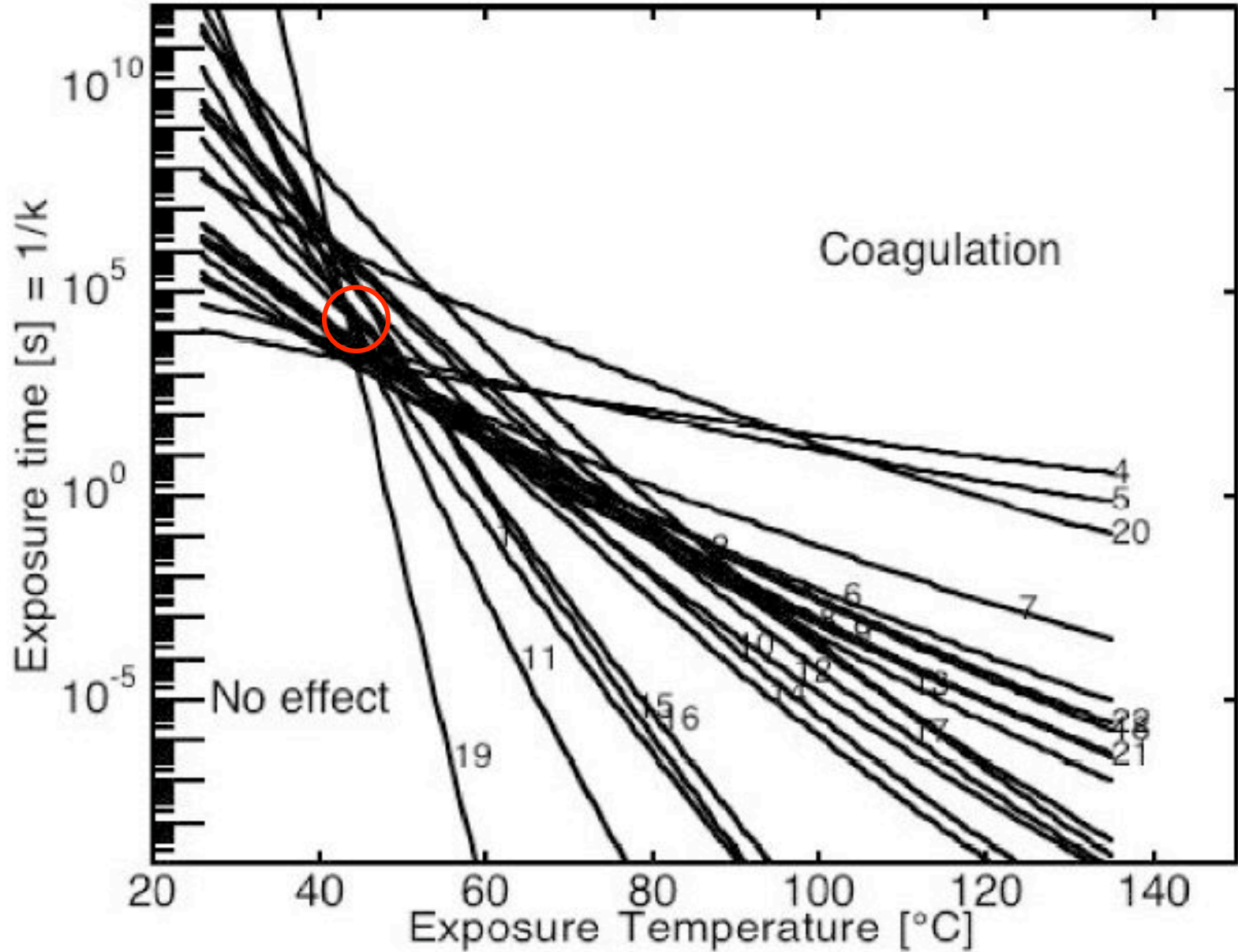
Thermal damage

Literature review

SL Jacques, *J. Biomed. Optics* 11(4):041108, 2006



Thermal damage

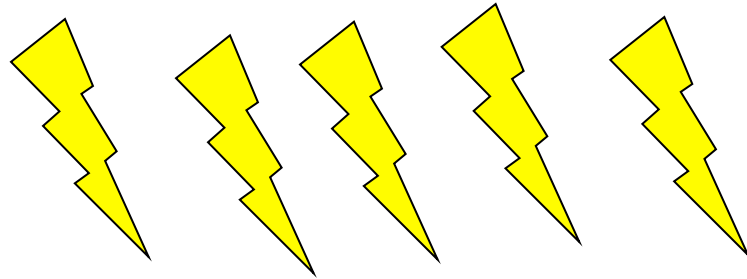


Thermal damage

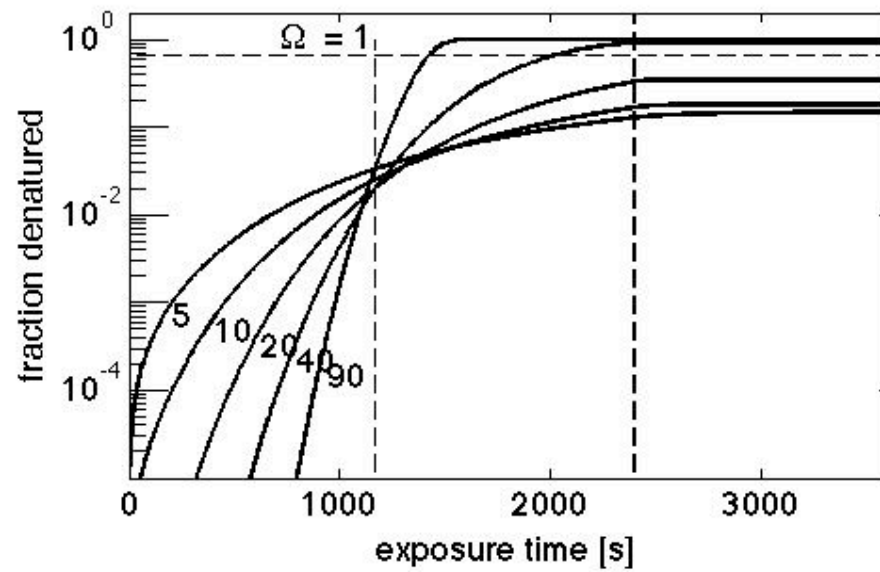
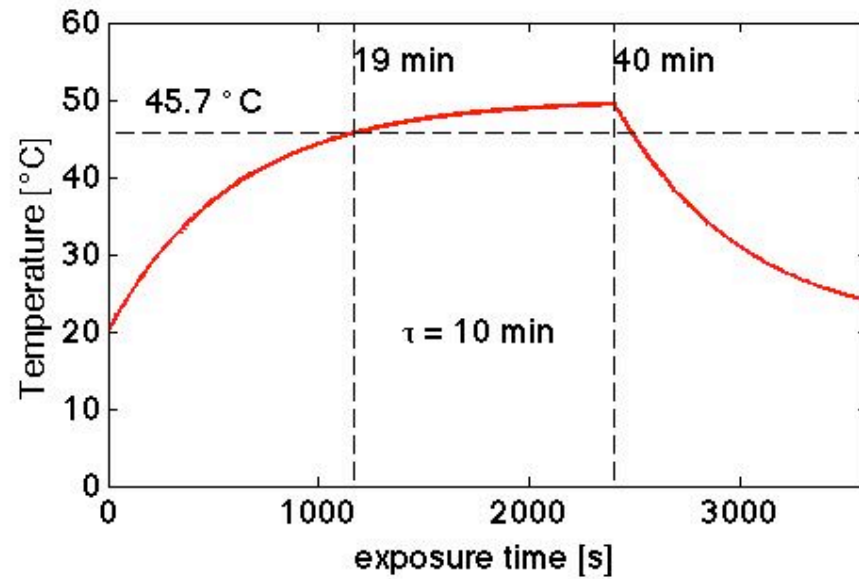
$$N(t) = N(0)e^{-\Omega}$$

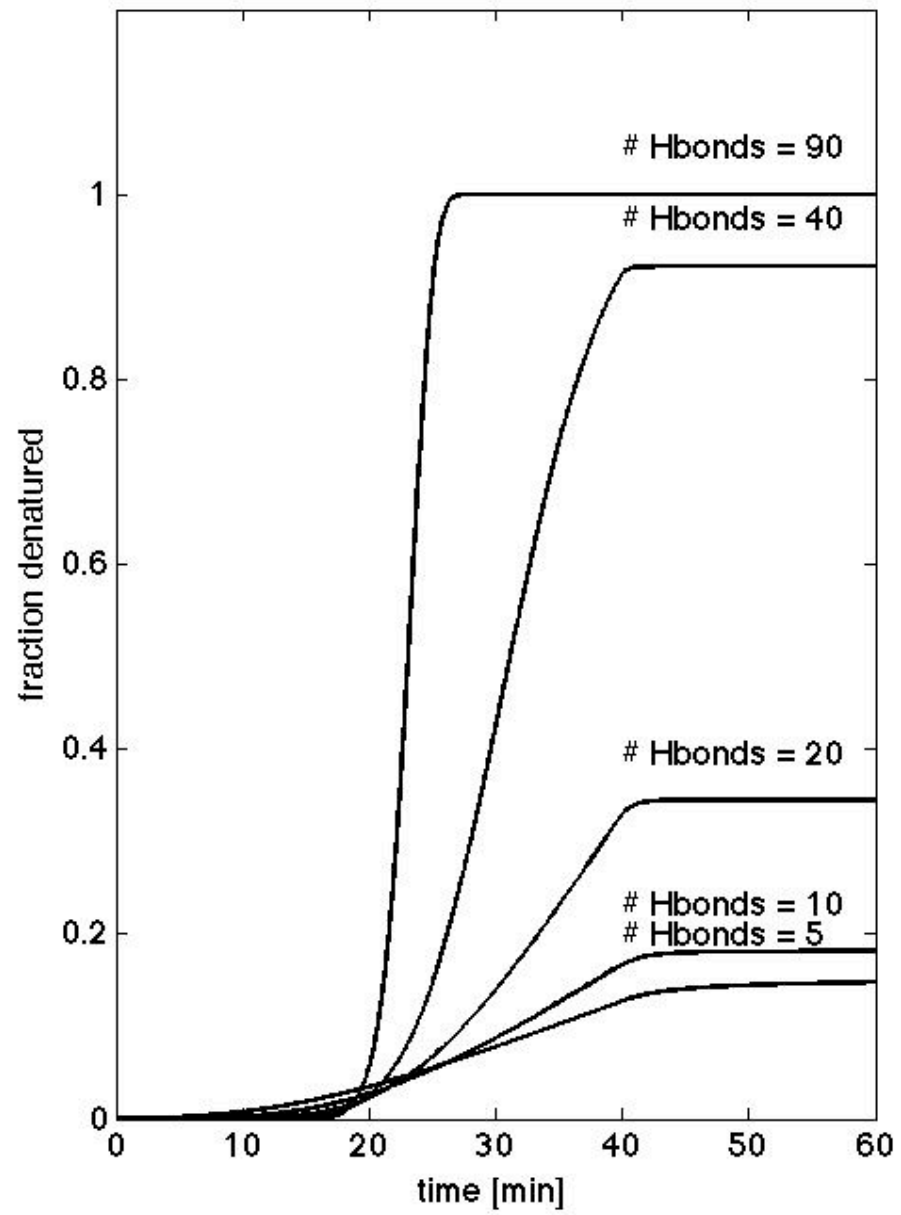
$$\Omega = \int_0^t k(T(t))dt$$

Solar heating $\approx 100 \text{ mW/cm}^2$

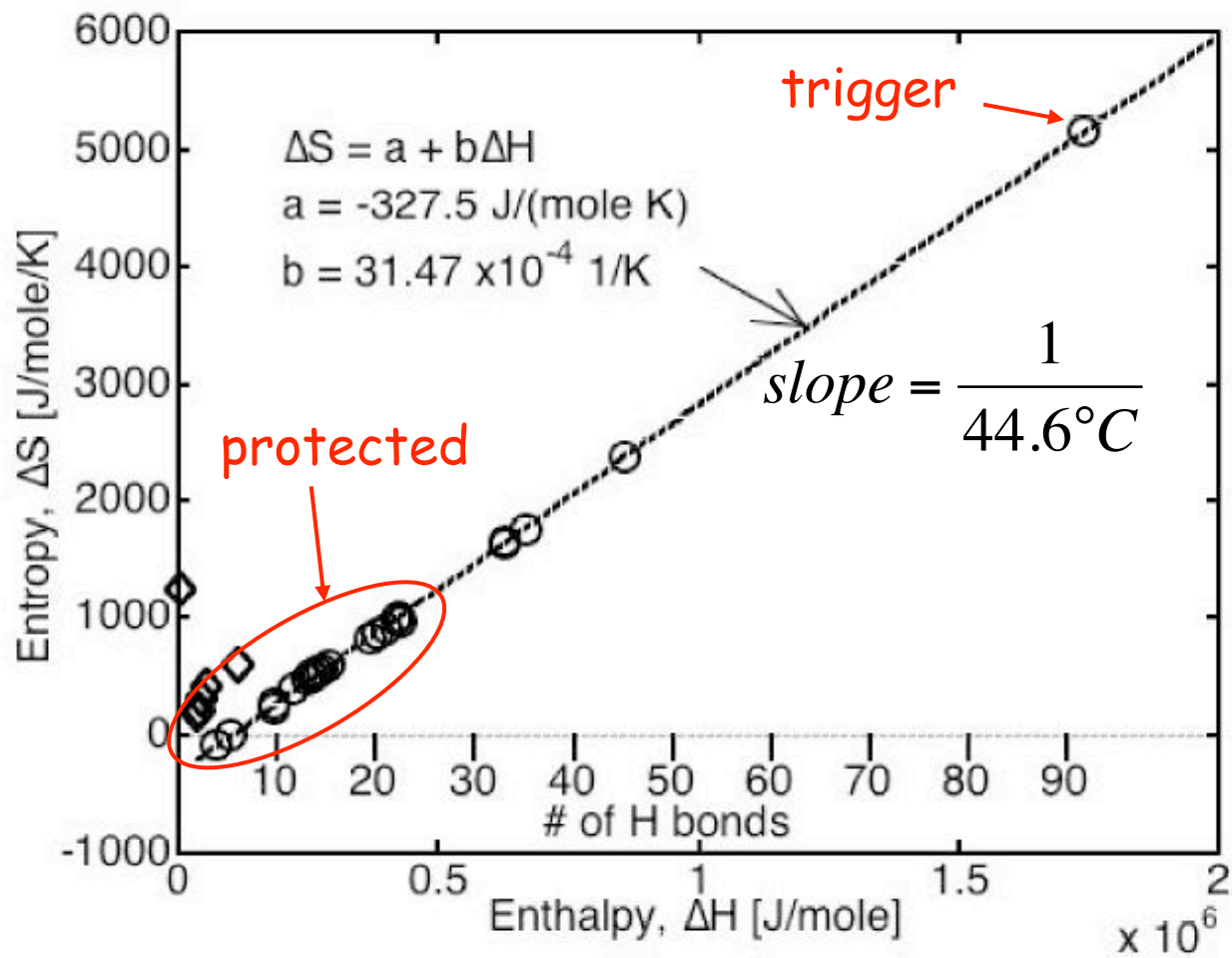


$100 \text{ cm}^2 \times 1 \text{ cm} =$
1 liter





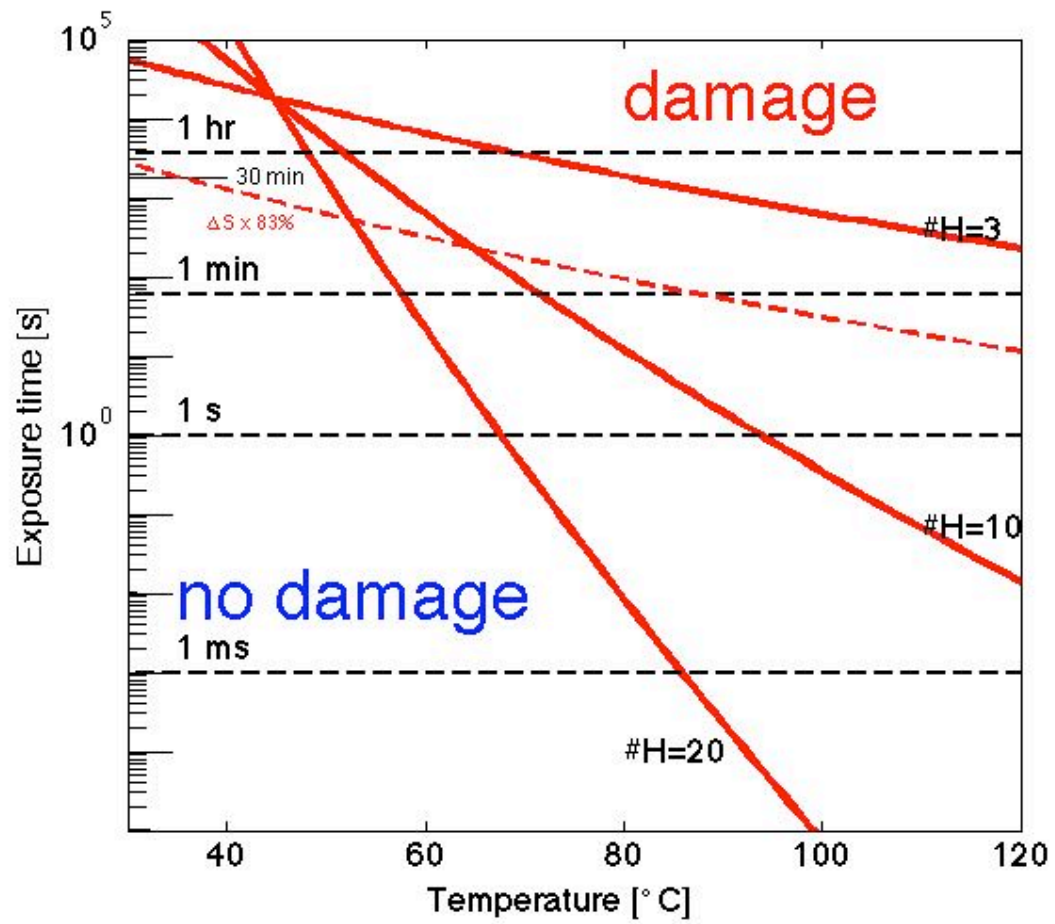
ΔS

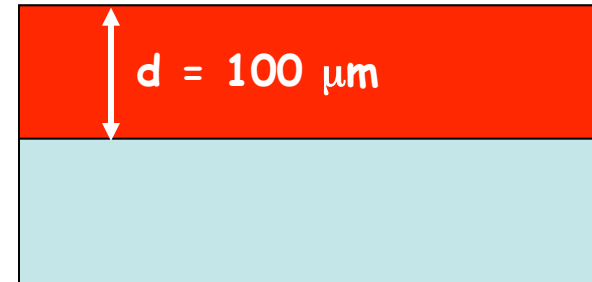
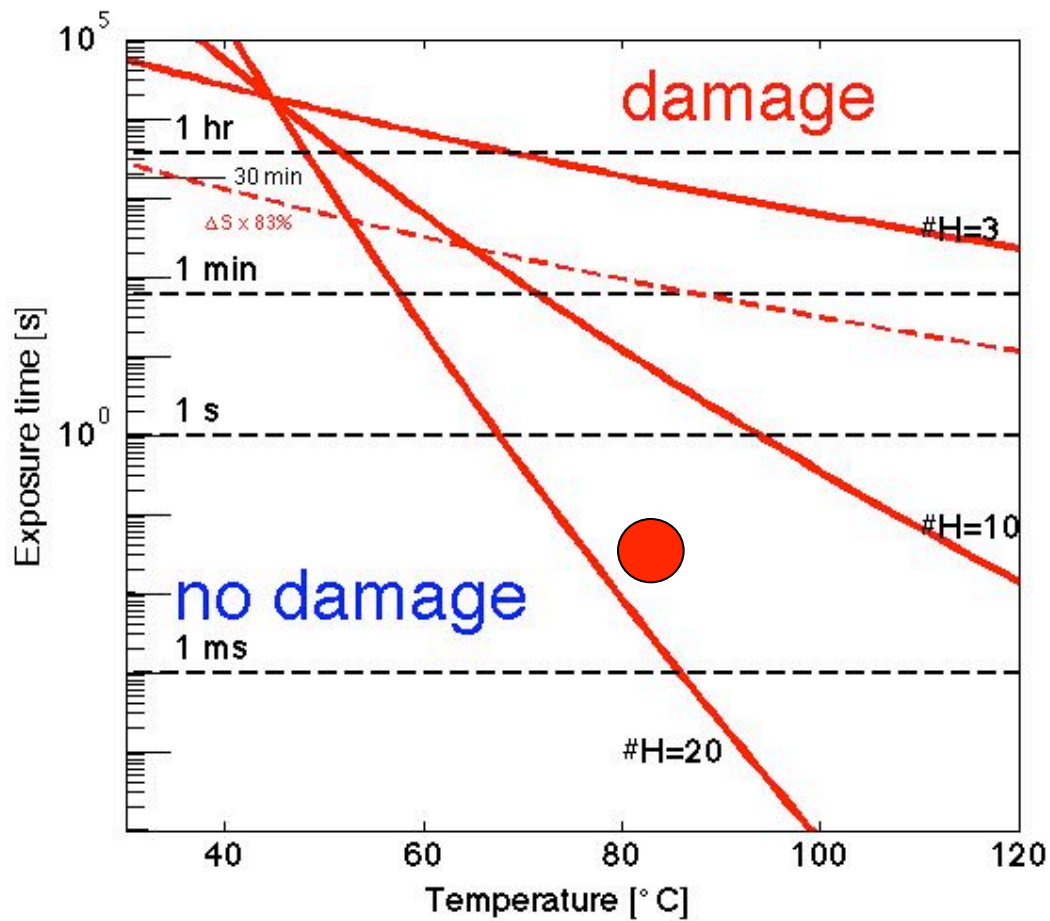


ΔH

...so how does this understanding of thermal injury impact the design of therapeutic protocols?

Time vs Temperature





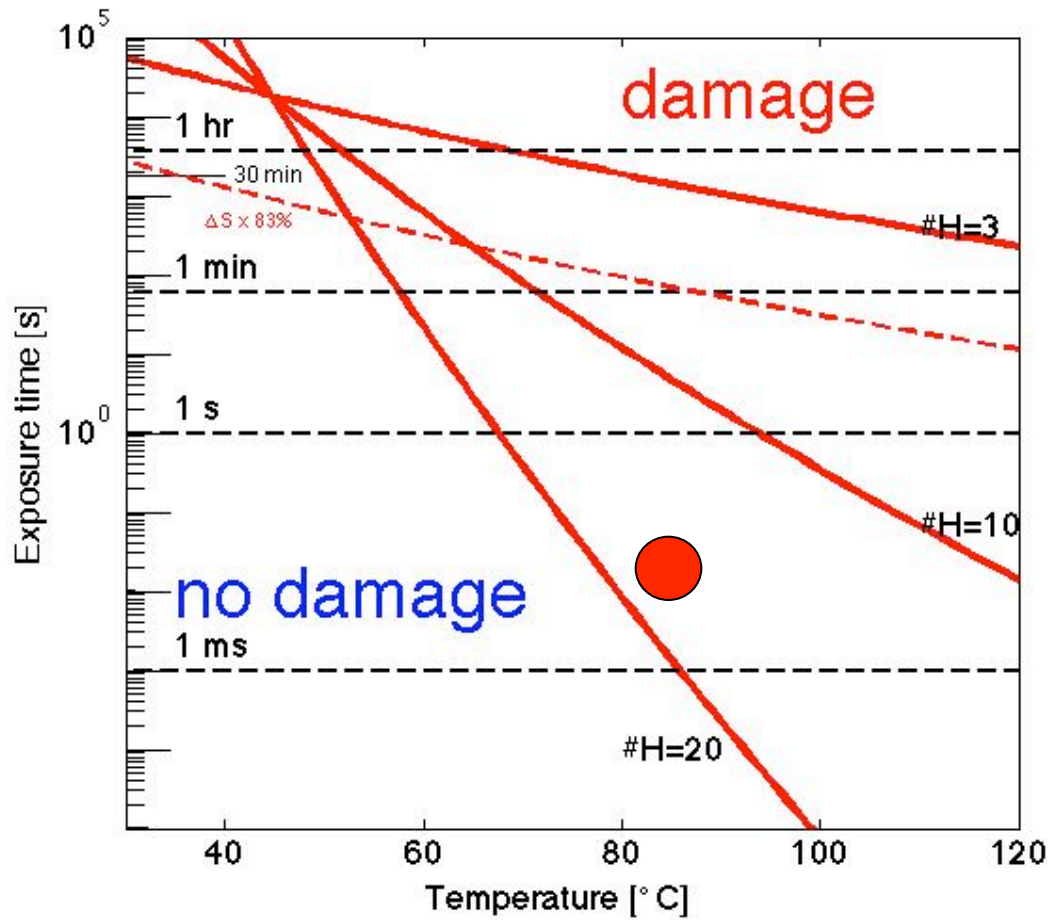
$$t_{relax} = \frac{(2d)^2}{4\alpha}$$

where

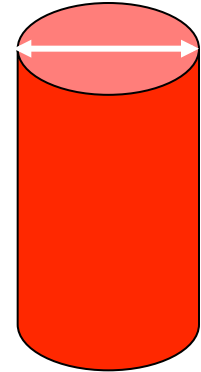
$$d = 100 \mu\text{m}$$

$$\alpha = 1.3 \times 10^{-3} \text{ cm}^2/\text{s}$$

$$t_{relax} = 77 \text{ ms}$$



$$d = 100 \mu\text{m}$$



$$t_{relax} = \frac{d^2}{4\alpha}$$

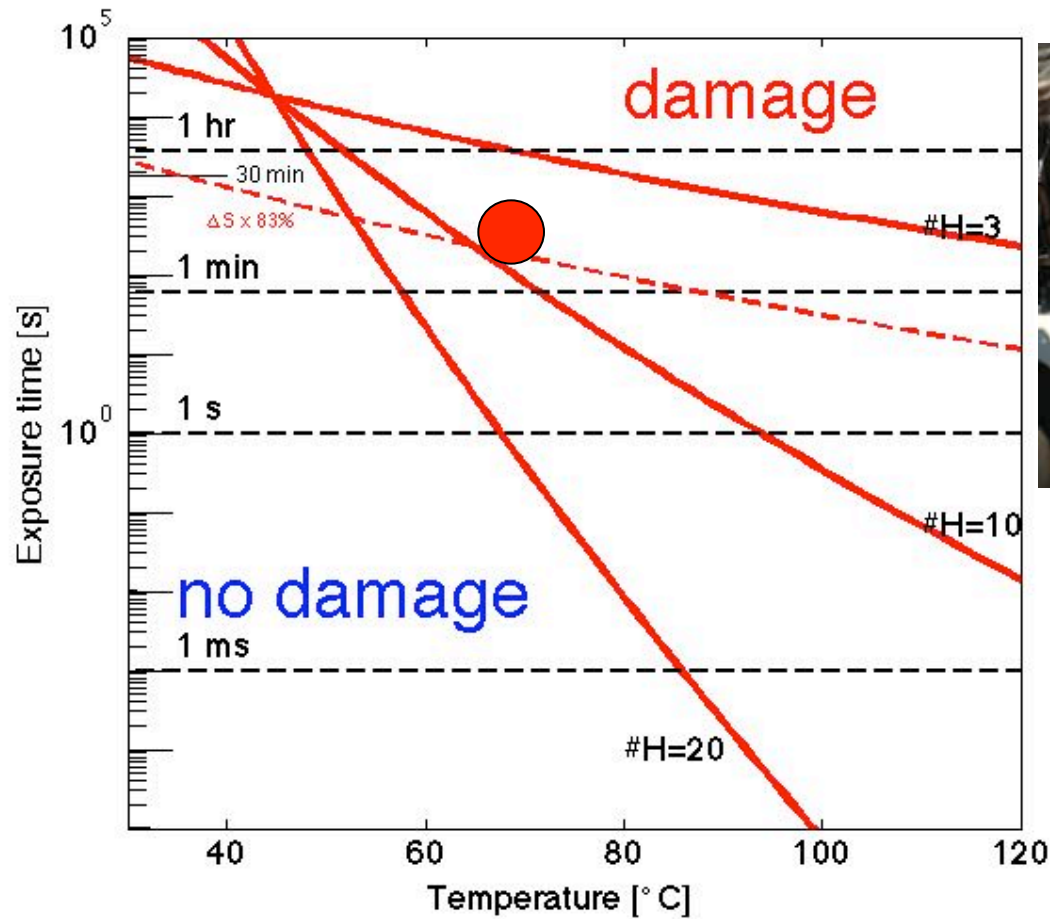
where

$$d = 100 \mu\text{m}$$

$$\alpha = 1.3 \times 10^{-3} \text{ cm}^2/\text{s}$$

$$t_{relax} = 19 \text{ ms}$$

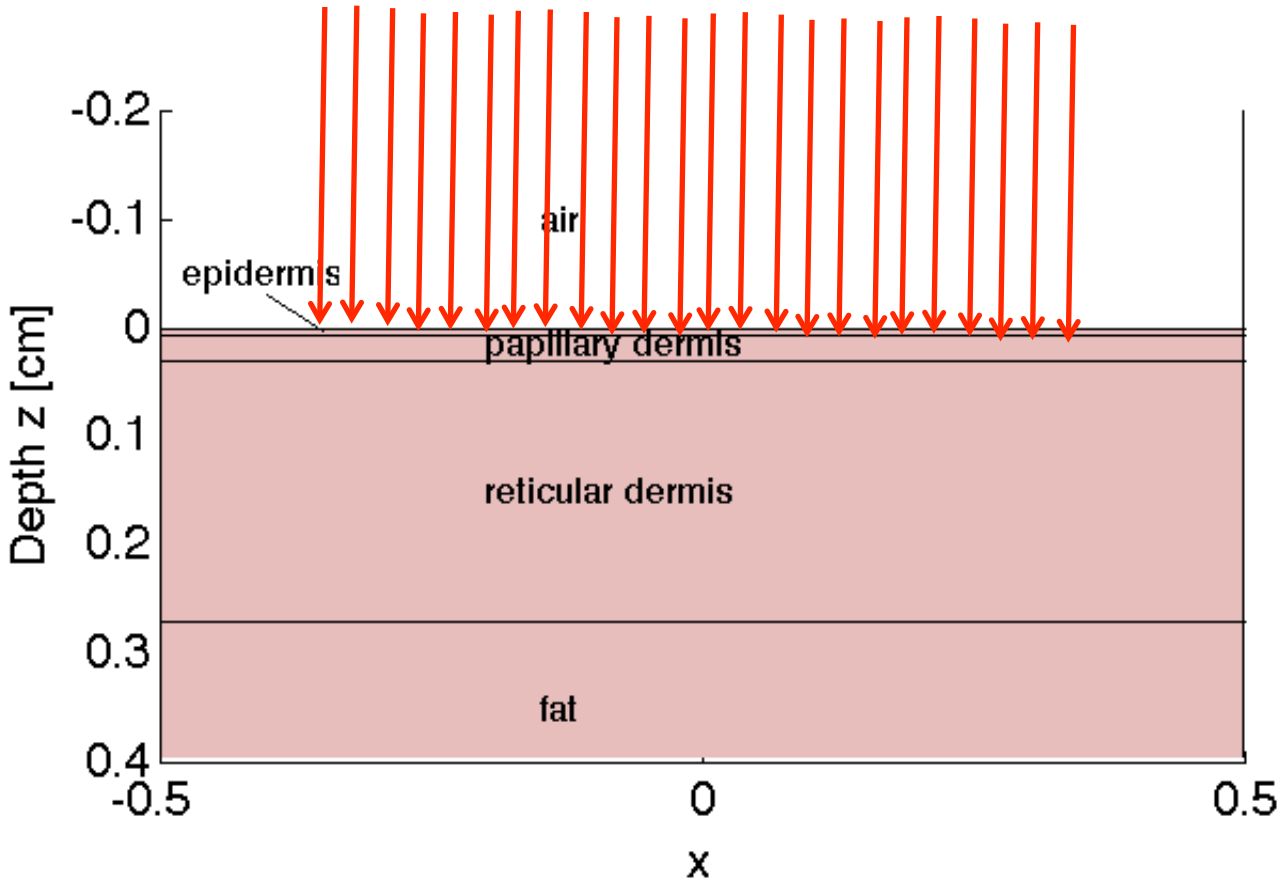
Oral melanoma in veterinary care



Oral melanoma in dog

Use diode laser at low power over several minutes to slowly heat, allowing thermal diffusion to bring heat to deeper layers, avoid overheating and vaporizing surface

matlab example



Laser-Tissue Interactions

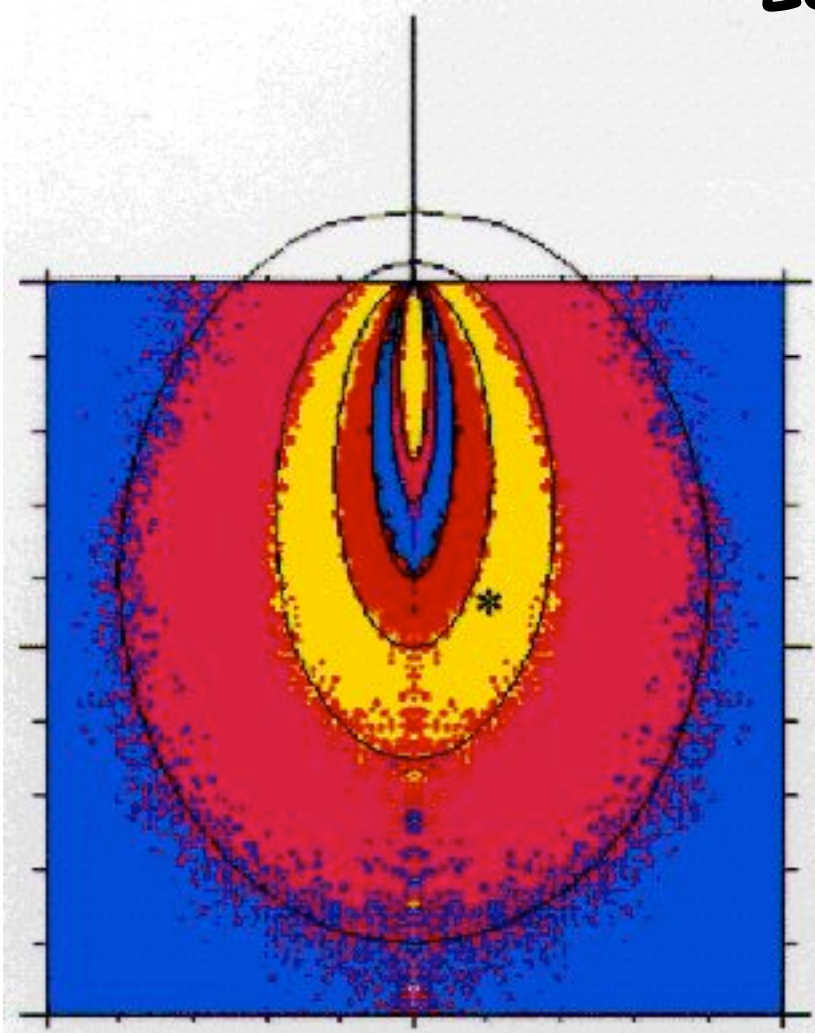
Steven L. Jacques

jacquess@ohsu.edu

<http://omlc.ogi.edu>

Depts. of Biomedical Engineering
and Dermatology

Oregon Health & Science University,
Portland OR, USA

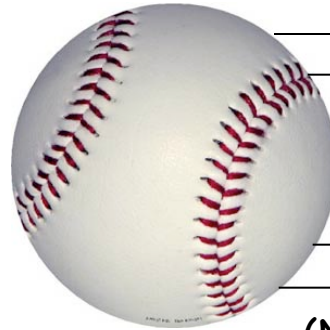


1. Introduction
2. Photochemical
3. Photothermal
4. **Photomechanical**

The physics of laser-induced concussive insult to peripheral nerves



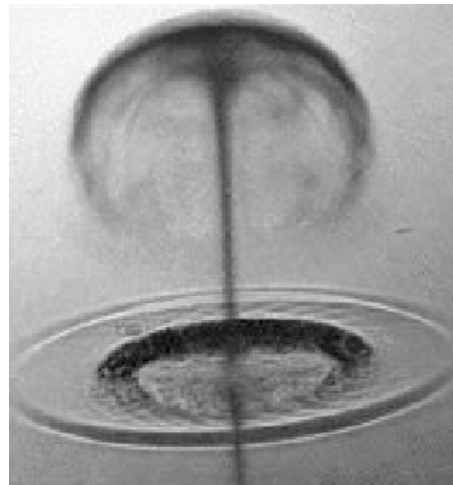
Consider a 100 mph baseball thrown by a pitcher...



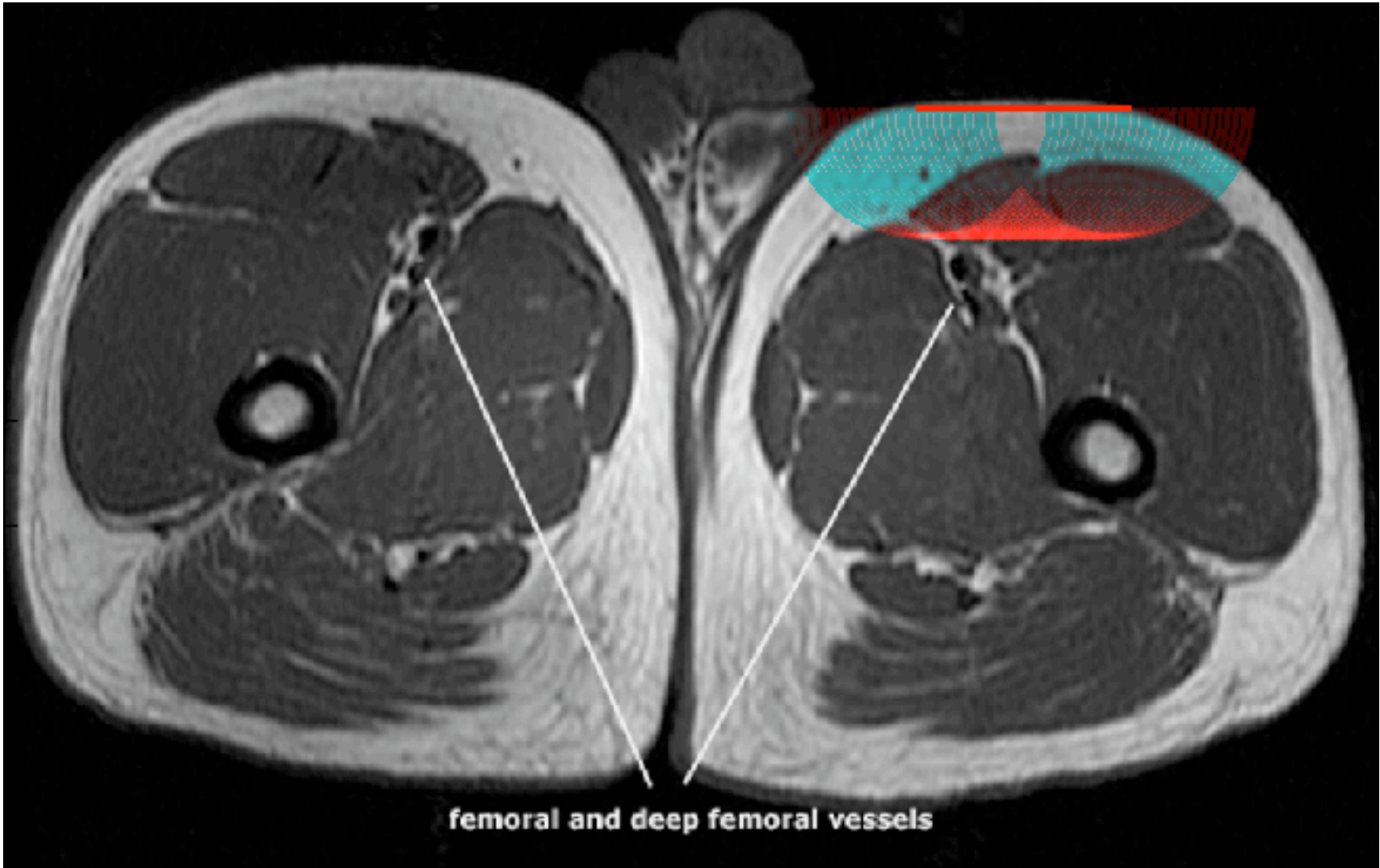
100 mph

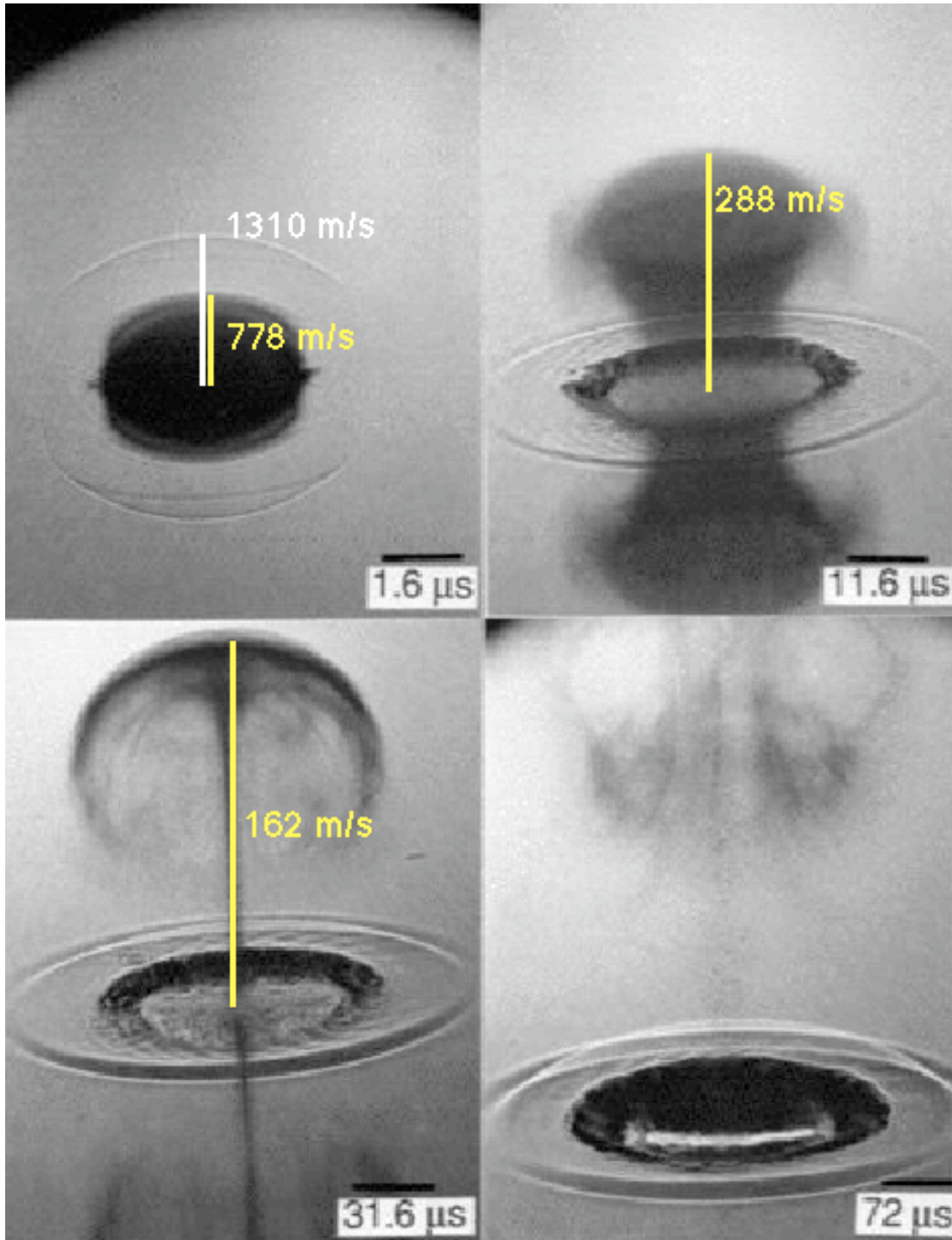
(Note: typical fastballs are 50 mph, but the fastest balls clocked are about 100 mph.)

Consider the recoil momentum due to pulse laser ablation of tissue...









Consider the recoil momentum due to pulse laser ablation of tissue.

A small scale example:

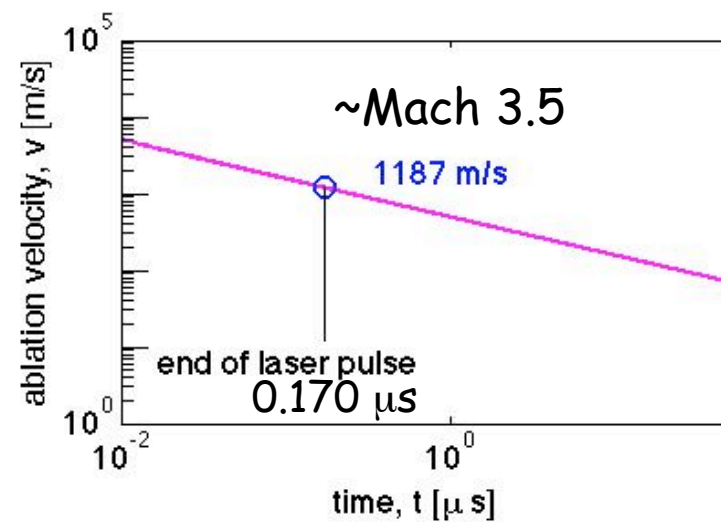
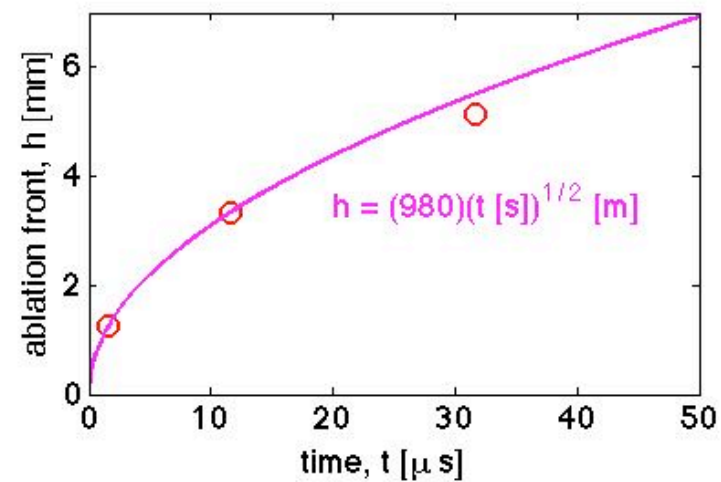
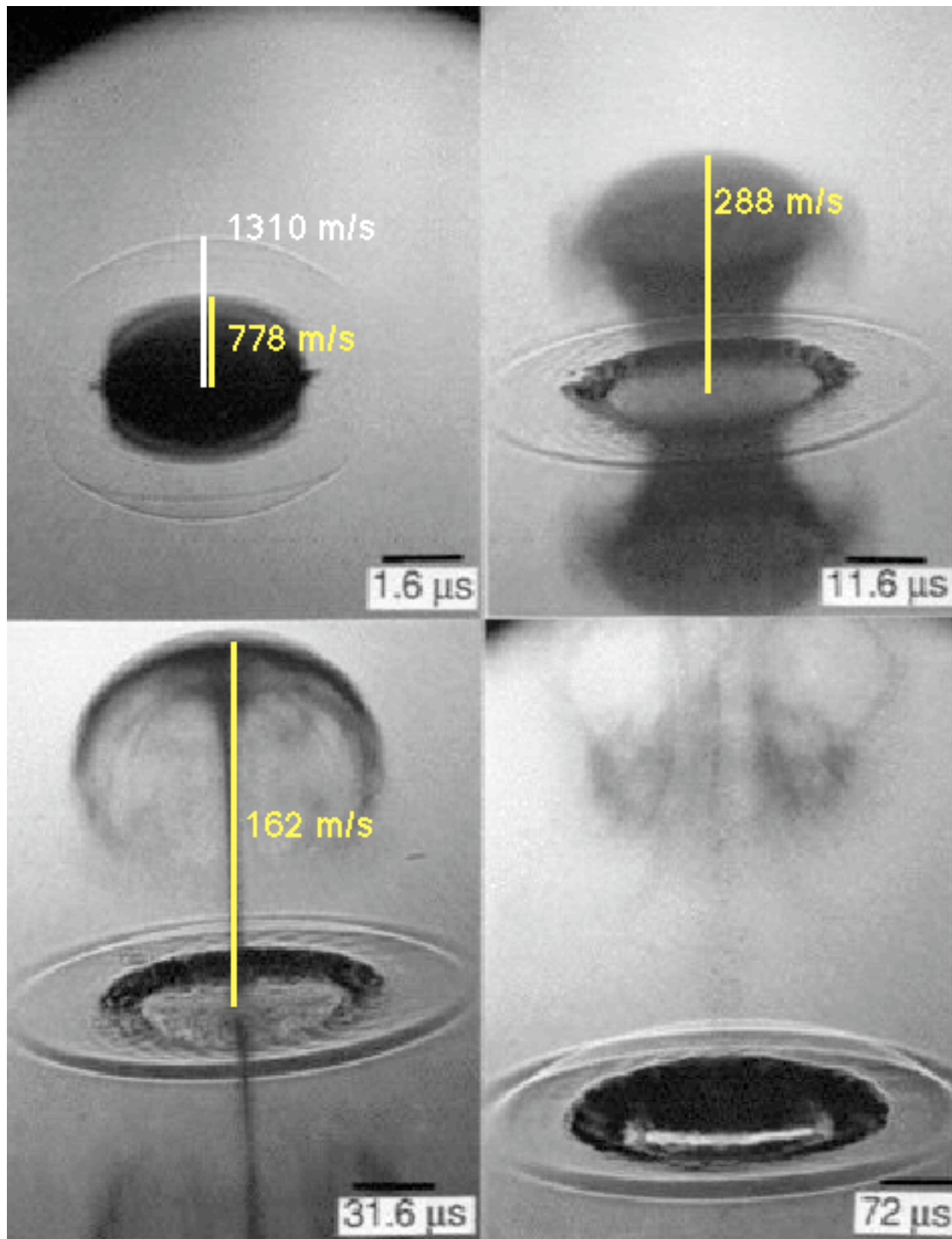
ErYAG laser ablation of water:

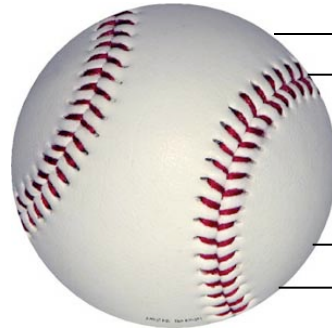
2.94 μm wavelength

25 mJ pulse energy

170 ns pulse duration

3.1 mm $1/e^2$ diameter for Gaussian beam





100 mph

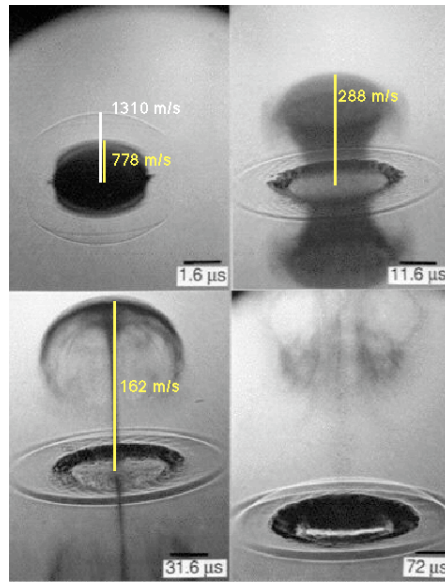
Consider a 100 mph baseball thrown by a pitcher:

The velocity is $(100 \text{ mph})(1720 \text{ m/mile})/(3600 \text{ s/hr}) = 48 \text{ m/s}$.

The mass of a baseball is 142.5 g (a standard Wilson™ baseball)

The momentum is $(0.1425 \text{ kg})(48 \text{ m/s}) = 6.8 \text{ [kg m/s]}$.

A baseball has a 9 inch (7.29 cm) diameter.



Consider the laser experiment:

The velocity of the ejected water ~ 1187 m/s, or Mach 3.5.

If the mass removal is 5.73 g,

$$(0.00573 \text{ kg})(1187 \text{ m/s}) = \mathbf{6.8 \text{ [kg m/s]}}$$

5.73 g of mass corresponds to $\mathbf{729 \text{ } \mu\text{m}}$ over a 10-cm-dia. circular area.

Scale the problem

Momentum of 100-mph baseball

$$6.8 \text{ [kg m/s]}$$

$$78.5 \text{ cm}^2$$

Area of 10-cm-dia. laser spot

Momentum per unit area

$$= 0.087 \text{ [(kg m/s)/cm}^2\text{]}$$

**Steady-state
model**

vs

Blow-off model



Steady-state model

Water explosively vaporizes away from surface during *long pulse* from laser

$$m = \rho \frac{U_p}{Q_{th}}$$

where

- | | | |
|----------|---|---|
| m | = | mass of tissue removed [g] |
| U_p | = | energy of laser pulse [J], $U_p = E t$,
E = irradiance [W/cm^2]
t = time of exposure [s] |
| ρ | = | density of tissue [g/cm^3] |
| Q_{th} | = | threshold energy density for ablation [J/cm^3] |

Steady-state model



Water explosively vaporizes away from surface during *long pulse* from laser

$$m = \rho \frac{U_p}{Q_{th}}$$

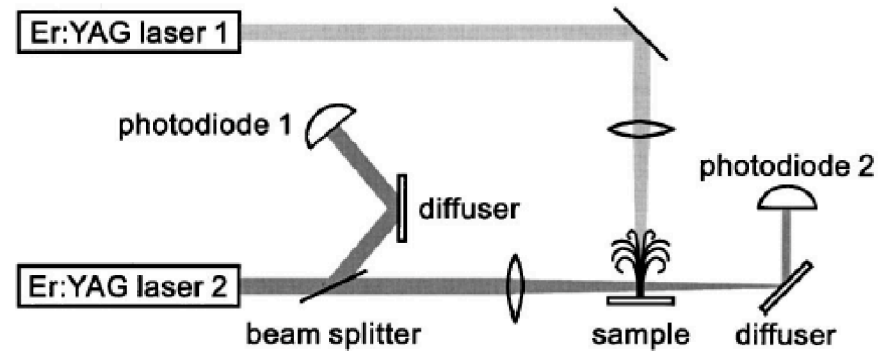
where

- m = mass of tissue removed [g]
- U_p = energy of laser pulse [J], $U_p = E t$,
 E = irradiance [W/cm^2]
 t = time of exposure [s]
- ρ = density of tissue [g/cm^3]
- Q_{th} = threshold energy density for ablation [J/cm^3]

Steady-state model

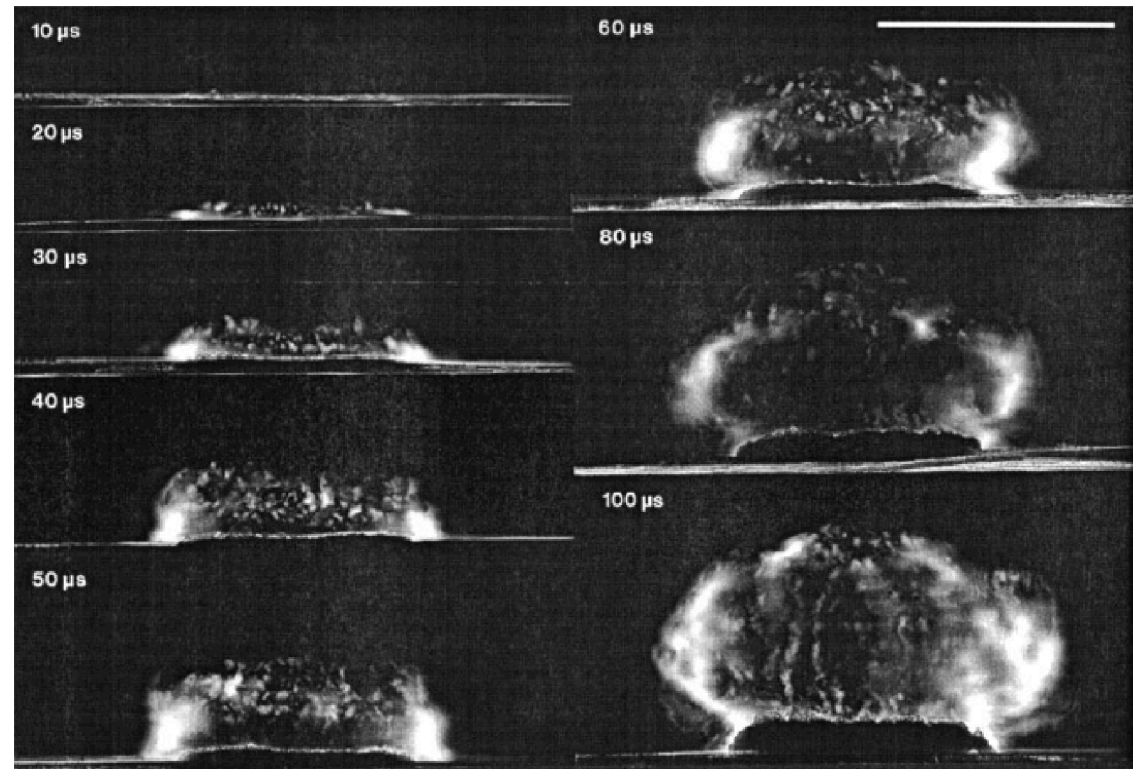
100 μs laser pulse

Nahen and Vogel (2002)



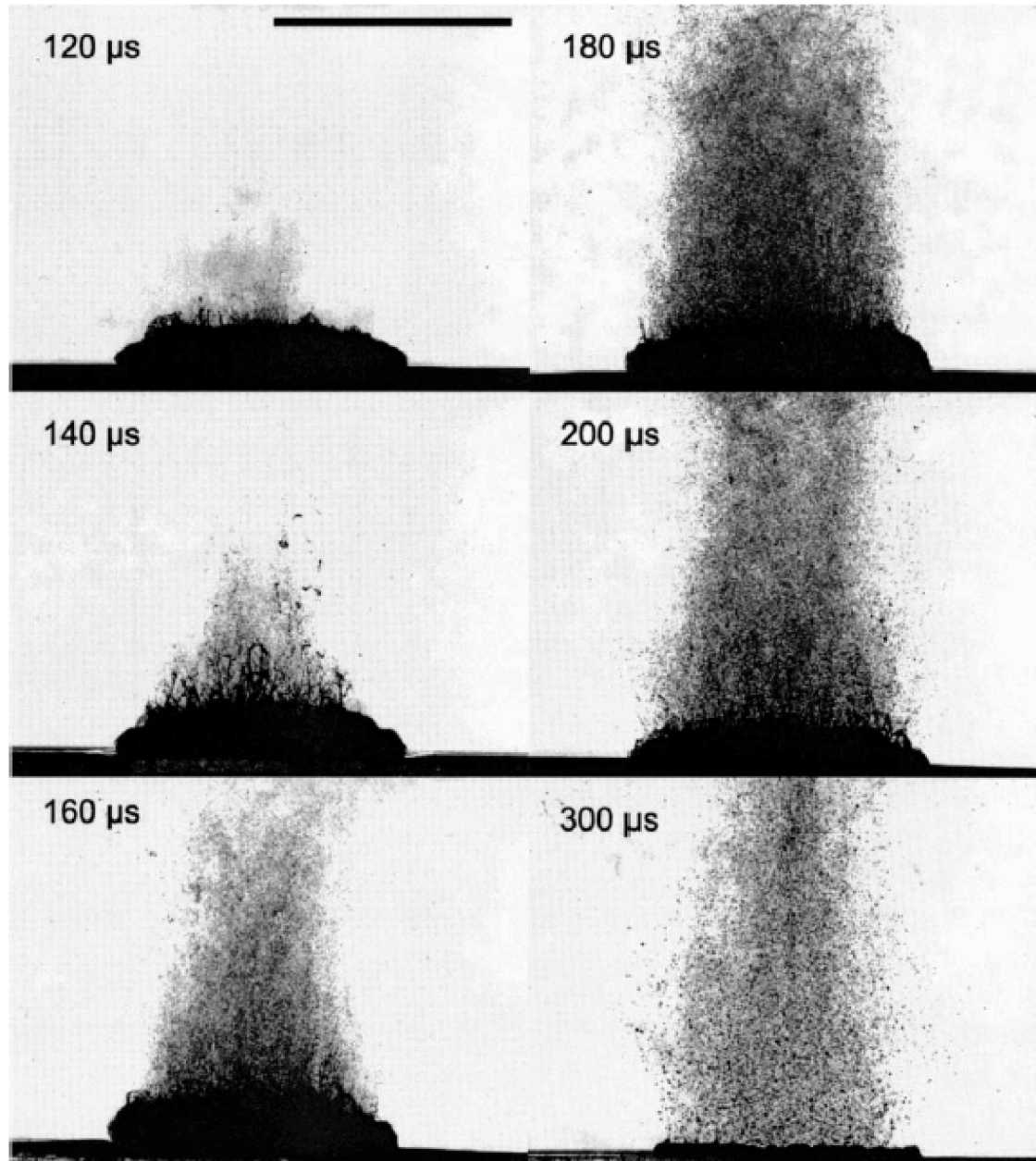
Four samples were tested:

1. 30% gelatin (70% water content)
2. 10% gelatin (90% water content)
3. water
4. skin



Steady-state model

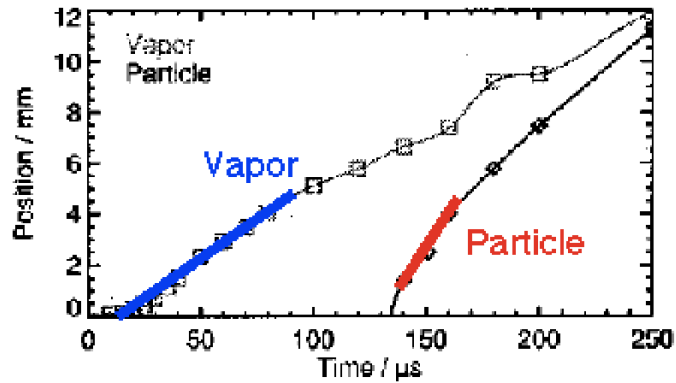
Nahen and Vogel (2002)



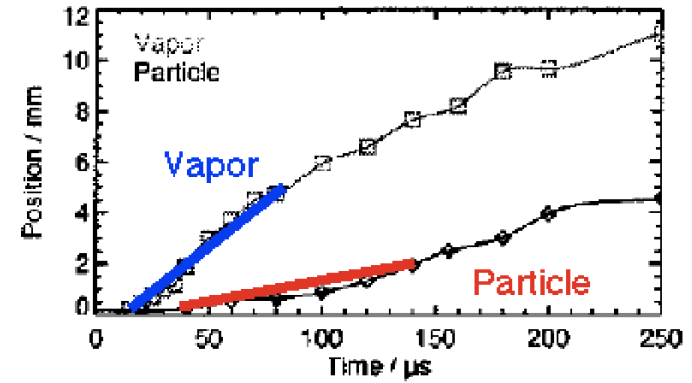
Steady-state model

Nahen and Vogel (2002)

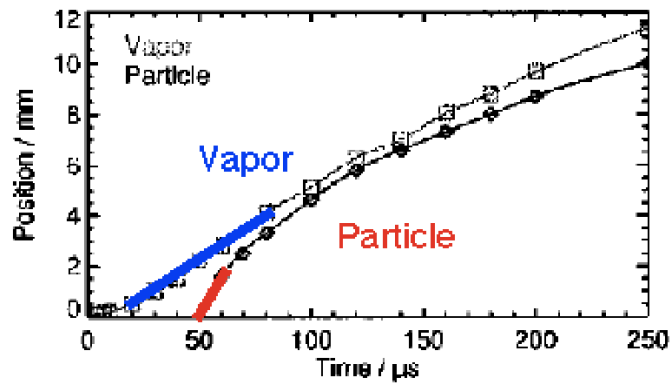
(a) Gelatin with 70 % water content



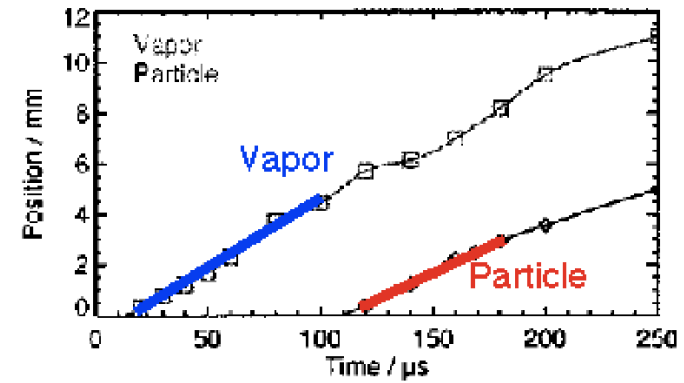
(b) Gelatin with 90 % water content



(c) Water



(d) Skin



Steady-state model

based on data of Nahen and Vogel (2002)

Initial velocities during long-pulse laser ablation (200- μ s Er:YAG laser), determined as the slope of the blue and red lines in previous figure.

<u>sample</u>	<u>vapor</u>	<u>particle</u>
30% gelatin	62 m/s	135 m/s
10% gelatin	71 m/s	16 m/s
water	58 m/s	143 m/s
skin	55 m/s	42 m/s

These velocities are roughly 10- to 100-fold lower than needed to achieve the *density of momentum* required for a **Concussive Insult**.

Steady-state
model

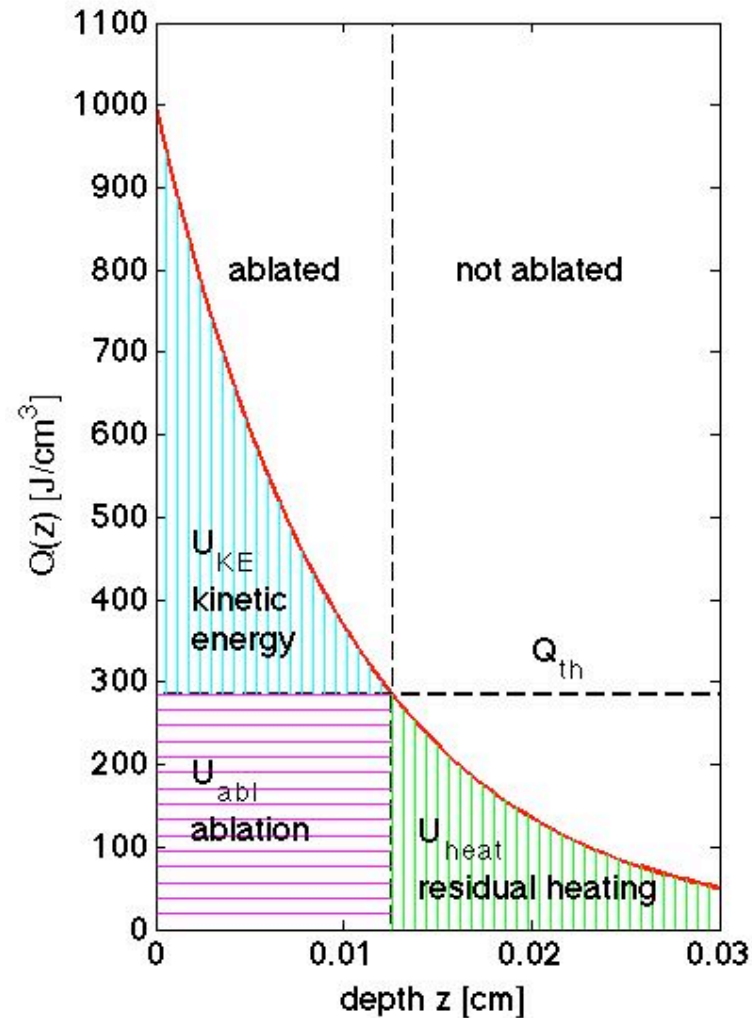
vs

Blow-off model

Blow-off model

$$Q_{th} = \mu_a H_o e^{-\mu_a z_{abl}}$$

Energy
deposition
 $Q(z)$
 J/cm^3



Depth in tissue, z [cm]

$$U_{KE} = U_p - U_{abl} - U_{heat}$$

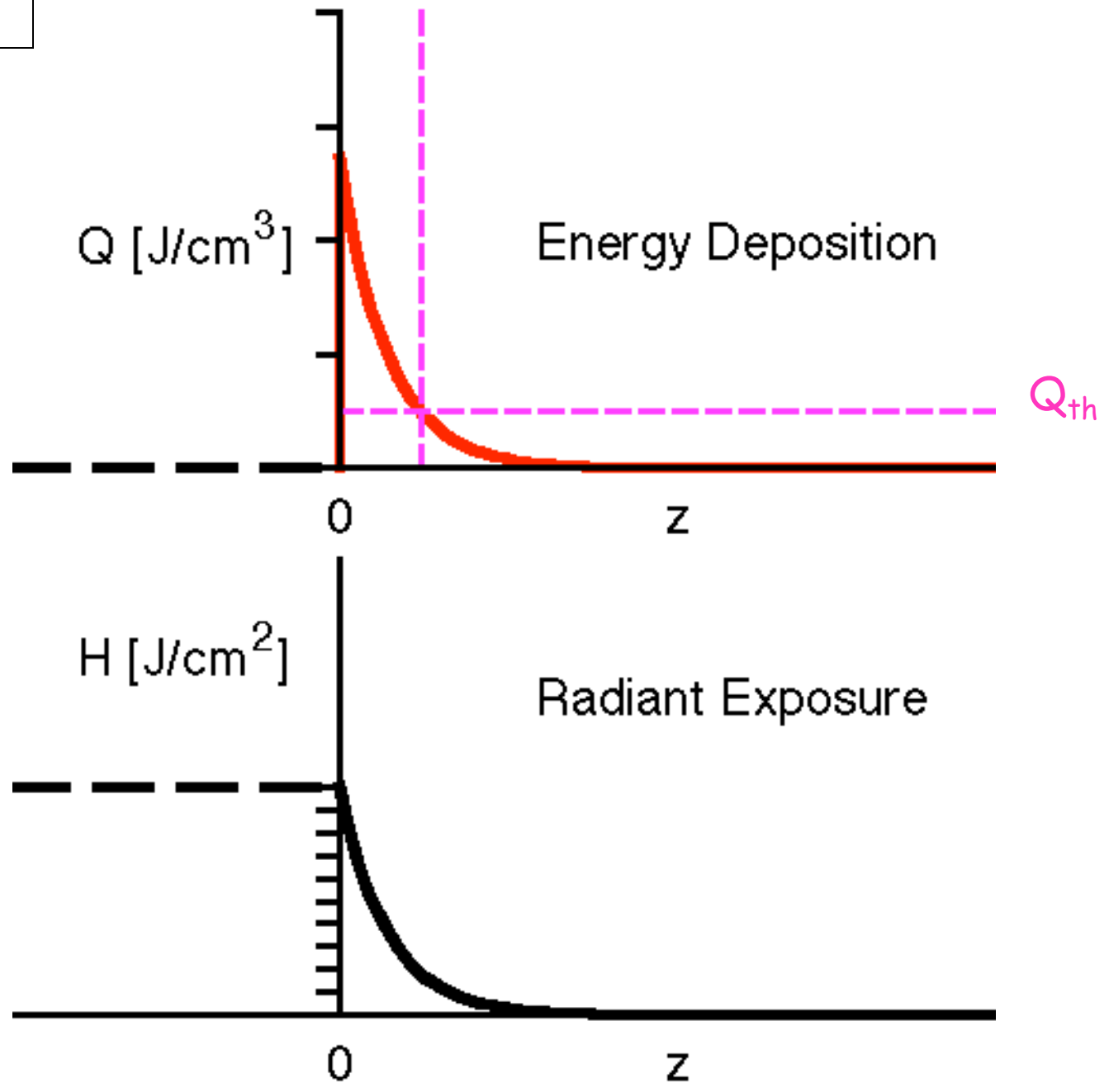
$$U_{abl} = Q_{th} z_{abl}$$

$$U_{heat} = \frac{Q_{th}}{m_{a,eff}}$$

Blow-off model

$$Q_{th} = \mu_a H_o e^{-\mu_a z_{abl}}$$

$$Q = \mu_a H$$



Thermal confinement:

Laser deposits faster than heat can diffuse away

$$t = \frac{d^2}{4\alpha} = \frac{1}{4\alpha\mu_a^2}$$

Stress confinement:

Laser deposits faster than pressure can propagate away

$$t = \frac{d}{c_s} = \frac{1}{c_s\mu_a}$$

The *mechanism of ablation* underlying Q_{th} :

1. Explosive vaporization:

1. enthalpy of vaporization
2. spinodal decomposition
3. superheated fluid
4. explosive ejection

$\sim 300^{\circ}C$

2. Thermoelastic expansion:

1. thermoelastic expansion
2. inertia of the outward expansion
3. Overcome breaking strength of the tissue
4. ejection

$\sim 70^{\circ}C$

This mechanism was discussed by Dingus and Scammon (1991) as "spallation" and later discussed by Albagli et al. (1994) as "inertial confinement" in a review of ablation literature.

$\Delta T = 4^{\circ}C \rightarrow \Delta P = \pm 10 \text{ bar} \rightarrow$
 \rightarrow cavitation of water

$\Delta T = 28^{\circ}C \rightarrow \Delta P = \pm \sim 35 \text{ bar}$
 \rightarrow spallation of tissue

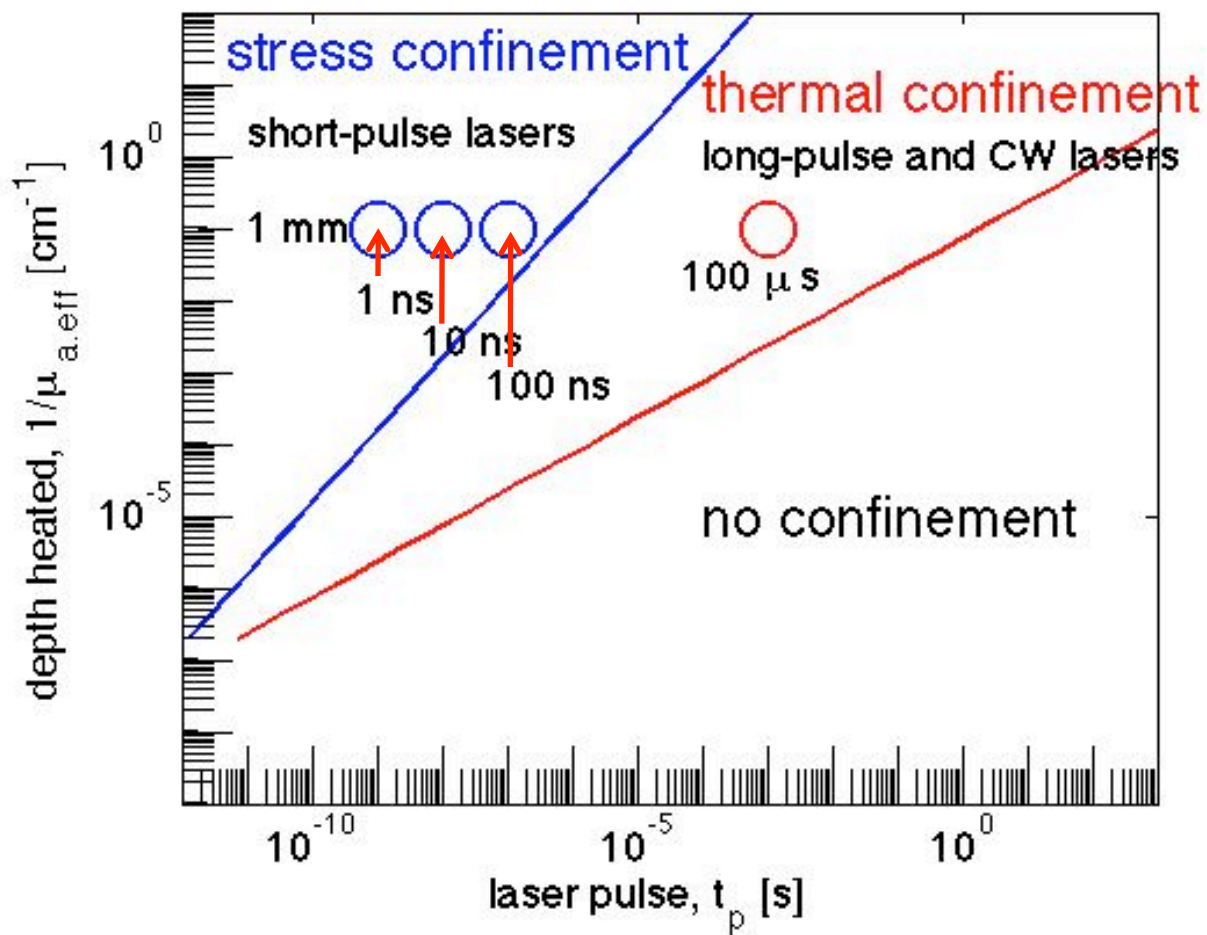
Reported threshold of ablation (Q_{th} [J/cm^3]) and equivalent temperature (T_{equiv} [$^{\circ}C$]).

<u>Laser</u>	<u>t_p</u>	<u>Q_{th}</u>	<u>T_{equiv}</u>
ArF excimer ablation of skin	14 ns	397 J/cm^3	120 $^{\circ}C$
Pulsed dye laser explosion of red blood cells	1 ms	392 J/cm^3	125 $^{\circ}C$
Albagli's review (various tissues and lasers)	short pulses	285 J/cm^3	62 $^{\circ}C$

... not 300 $^{\circ}C$!!

...supports the "spallation"
or "inertial confinement"
mechanism underlying Q_{th}

Target size



Time

etch depth

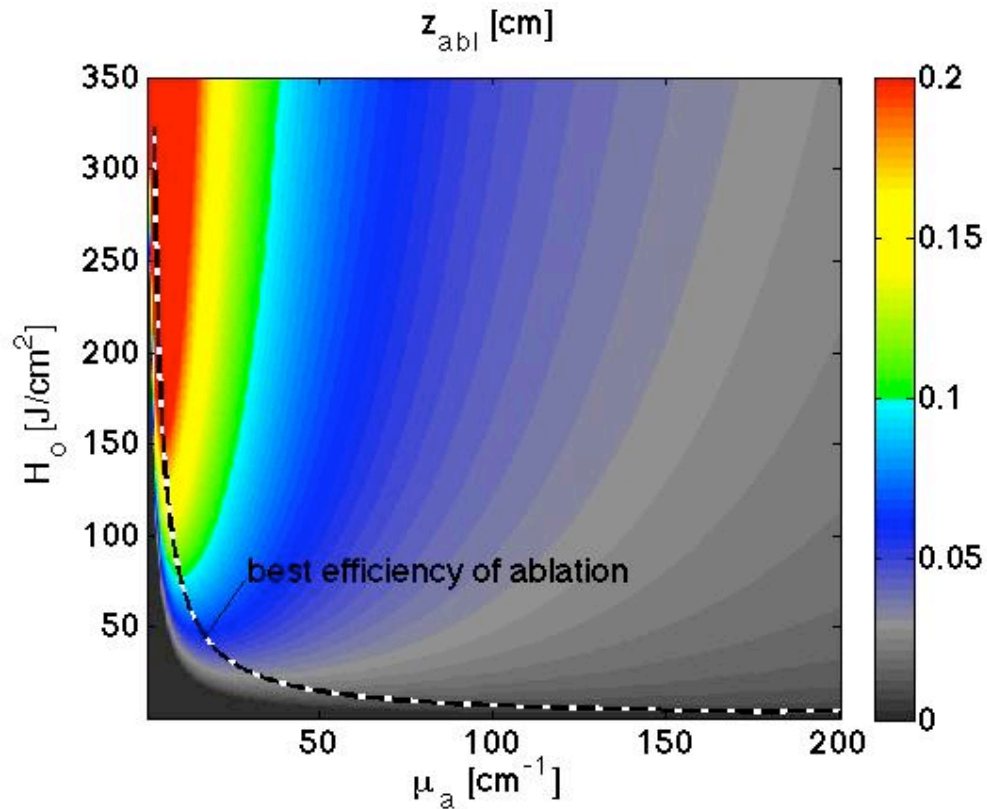
$$z_{abl} = \frac{1}{\mu_a} \log\left(\frac{\mu_a H_o}{Q_{th}}\right)$$

$$Q_{th} = \mu_a H_o e^{-\mu_a z_{abl}}$$

Radiant
exposure

H_o

J/cm^2



μ_a [cm^{-1}]

Absorption coefficient

etch depth

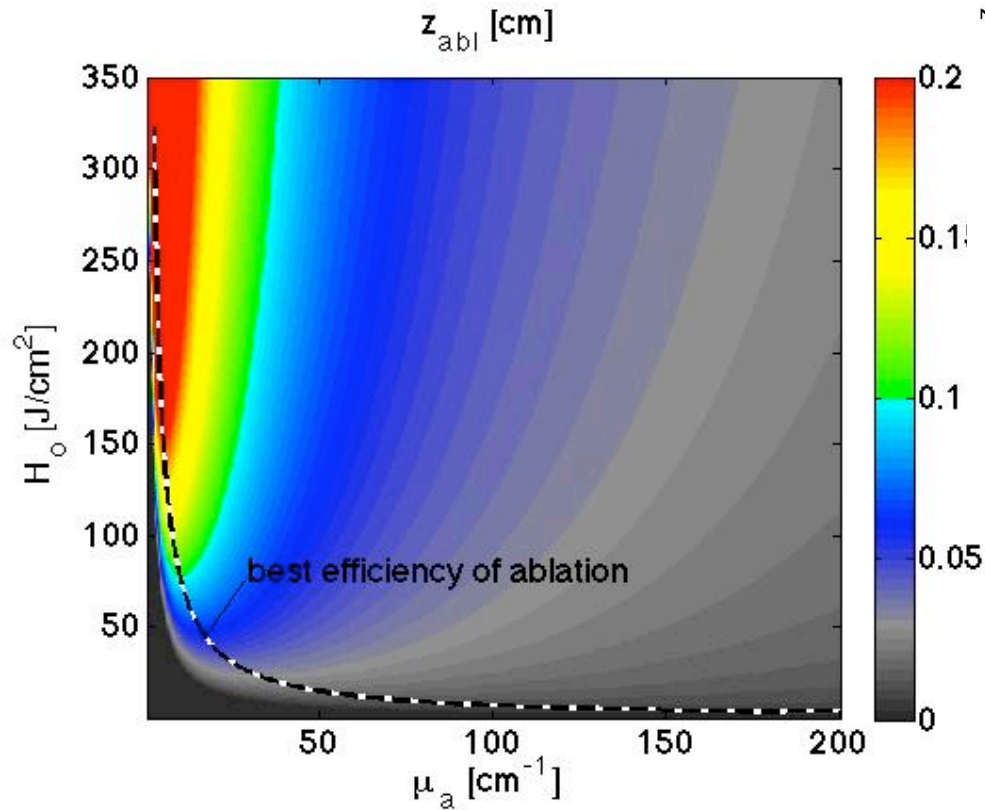
$$z_{abl} = \frac{1}{\mu_a} \log\left(\frac{\mu_a H_o}{Q_{th}}\right)$$

$$Q_{th} = \mu_a H_o e^{-\mu_a z_{abl}}$$

Radiant
exposure

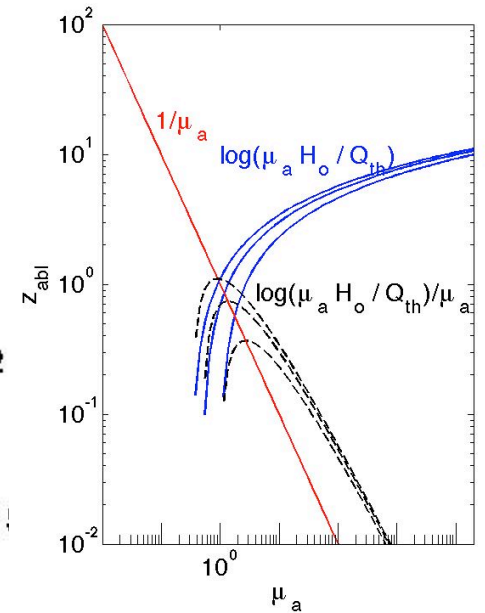
H_o

J/cm^2



μ_a [cm^{-1}]

Absorption coefficient



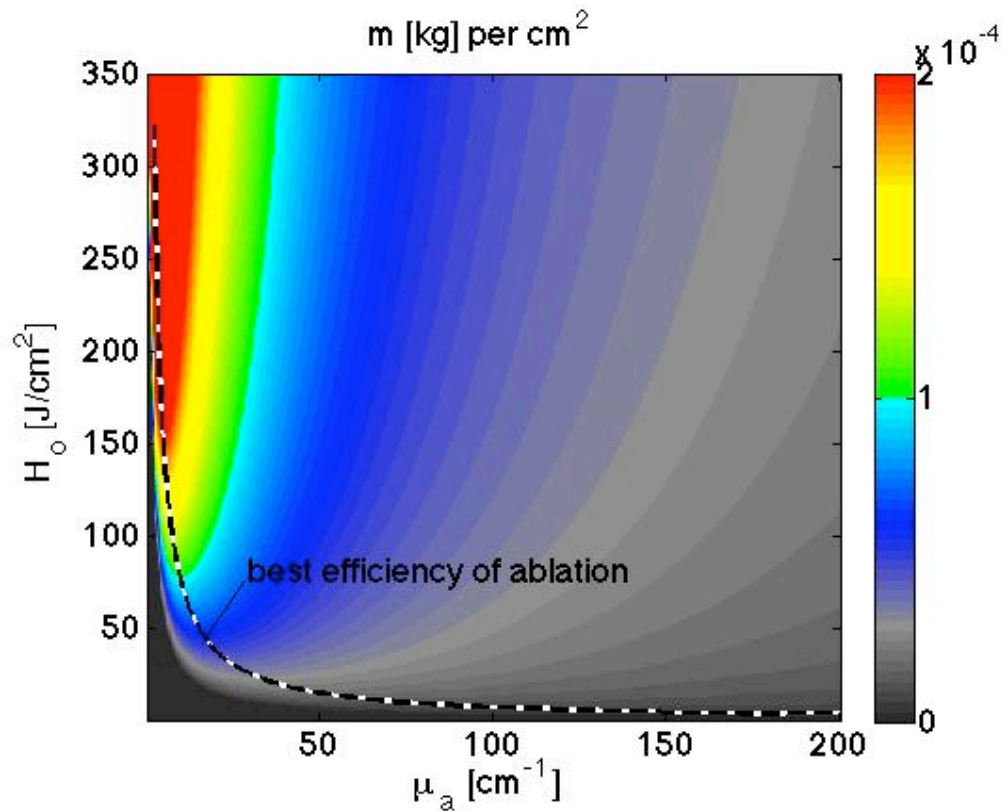
mass

$$m = \frac{\rho z_{abl}}{1000} \text{ g/kg}$$

Radiant
exposure

H_0

J/cm^2



μ_a [cm⁻¹]

Absorption coefficient

Kinetic Energy

$$U_{KE} = U_p - U_{abl} - U_{heat}$$

$$U_p = \text{laser pulse}$$

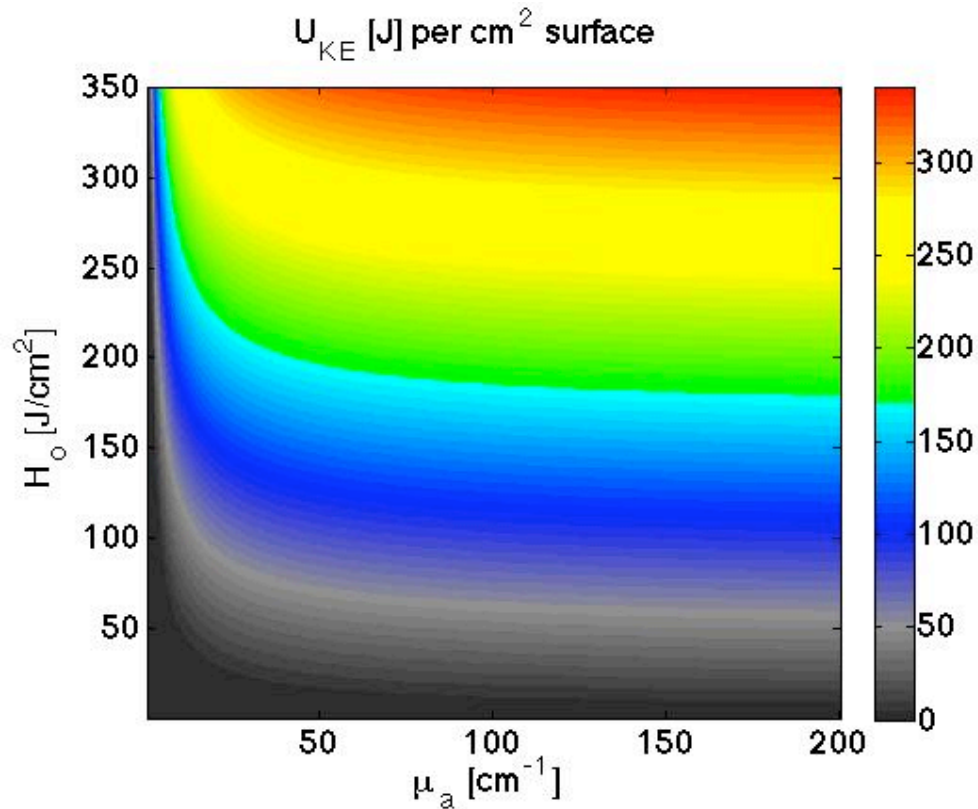
$$U_{abl} = Q_{th} z_{abl}$$

$$U_{heat} = \frac{Q_{th}}{\mu_{a,eff}}$$

Radiant
exposure

H_0

J/cm^2



μ_a [cm^{-1}]

Absorption coefficient

velocity

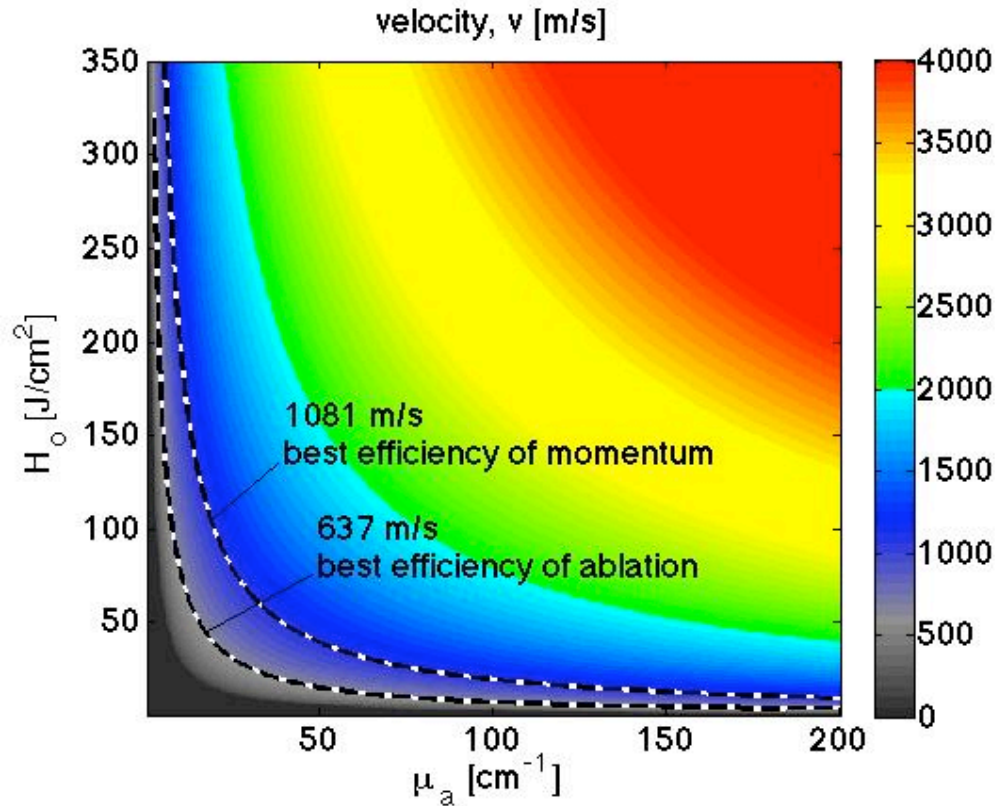
$$v = \sqrt{\frac{2 U_{KE}}{m}}$$

$$U_{KE} = \frac{1}{2} m v^2$$

Radiant
exposure

H_0

J/cm^2



μ_a [cm⁻¹]

Absorption coefficient

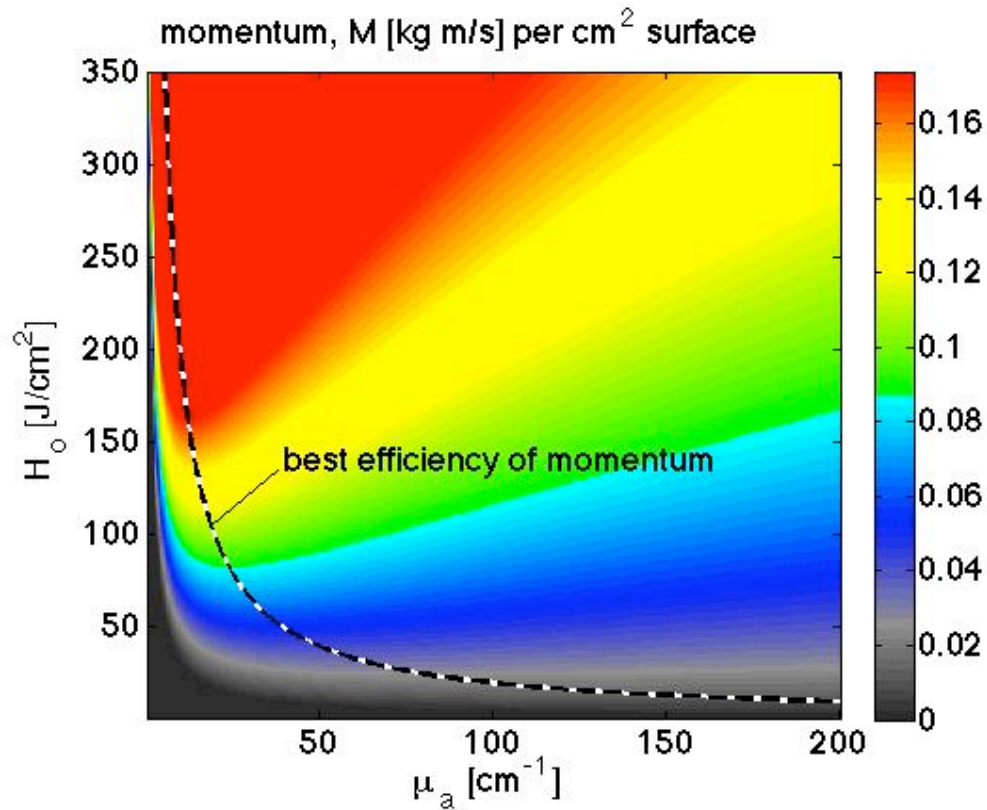
Momentum

$$M = mv$$

Radiant
exposure

$$H_0$$

$$\text{J/cm}^2$$



$$\mu_a \text{ [cm}^{-1}\text{]}$$

Absorption coefficient

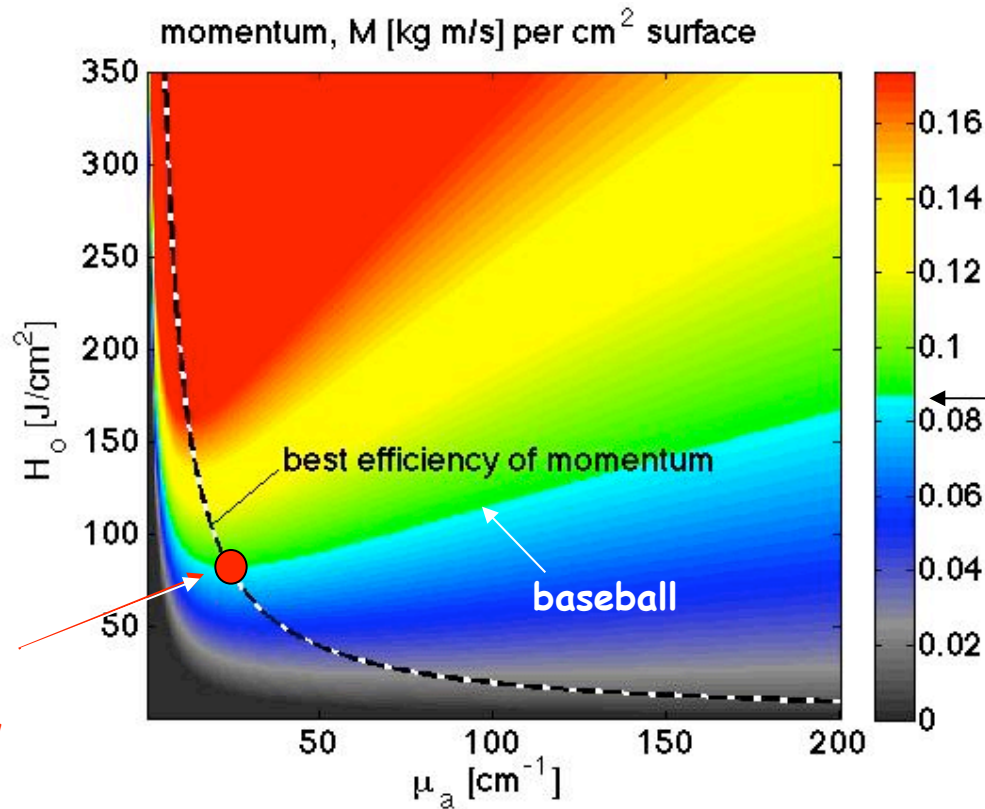
Momentum

$$M = mv$$

Radiant exposure

$$H_o$$

$$\text{J/cm}^2$$



Optimum laser

$$\mu_a = 24.2 \text{ cm}^{-1}$$

$$H_o = 82 \text{ J/cm}^2$$

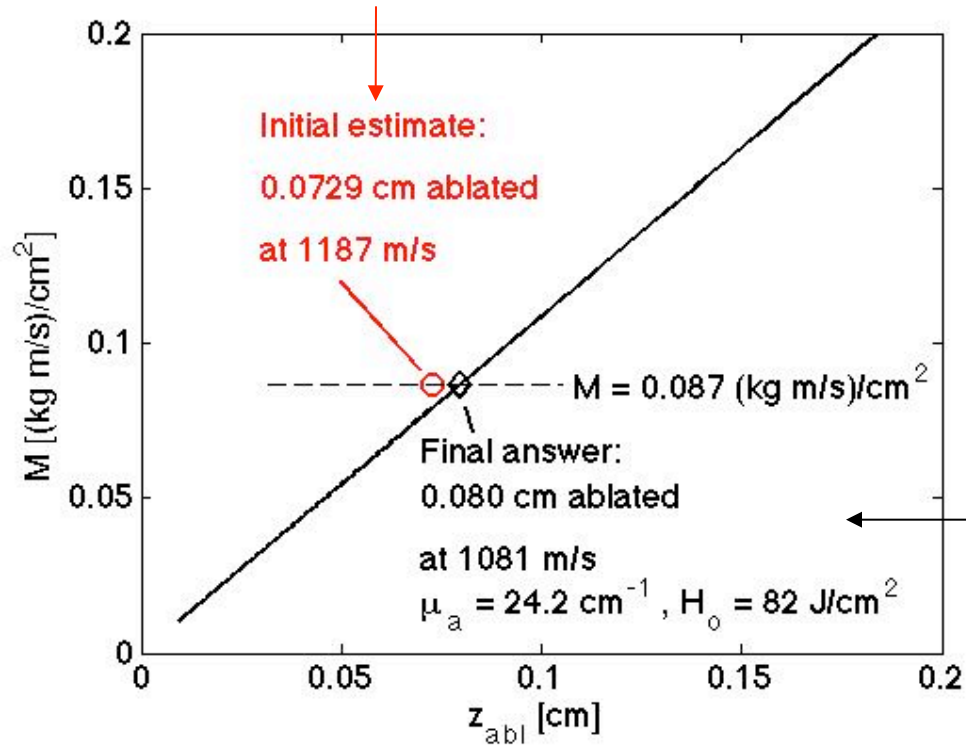
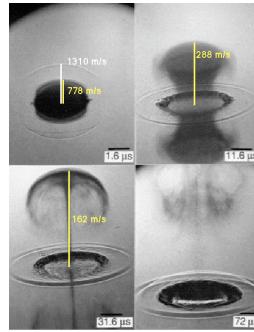
$$0.087 \text{ [(kg m/s)/cm}^2\text{]}$$

\approx 100-mph
baseball

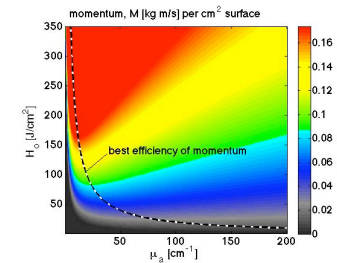
$$\mu_a \text{ [cm}^{-1}\text{]}$$

Absorption coefficient

... based on experiment



... based on Blow-off model



DIAGNOSTICS:
Photoacoustic Imaging

Stress, or pressure

Grüneisen coefficient
[dimensionless]



$$P = \mu_a F t \Gamma$$

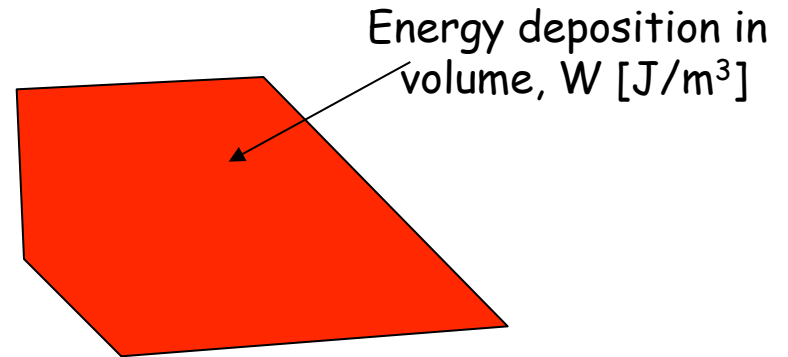
$$1 \text{ [J/cm}^3\text{]} = 10 \text{ bar}$$

$$G = 0.12 \text{ at } 25^\circ\text{C}$$

--> 0.5 at higher temperatures

Photoacoustic imaging:
Initial thermoelastic expansion

$$P = \frac{M \beta}{\rho C_p} \mu_a H = \Gamma W$$

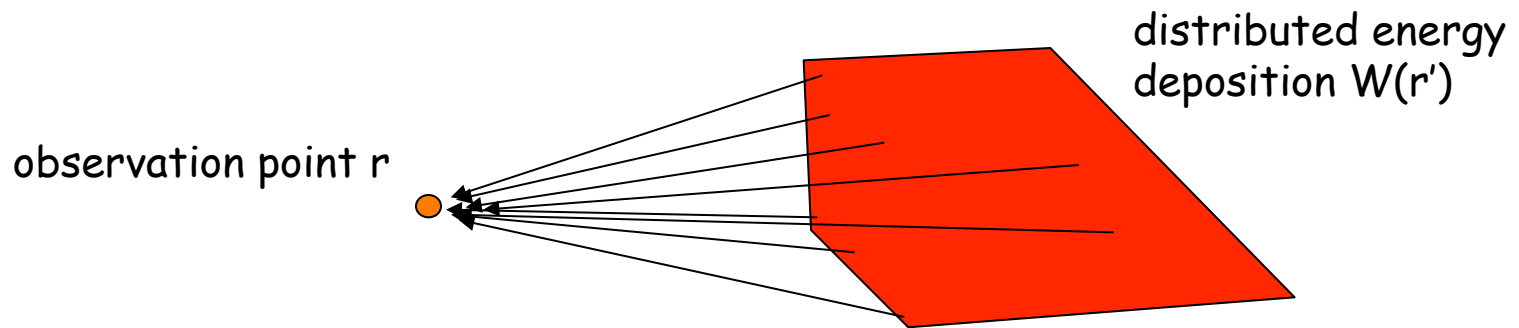


- energy deposition = $(\mu_a)(H) = W$ [J/m^3].
- temperature rise = (energy deposition)/ (ρC_p) [degree C].
- strain = (β) (temperature rise) [dimensionless].
- pressure P = (M) (strain) [J/m^3] = [Pa].

$1 \text{ J}/\text{m}^3 = 1 \text{ Pa} = 10^{-5} \text{ bar.}$

Photoacoustic imaging:

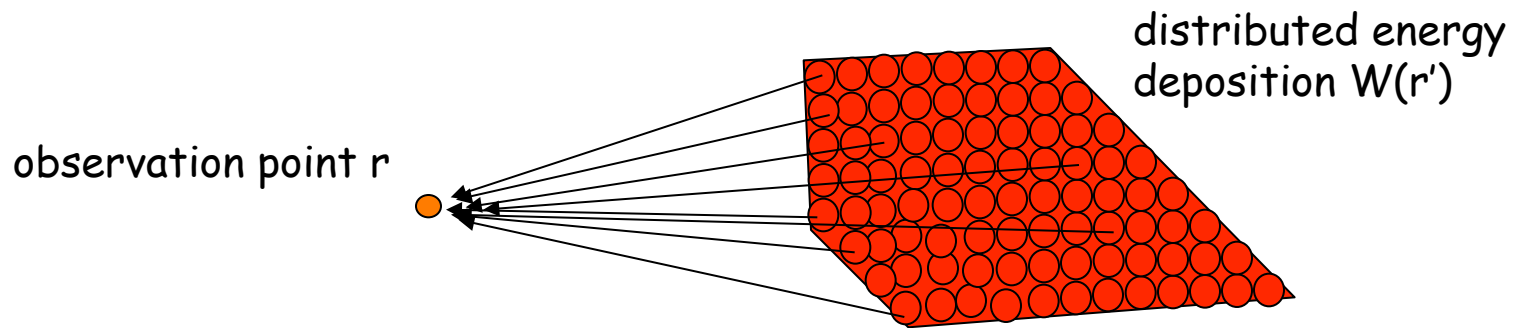
Velocity Potential related to energy deposition



$$\phi(\vec{r}_r, t) = -\frac{\beta}{4\pi\rho C_p} \iiint \frac{W(\vec{r}')}{|\vec{r}' - \vec{r}_r|} \delta\left(t - \frac{|\vec{r}' - \vec{r}_r|}{c}\right) d^3r'$$

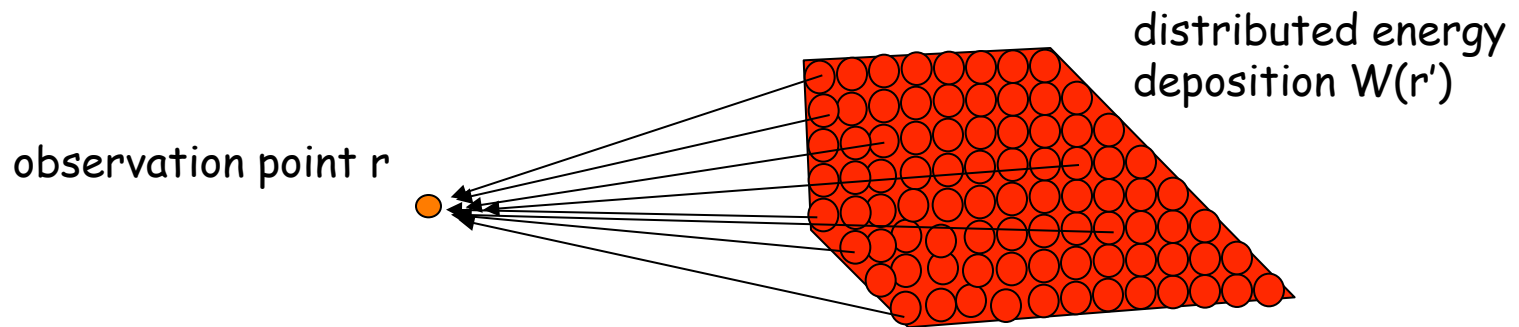
Photoacoustic imaging:

Velocity Potential related to energy deposition



$$\phi(\vec{r}, t) = -\frac{\beta}{4\pi\rho C_p} \iiint \frac{W(\vec{r}')}{|\vec{r}' - \vec{r}|} \delta\left(t - \frac{|\vec{r}' - \vec{r}|}{c}\right) d^3r'$$

Photoacoustic imaging:
Forward calculation



$$\phi[k] = -\frac{\beta}{4\pi\rho C_p} \frac{1}{\Delta t} \sum_j \frac{W[j]}{r[j]} V[j]$$

where $k = \text{round}(r[j]/c_s/dt)$ is time index
and j is volume voxel index

Forward calculation called A :

$$\phi = A(W)$$

Photoacoustic imaging:

Pressure related to Velocity Potential

$$P(\vec{r}, t) = -\rho \frac{\partial \phi(\vec{r}, t)}{\partial t}$$

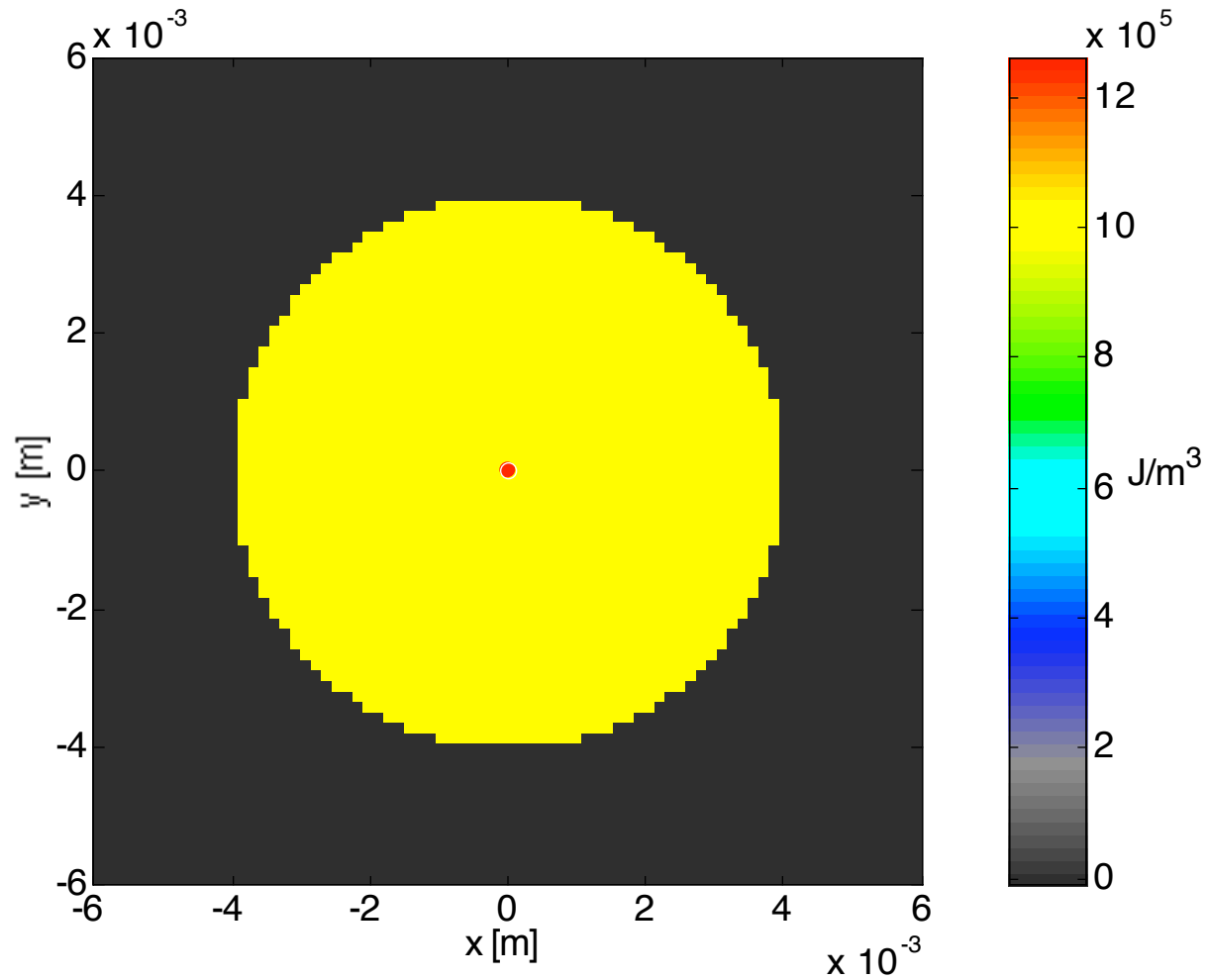
Pressure P [J/m³] or [Pa]

is related to

velocity potential ϕ [m²/s]

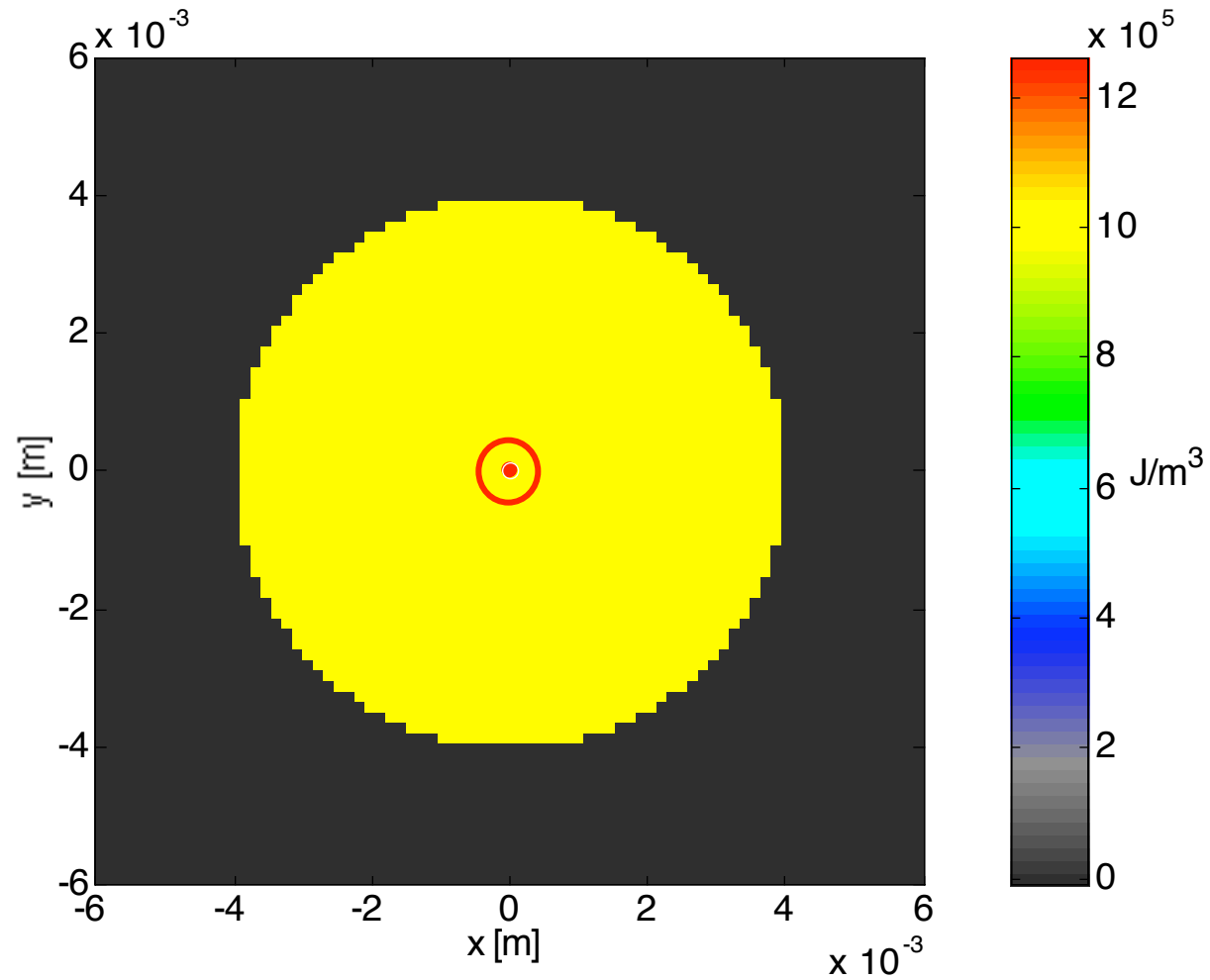
Energy deposition = $1 \text{ J/cm}^3 = 10^6 \text{ J/m}^3$

...a 0.24°C temperature jump



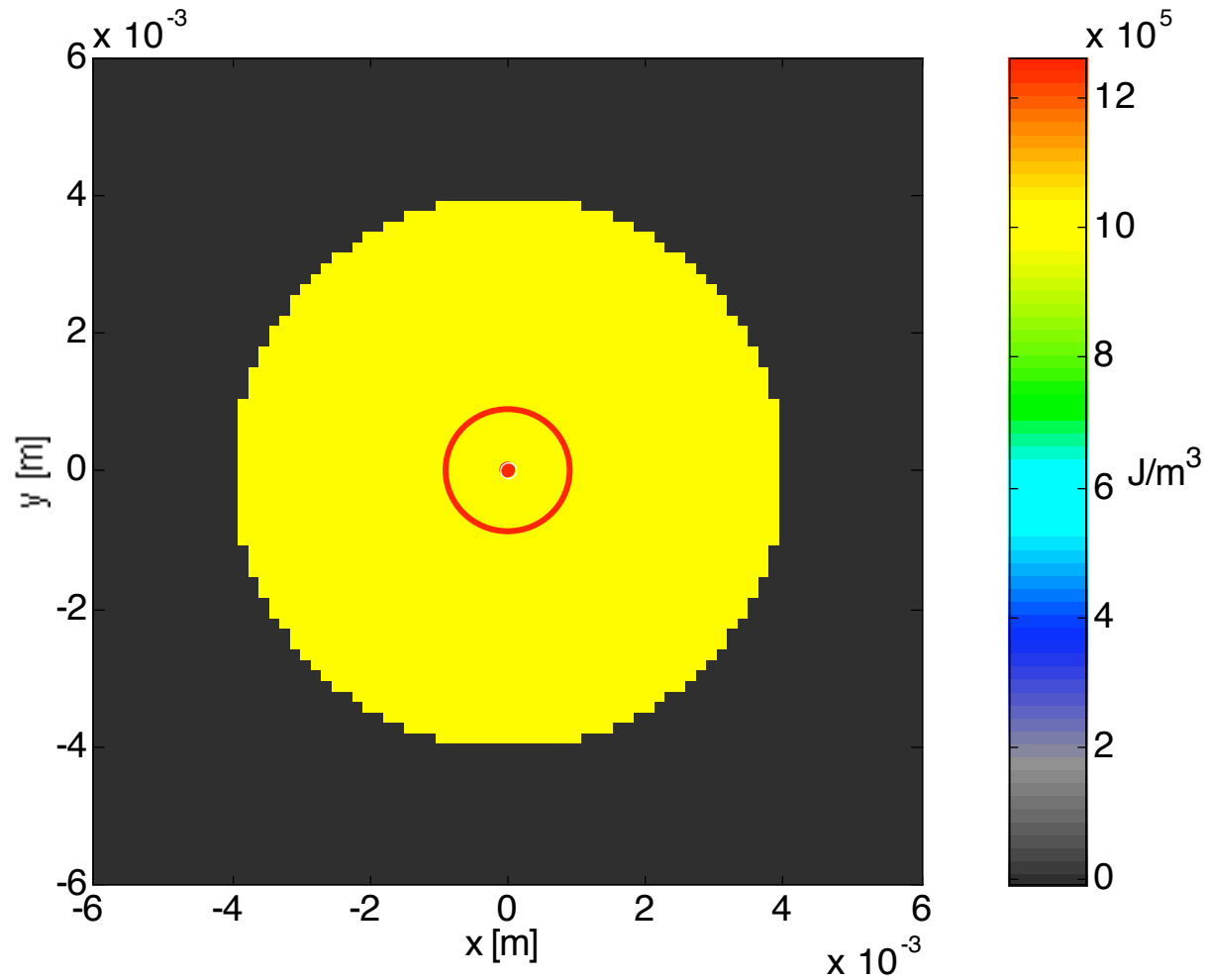
Energy deposition = $1 \text{ J/cm}^3 = 10^6 \text{ J/m}^3$

...a 0.24°C temperature jump



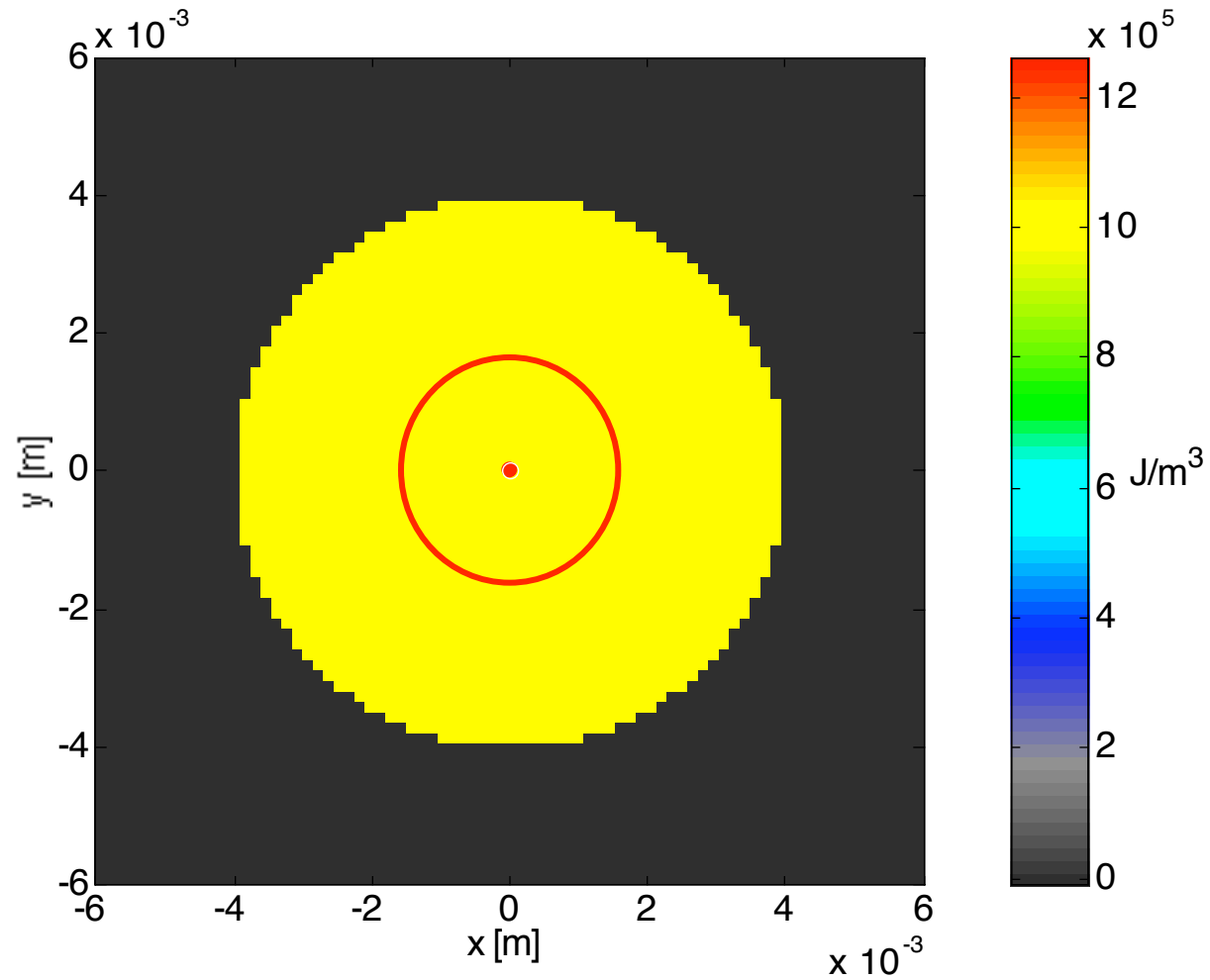
Energy deposition = $1 \text{ J/cm}^3 = 10^6 \text{ J/m}^3$

...a 0.24°C temperature jump



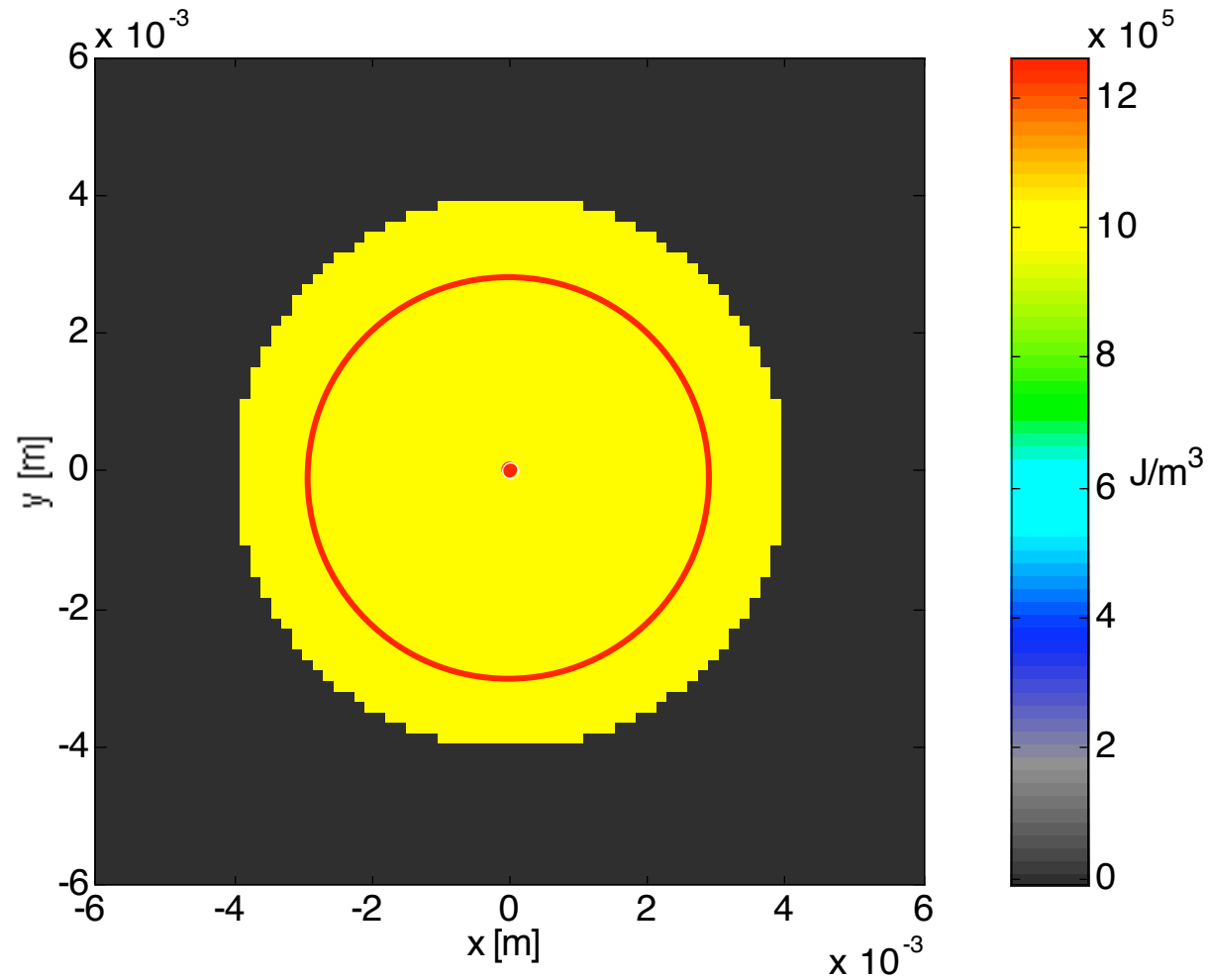
Energy deposition = $1 \text{ J/cm}^3 = 10^6 \text{ J/m}^3$

...a 0.24°C temperature jump



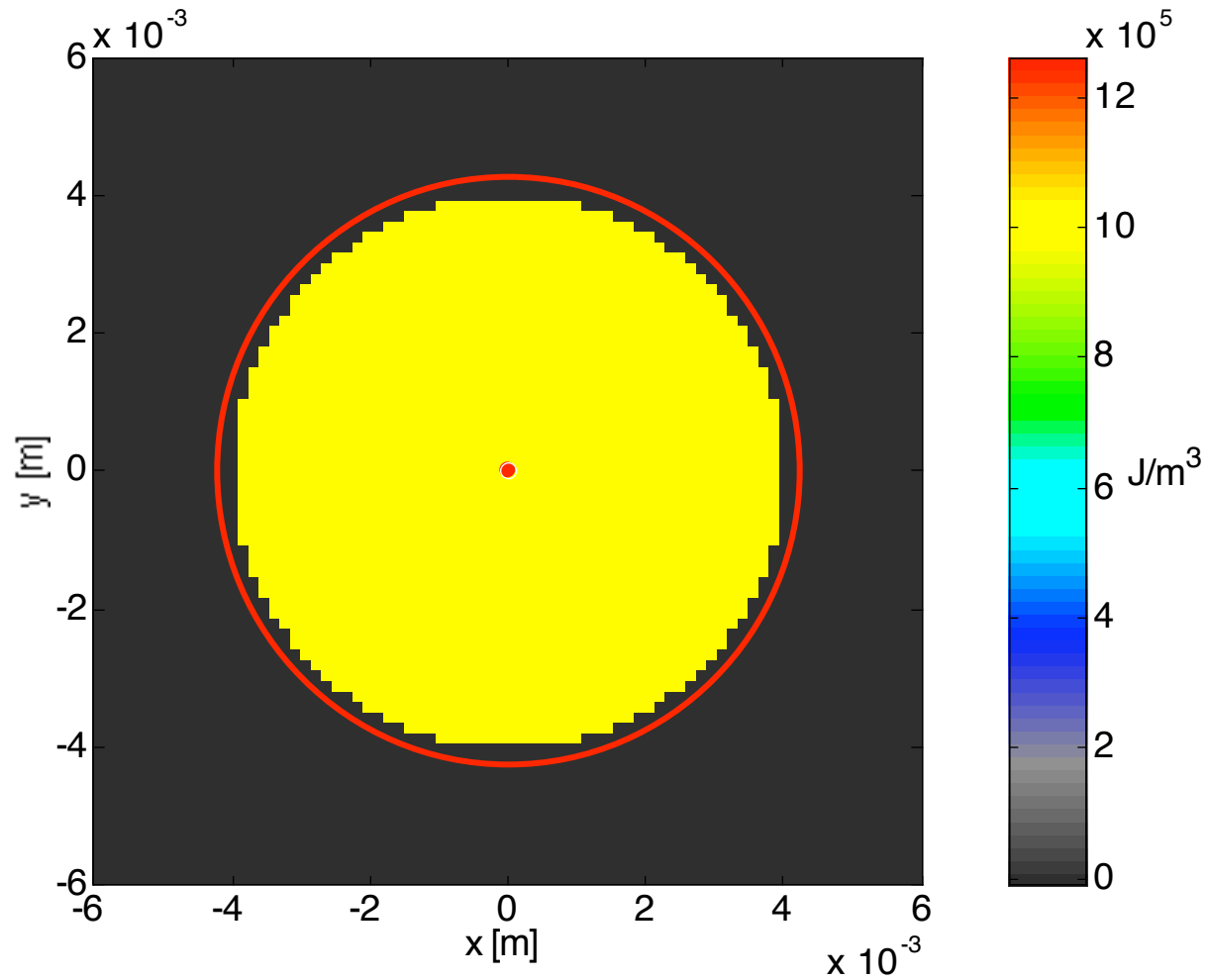
Energy deposition = $1 \text{ J/cm}^3 = 10^6 \text{ J/m}^3$

...a 0.24°C temperature jump



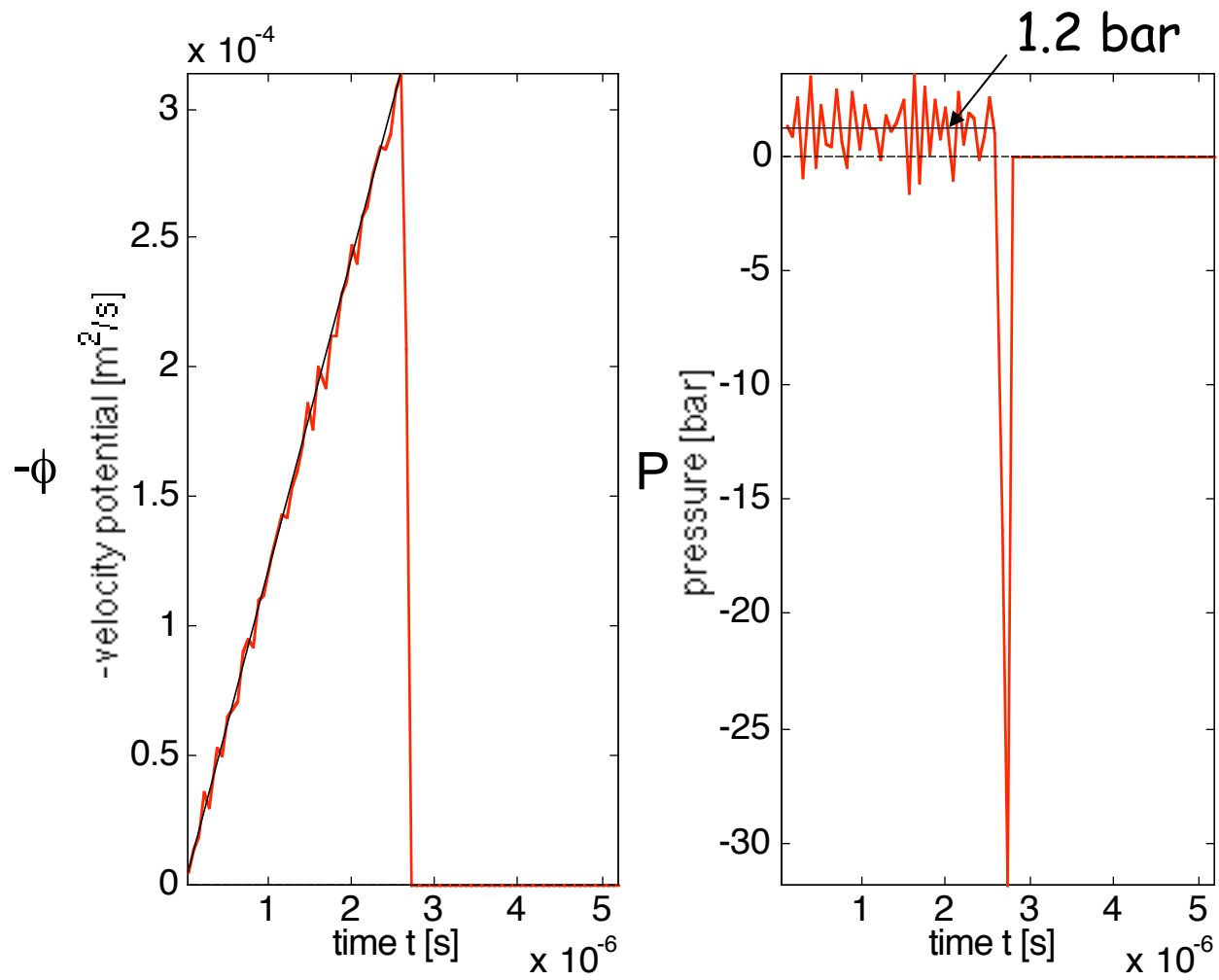
Energy deposition = $1 \text{ J/cm}^3 = 10^6 \text{ J/m}^3$

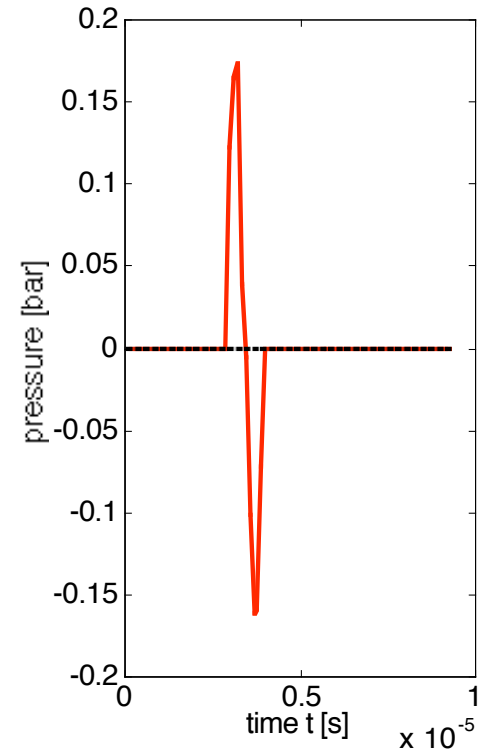
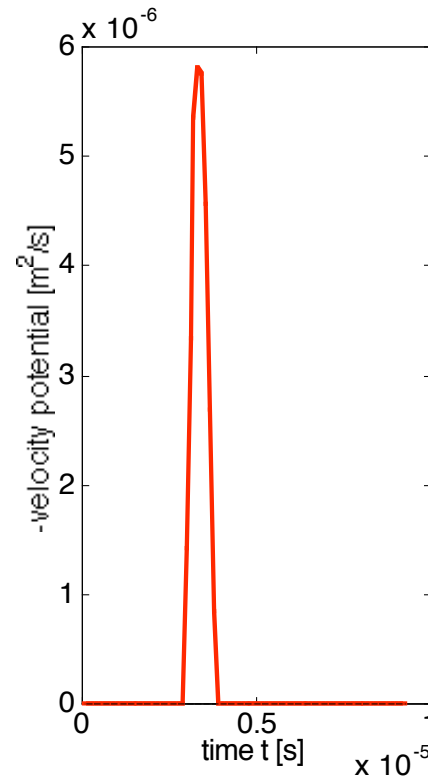
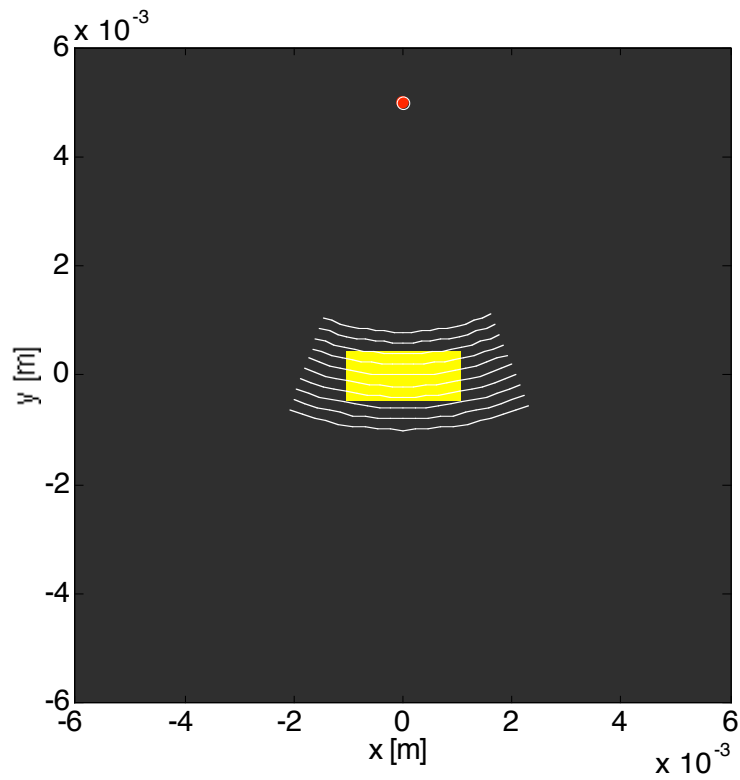
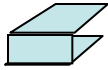
...a 0.24°C temperature jump



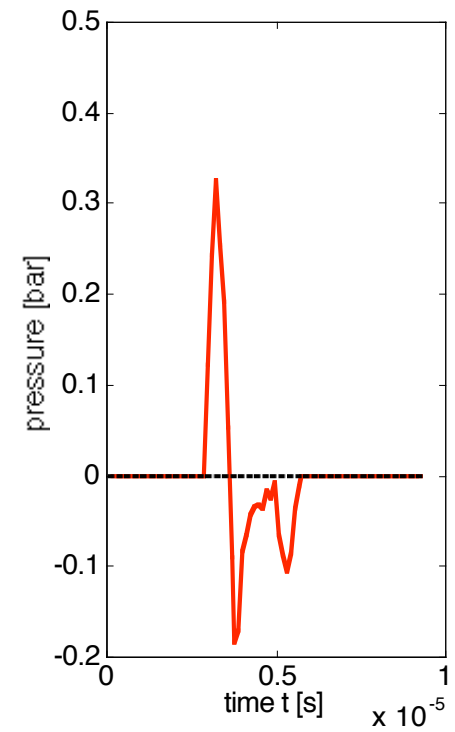
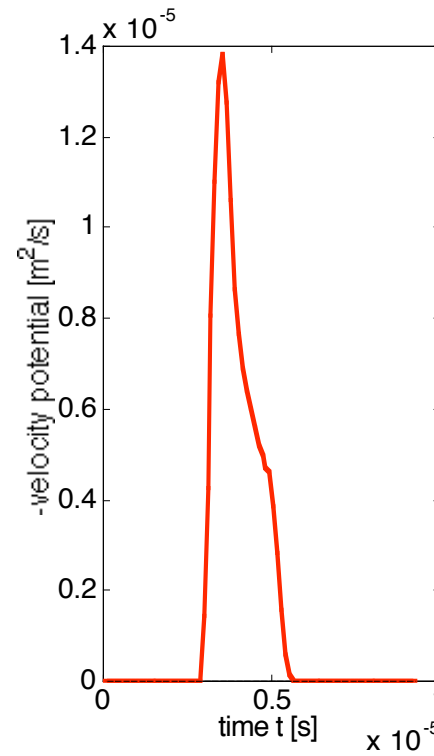
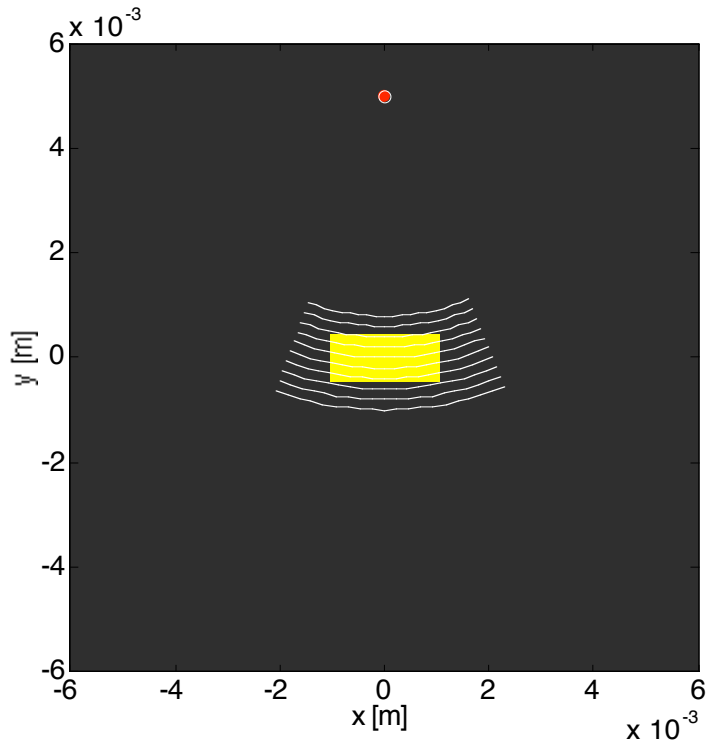
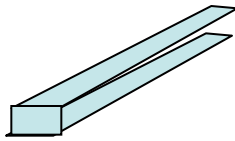
for 10^6 J/m^3 deposition

$$P = -\rho \frac{\partial \phi}{\partial t}$$

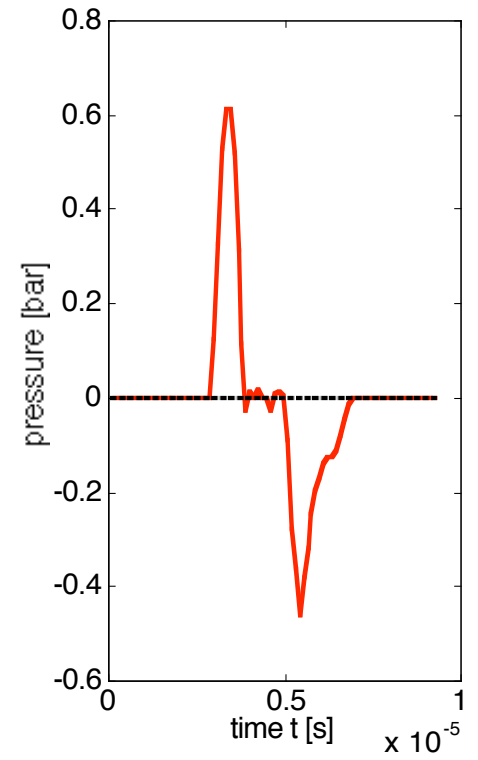
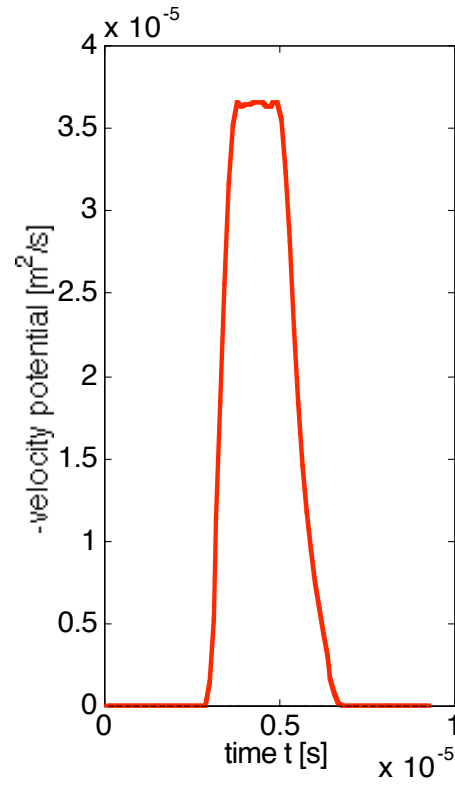
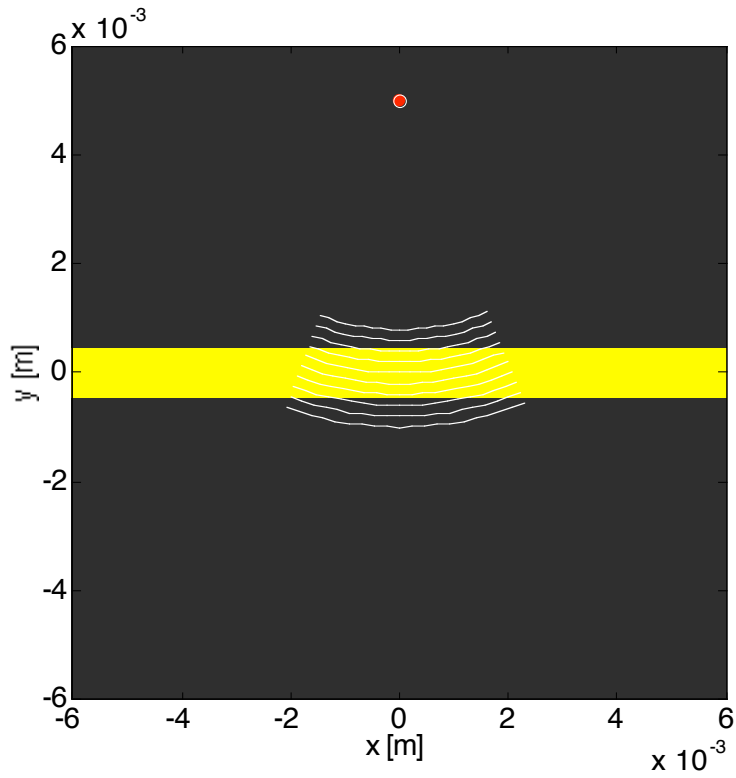
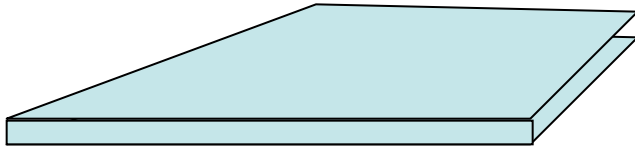




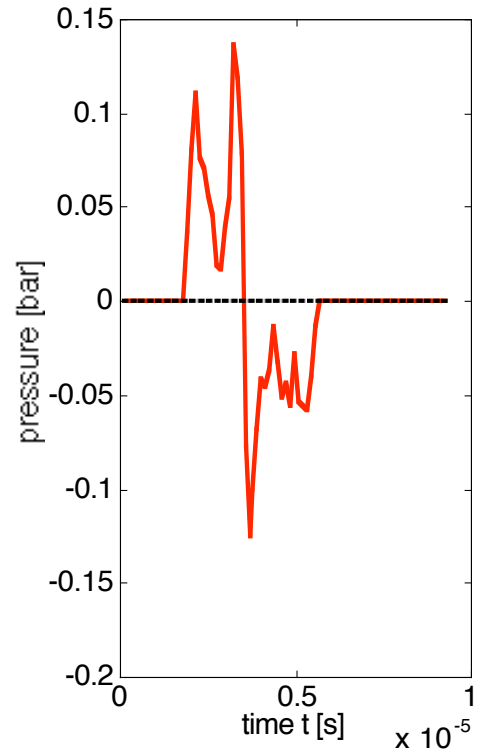
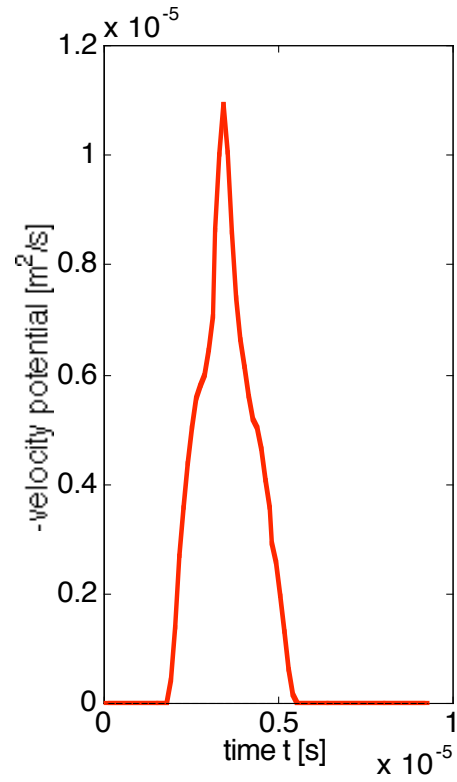
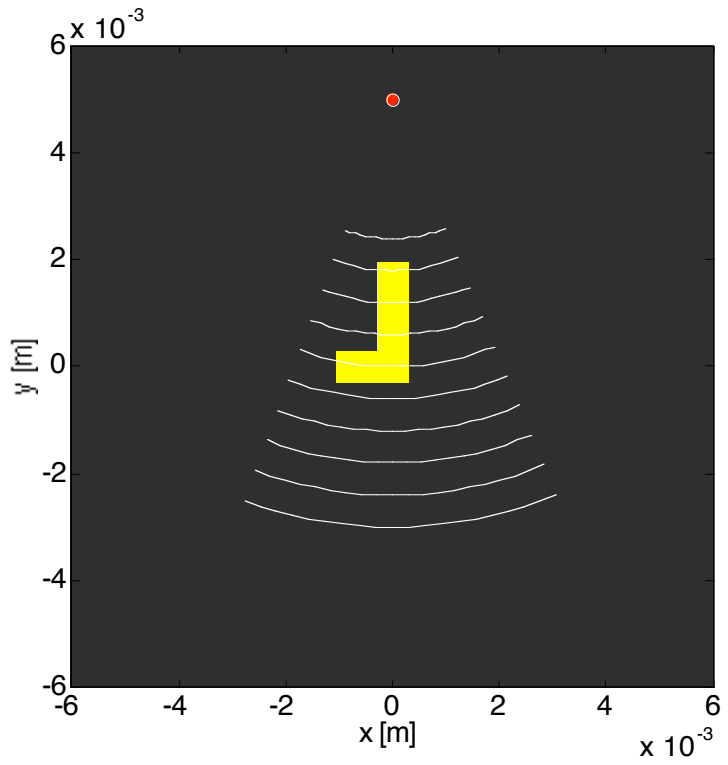
1mm x 2mm x 2mm block of deposition
(figure extends ± 1 mm along z direction)

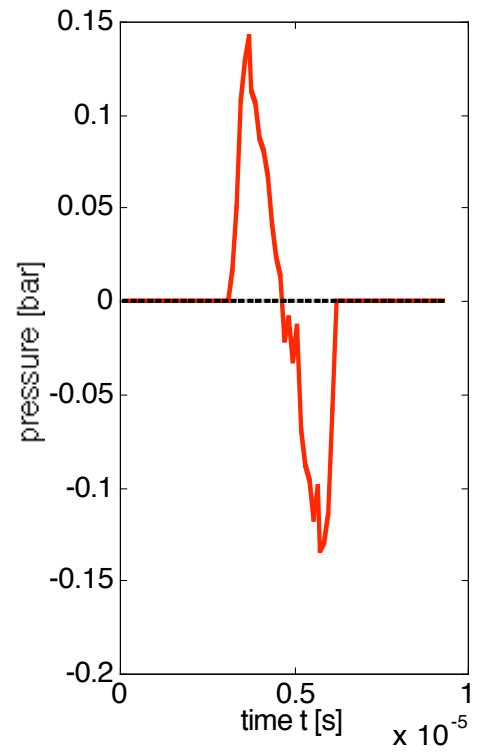
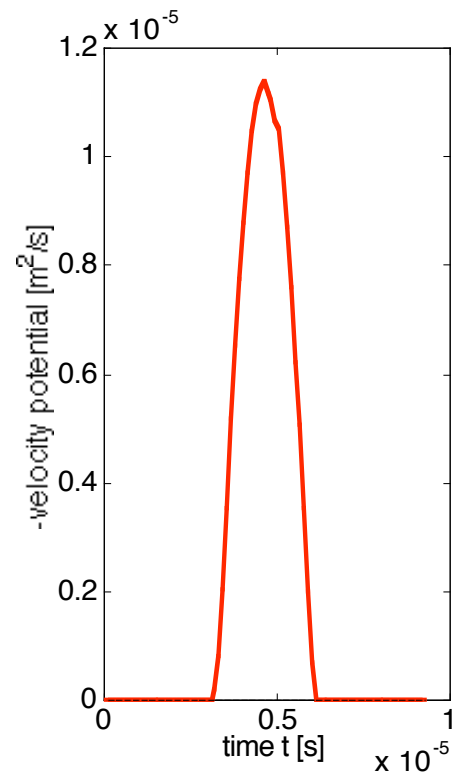
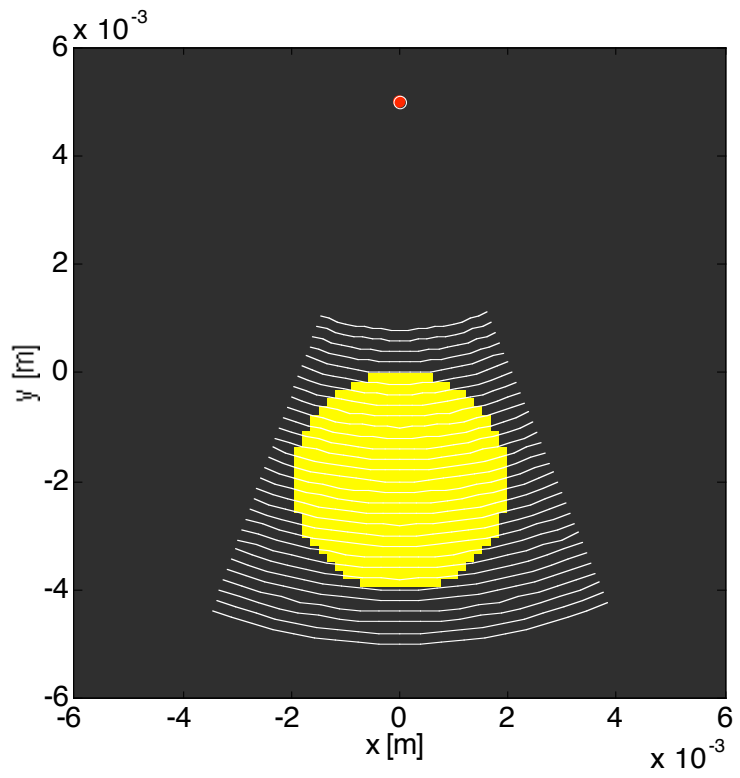


1mm x 2mm x 12mm bar of deposition
(figure extends ± 6 mm along z direction)



12mm \times 12mm \times 12mm plane of deposition
(figure extends ± 6 mm along z direction)





Photoacoustic imaging:

Inverse Problem

measure ϕ by integrating pressure detector
backproject W = source of energy deposition

for one detector:

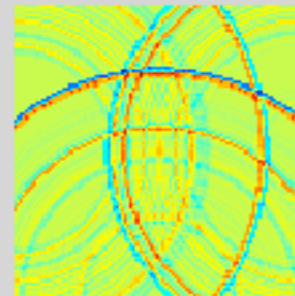
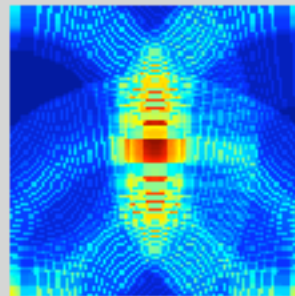
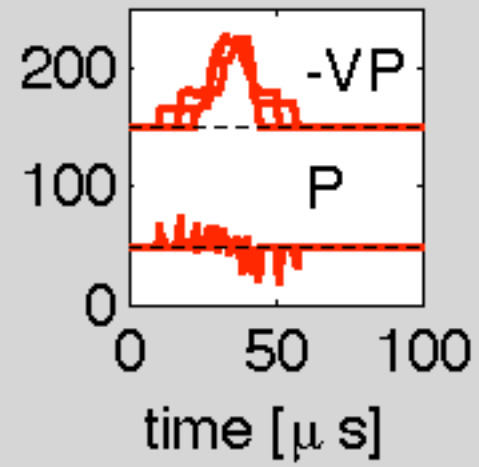
$$W[j] = \left(-\frac{4\pi\rho C_p}{\beta} \right) dt \sum_{k=1}^{N_t} \frac{\phi[k] r}{V_{\text{shell}}} (r - c_s k dt < dr)$$

for all j voxels where $r[j] - c_s k dt < dr$

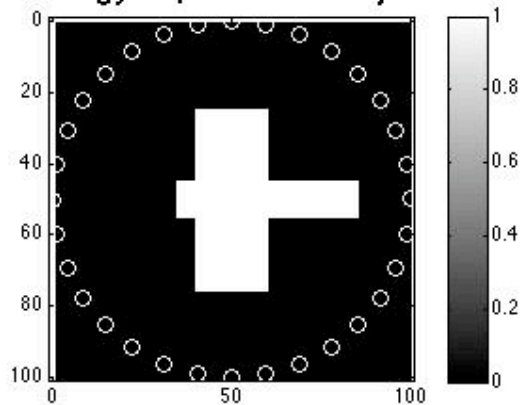
$$\text{where } V_{\text{shell}} = \sum_j V[j] (r[j] - c_s k dt < dr)$$

Inverse calculation called B:

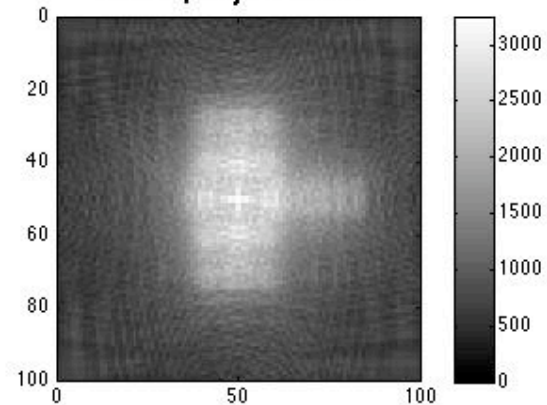
$$W = B(\phi)$$



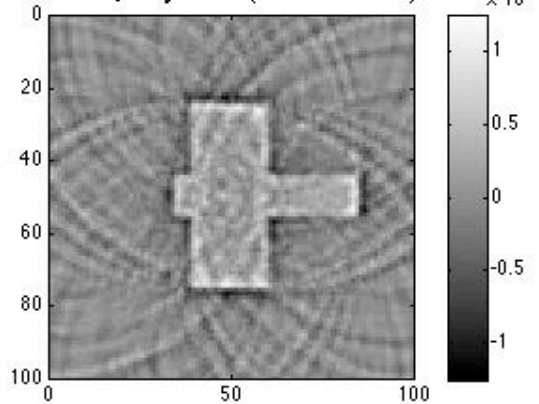
energy deposition in object



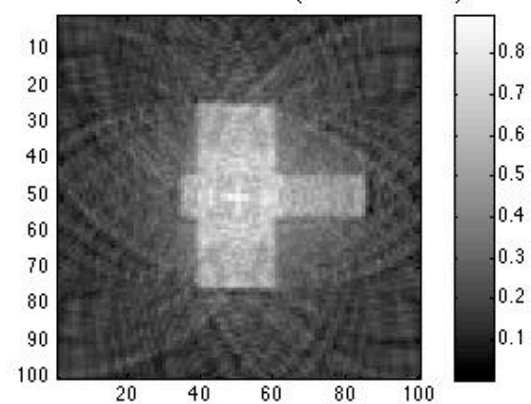
back project mVP

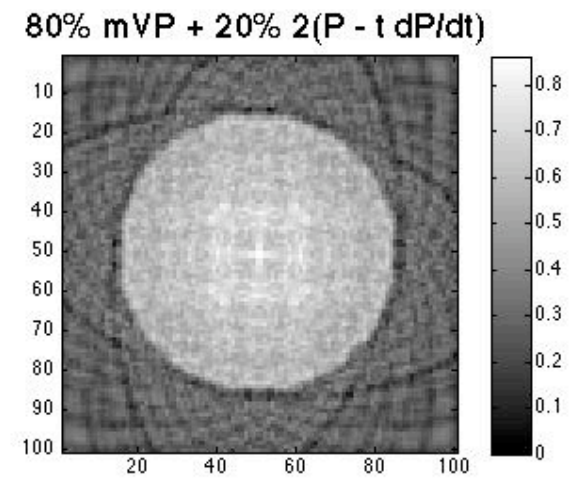
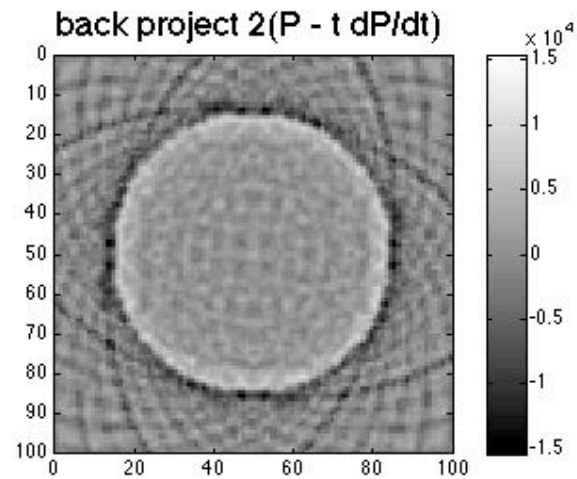
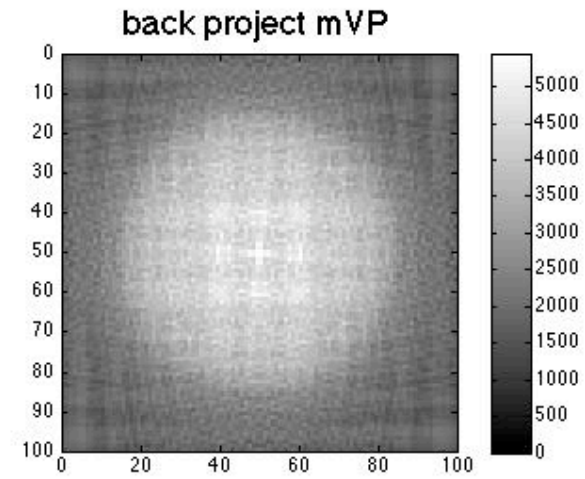
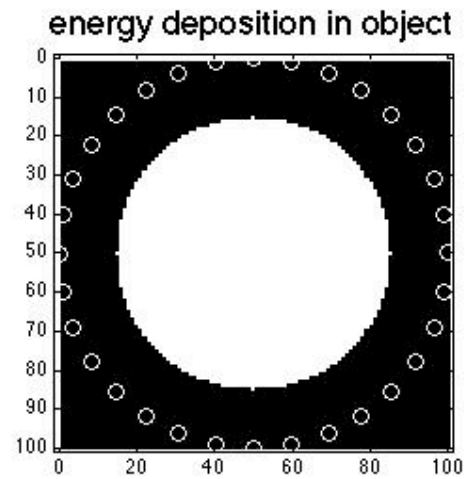


back project $2(P - t \frac{dP}{dt})$



80% mVP + 20% $2(P - t \frac{dP}{dt})$





Laser-Tissue Interactions

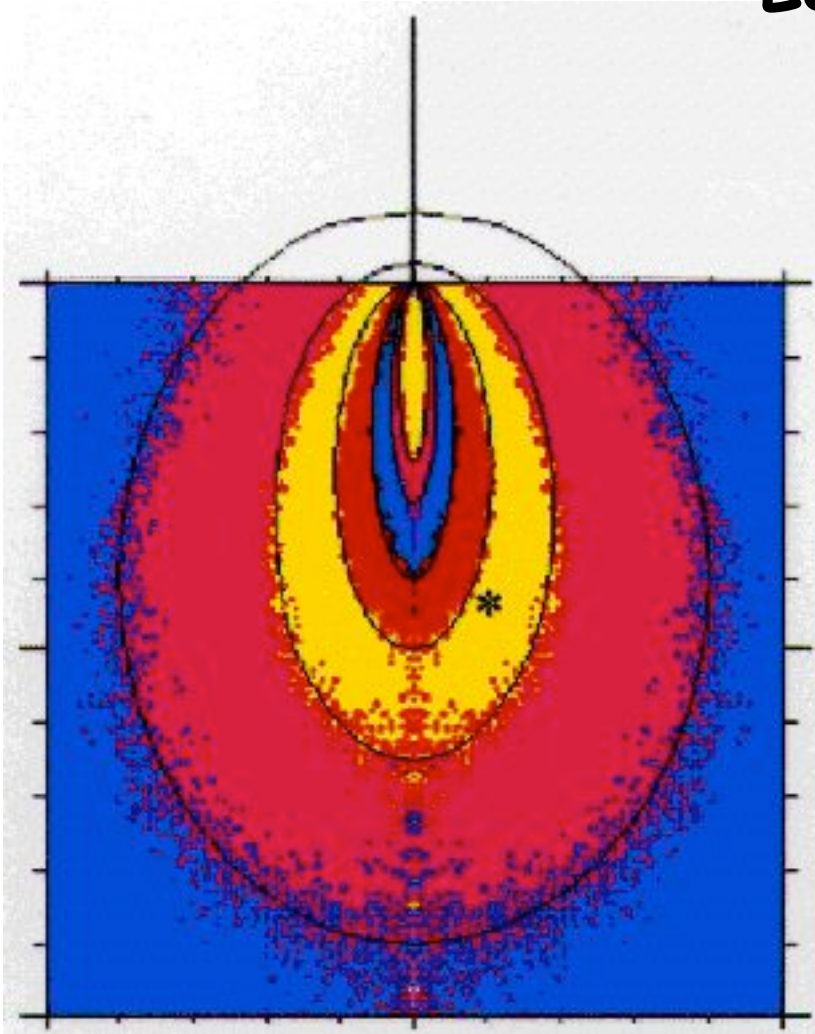
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and Dermatology**

Oregon Health & Science University,
Portland OR, USA



1. Introduction
2. Photochemical
3. Photothermal
4. Photomechanical